

A swimmer is shown from the chest up, moving through blue water. The swimmer is wearing a black swim cap with a white Nike swoosh on the side and green-tinted swim goggles. Their arms are extended forward, and water droplets are visible around their hands. Large, white-outlined numbers '2025' are superimposed over the swimmer's face and arms. At the top center, the word 'SWIM' is written in a bold, white, sans-serif font, preceded by a white Nike swoosh logo.

 **SWIM**

2025

**NIKE PERFORMANCE FALL / WINTER**



<sup>10-23</sup>  
**PRINTS AND GRAPHICS**

<sup>24-31</sup>  
**SOLIDS AND COLORBLOCKS**

<sup>32</sup>  
**WATER POLO**

<sup>33-39</sup>  
**TEAM APPAREL**


<sup>40-57</sup>  
**GOGGLES**

<sup>58-63</sup>  
**CAPS**

<sup>64-73</sup>  
**TRAINING AIDS**

<sup>74-77</sup>  
**FIT GUIDES**





**Hydrastrong swimsuits work  
with you from practice to the podium  
and every lap in between.  
Designed to last swim after swim,  
Nike Hydrastrong fabric is  
chlorine-resistant, won't sag with  
use, doesn't fade in the sun,  
and dries fast.**

 **SWIM**  
**NIKE HYDRASTRONG**





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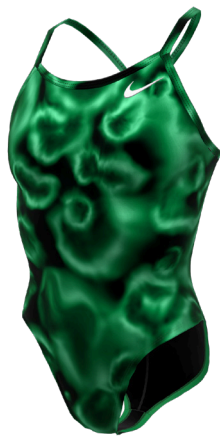




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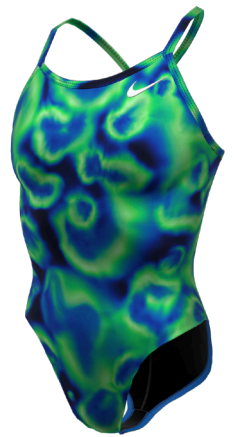
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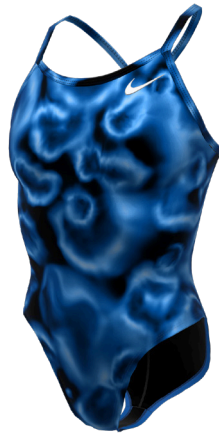




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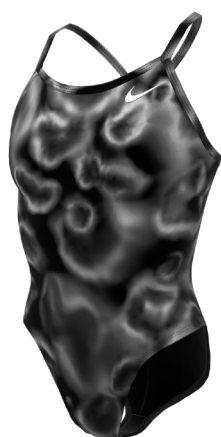




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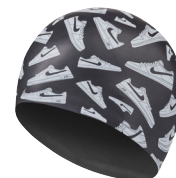
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## NEW POOL LANES

2 YEAR  
SUIT

# NESSF026

NIKE HYDRASTRONG POOL LANES  
RACERBACK ONE PIECE

- ▶ **BODY:** 51% RECYCLED POLYESTER / 49% (PBT) POLYESTER (CHLORINE RESISTANT)
- ▶ **LINING:** 50% RECYCLED POLYESTER / 50% POLYESTER
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **MEDIUM SUPPORT** straps are minimalist and narrow, offering medium support through a streamlined design
- ▶ **FULL BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT** sits above hips allowing for a wider range of movement
- ▶ **LINED** front and back for better fit and security
- ▶ **FLAT SEAMS** for reduced chafing
- ▶ **EMBROIDERED SWOOSH**



614 university red

SIZES 20–40

NIKE HYDRASTRONG



001 black

313 court green

494 game royal



536 court purple

845 team orange

903 blue green

2 YEAR  
SUIT

# NESSF027

NIKE HYDRASTRONG POOL LANES  
CUT OUT ONE PIECE

- ▶ **BODY:** 51% RECYCLED POLYESTER / 49% (PBT) POLYESTER (CHLORINE RESISTANT)
- ▶ **LINING:** 50% RECYCLED POLYESTER / 50% POLYESTER
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **MEDIUM SUPPORT** narrow straps with a modern, cut-out design offer medium support and minimalist back coverage
- ▶ **STANDARD BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT** sits above hips allowing for a wider range of movement
- ▶ **LINED** front and back for better fit and security
- ▶ **FLAT SEAMS** for reduced chafing
- ▶ **EMBROIDERED SWOOSH**



313 court green

SIZES 24–38

NIKE HYDRASTRONG



001 black

494 game royal

536 court purple



614 university red

845 team orange

903 blue green



2 YEAR  
SUIT

# NESSF028

NIKE HYDRASTRONG POOL LANES  
JAMMER

- **BODY:** 51% RECYCLED POLYESTER / 49% (PBT) POLYESTER (CHLORINE RESISTANT)
- **LINING:** 50% RECYCLED POLYESTER / 50% POLYESTER
- **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- **INTERIOR DRAWCORD** for comfort and adjustability
- **INTERNAL FRONT LINING** for fit and modesty
- **FLAT SEAMS** for reduced chafing
- **EMBROIDERED SWOOSH**

SIZES 20–38



494 game royal

NIKE HYDRASTRONG



001 black

313 court green

536 court purple



614 university red

845 team orange

903 blue green

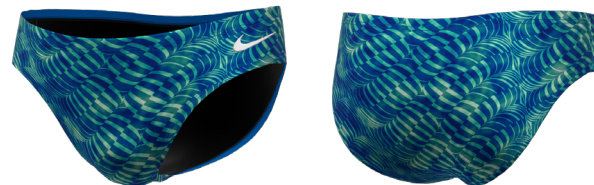
2 YEAR  
SUIT

# NESSF029

NIKE HYDRASTRONG POOL LANES  
BRIEF

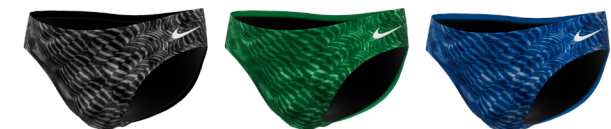
- **BODY:** 51% RECYCLED POLYESTER / 49% (PBT) POLYESTER (CHLORINE RESISTANT)
- **LINING:** 50% RECYCLED POLYESTER / 50% POLYESTER
- **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- **INTERIOR DRAWCORD** for comfort and adjustability
- **INTERNAL FRONT & BACK LINING** for fit and modesty
- **FLAT SEAMS** for reduced chafing
- **EMBROIDERED SWOOSH**

SIZES 24–38



903 blue green

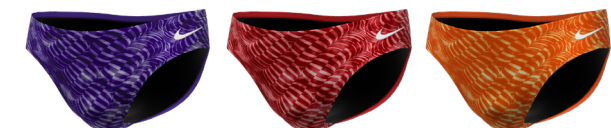
NIKE HYDRASTRONG



001 black

313 court green

494 game royal



536 court purple

614 university red

845 team orange



# NESSF012

NIKE LIGHTNING  
RACERBACK ONE PIECE

- ▶ **BODY:** 82% POLYESTER / 18% SPANDEX (CHLORINE RESISTANT)
- ▶ **LINING:** 50% RECYCLED POLYESTER / 50% POLYESTER
- ▶ **MEDIUM SUPPORT**  
narrow straps offer medium support through a stramlined design
- ▶ **FULL BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
front and back for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 20–40



001 black



313 court green 494 game royal 536 court purple 614 university red

# NESSF009

NIKE LIGHTNING  
CUT OUT ONE PIECE

- ▶ **BODY:** 82% POLYESTER / 18% SPANDEX (CHLORINE RESISTANT)
- ▶ **LINING:** 50% RECYCLED POLYESTER / 50% POLYESTER
- ▶ **MEDIUM SUPPORT**  
narrow straps with a modern, cut-out design offer medium support and minimalist back coverage
- ▶ **STANDARD BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
front and back for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 24–38



536 court purple



001 black 313 court green 494 game royal 614 university red



# NESSF010

NIKE LIGHTNING  
JAMMER

- **BODY: 82% POLYESTER / 18% SPANDEX (CHLORINE RESISTANT)**
- **LINING: 50% RECYCLED POLYESTER / 50% POLYESTER**
- **INTERIOR DRAWCORD**  
for comfort and adjustability
- **INTERNAL FRONT & BACK LINING**  
for fit and modesty
- **FLAT SEAMS**  
for reduced chafing
- **CHLORINE RESISTANT**  
swim specific fabric for added longevity
- **EMBROIDERED SWOOSH**

SIZES 20–38



494 game royal



001 black

313 court green



536 court purple

614 university red

# NESSF011

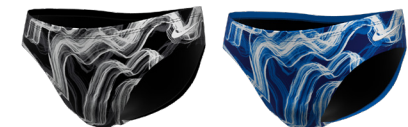
NIKE LIGHTNING  
BRIEF

- **BODY: 82% POLYESTER / 18% SPANDEX (CHLORINE RESISTANT)**
- **LINING: 50% RECYCLED POLYESTER / 50% POLYESTER**
- **INTERIOR DRAWCORD**  
for comfort and adjustability
- **INTERNAL FRONT & BACK LINING**  
for fit and modesty
- **FLAT SEAMS**  
for reduced chafing
- **CHLORINE RESISTANT**  
swim specific fabric for added longevity
- **EMBROIDERED SWOOSH**

SIZES 24–38

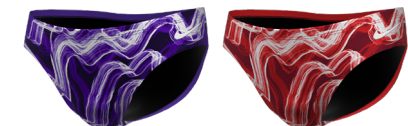


313 court green



001 black

494 game royal



536 court purple

614 university red



## NESSE025

NIKE HYDRASTRONG DIGI HAZE  
RACERBACK ONE PIECE

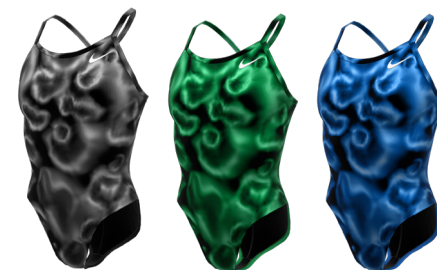
- ▶ **53% POLYESTER / 47% PBT**
- ▶ **50% RECYCLED POLYESTER / 50% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **MEDIUM SUPPORT**  
regular straps work for a wide, middle range of sizes and activity
- ▶ **MODERATE BACK COVERAGE**  
more overall back coverage without sacrificing range of motion
- ▶ **FULL BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**



903 blue green

SIZES 20–40

## NIKE HYDRASTRONG



001 black

313 court green

494 game royal



536 court purple

614 university red

845 team orange

## NESSE026

NIKE HYDRASTRONG DIGI HAZE  
CUT OUT ONE PIECE

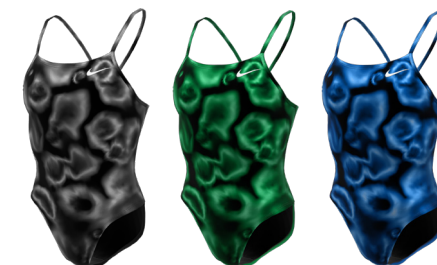
- ▶ **53% POLYESTER / 47% PBT**
- ▶ **50% RECYCLED POLYESTER / 50% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **OPEN BACK DESIGN**  
to minimize distraction
- ▶ **STANDARD BOTTOM COVERAGE**  
standard coverage that's great for all water activities
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**



614 university red

SIZES 24–38

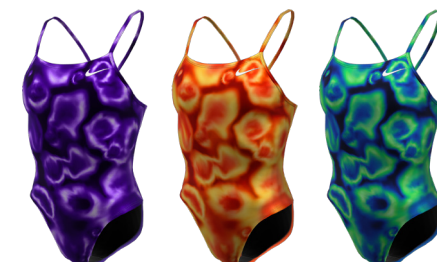
## NIKE HYDRASTRONG



001 black

313 court green

494 game royal



536 court purple

845 team orange

903 blue green



# NESSE027

NIKE HYDRASTRONG DIGI HAZE JAMMER

- ▶ 53% POLYESTER / 47% PBT
- ▶ 50% RECYCLED POLYESTER / 50% POLYESTER LINING
- ▶ NIKE HYDRASTRONG FABRIC provides long-lasting durability, swim after swim
- ▶ INTERIOR DRAWCORD for comfort and adjustability
- ▶ FRONT GUSSET for fit and comfort
- ▶ INTERNAL FRONT LINING for fit and modesty
- ▶ FLAT SEAMS for reduced chafing
- ▶ EMBROIDERED SWOOSH

SIZES 20–38



845 team orange

NIKE HYDRASTRONG



001 black

313 court green

494 game royal



536 court purple

614 university red

903 blue green

# NESSE028

NIKE HYDRASTRONG DIGI HAZE BRIEF

- ▶ 53% POLYESTER / 47% PBT
- ▶ 50% RECYCLED POLYESTER / 50% POLYESTER LINING
- ▶ NIKE HYDRASTRONG FABRIC provides long-lasting durability, swim after swim
- ▶ INTERIOR DRAWCORD for comfort and adjustability
- ▶ INTERNAL FRONT LINING for fit and modesty
- ▶ FLAT SEAMS for reduced chafing
- ▶ EMBROIDERED SWOOSH

SIZES 24–38



494 game royal

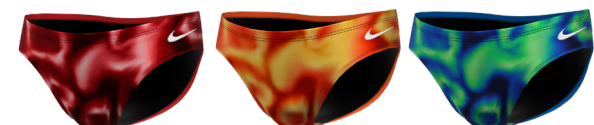
NIKE HYDRASTRONG



001 black

313 court green

536 court purple



614 university red

845 team orange

903 blue green



# NESSE020

NIKE HYDRASTRONG DELTA  
RACERBACK ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **50% RECYCLED POLYESTER / 50% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **MEDIUM SUPPORT**  
regular straps work for a wide, middle range of sizes and activity
- ▶ **MODERATE BACK COVERAGE**  
more overall back coverage without sacrificing range of motion
- ▶ **FULL BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 22–40



536 court purple

NIKE HYDRASTRONG



313 court green 494 game royal

# NESSE021

NIKE HYDRASTRONG DELTA  
CUT OUT ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **50% RECYCLED POLYESTER / 50% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **OPEN BACK DESIGN**  
to minimize distraction
- ▶ **STANDARD BOTTOM COVERAGE**  
standard coverage that's great for all water activities
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 24–38



313 court green

NIKE HYDRASTRONG



494 game royal 536 court purple 614 university red

# NESSE022

NIKE HYDRASTRONG DELTA  
JAMMER

- ▶ 53% POLYESTER / 47% PBT
- ▶ 50% RECYCLED POLYESTER / 50% POLYESTER LINING
- ▶ NIKE HYDRASTRONG FABRIC provides long-lasting durability, swim after swim
- ▶ INTERIOR DRAWCORD for comfort and adjustability
- ▶ FRONT GUSSET for fit and comfort
- ▶ INTERNAL FRONT LINING for fit and modesty
- ▶ FLAT SEAMS for reduced chafing
- ▶ EMBROIDERED SWOOSH

SIZES 22–38



494 game royal

DELTA

NIKE HYDRASTRONG



313 court green

536 court purple

# NESSE023

NIKE HYDRASTRONG DELTA  
BRIEF

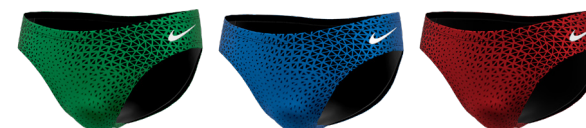
- ▶ 53% POLYESTER / 47% PBT
- ▶ 50% RECYCLED POLYESTER / 50% POLYESTER LINING
- ▶ NIKE HYDRASTRONG FABRIC provides long-lasting durability, swim after swim
- ▶ INTERIOR DRAWCORD for comfort and adjustability
- ▶ INTERNAL FRONT LINING for fit and modesty
- ▶ FLAT SEAMS for reduced chafing
- ▶ EMBROIDERED SWOOSH

SIZES 24–38



536 court purple

NIKE HYDRASTRONG



313 court green

494 game royal

614 university red



# NESSF016

NIKE HYDRASTRONG MULTI PRINT  
CUT OUT ONE PIECE

- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- **MEDIUM SUPPORT** narrow straps with a modern, cut-out design offer medium support and minimalist back coverage
- **STANDARD BOTTOM COVERAGE**
- **HIGH LEG HEIGHT** sits above hips allowing for a wider range of movement
- **LINED** front and back for better fit and security
- **FLAT SEAMS** for reduced chafing
- **EMBROIDERED SWOOSH**

SIZES 24–38



614 university red

NIKE HYDRASTRONG



006 jet black

400 blue

463 dusty cactus



678 hyper pink

681 pink foam

# NESSF013

NIKE HYDRASTRONG MULTI PRINT  
RACERBACK ONE PIECE

- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**
- **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- **MEDIUM SUPPORT** narrow straps offer medium support through a stramlined design
- **FULL BOTTOM COVERAGE**
- **HIGH LEG HEIGHT** sits above hips allowing for a wider range of movement
- **LINED** front and back for better fit and security
- **FLAT SEAMS** for reduced chafing
- **EMBROIDERED SWOOSH**

SIZES 26–40



440 midnight navy



438 university blue

576 hydrangeas

959 rainbow

# NESSF023

NIKE HYDRASTRONG MULTI PRINT  
SQUARE LEG

- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- **INTERIOR DRAWCORD** for comfort and adjustability
- **INTERNAL FRONT & BACK LINING** for fit and modesty
- **FLAT SEAMS** for reduced chafing
- **EMBROIDERED SWOOSH**

SIZES 28–40



678 hyper pink



006 jet black

400 blue

# NESSF014

NIKE HYDRASTRONG MULTI PRINT  
FASTBACK ONE PIECE

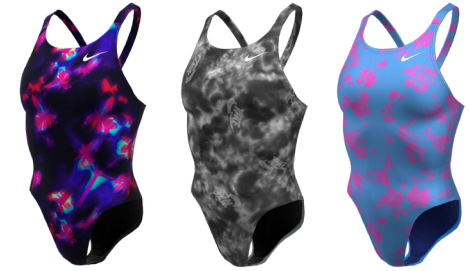
- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- **HIGH SUPPORT**  
wide straps ideal for high-impact activity
- **STANDARD BOTTOM COVERAGE**  
standard coverage that's great for all water activities
- **FULLY LINED**  
for better fit and support
- **FLAT SEAMS**  
for reduced chafing
- **EMBROIDERED SWOOSH**



560 vivid purple

SIZES 22–40

## NIKE HYDRASTRONG



001 black

054 wolf grey

438 university blue



440 midnight navy

463 dusty cactus

536 court purple

# NESSF021

NIKE HYDRASTRONG MULTI PRINT  
JAMMER

- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- **INTERIOR DRAWCORD**  
for comfort and adjustability
- **FRONT GUSSET**  
for fit and comfort
- **INTERNAL FRONT & BACK LINING**  
for fit and modesty
- **FLAT SEAMS**  
for reduced chafing
- **EMBROIDERED SWOOSH**



990 multi

SIZES 24–38

## NIKE HYDRASTRONG



006 jet black

054 wolf grey



400 blue

614 university red



# NESSE017

NIKE HYDRASTRONG MULTI PRINT  
RACERBACK ONE PIECE

- ▶ **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- ▶ **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **THE NIKE RACERBACK**  
has narrow straps for medium support and moderate back coverage
- ▶ **FULL BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 24–38



338 vapor green

## NIKE HYDRASTRONG



366 green shock



594 lilac bloom

# NESSE008

NIKE HYDRASTRONG MULTI PRINT  
LACE-UP TIE BACK ONE PIECE

- ▶ **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- ▶ **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **THE NIKE LACE-UP TIE BACK**  
has adjustable straps for a customized fit and support; and open back design to minimize distraction
- ▶ **CHEEKY BOTTOM COVERAGE**
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 26–40



969 multi

## NIKE HYDRASTRONG



001 black

## NESSE006

NIKE HYDRASTRONG MULTI PRINT  
CUT OUT ONE PIECE

- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- **THE NIKE CUT OUT**  
has narrow straps and least amount of coverage; open back cutout sides make this suit perfect for outdoor swimming
- **STANDARD BOTTOM COVERAGE**
- **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- **LINED**  
for better fit and security
- **FLAT SEAMS**  
for reduced chafing
- **EMBROIDERED SWOOSH**



594 lilac bloom

SIZES 24–38

## NIKE HYDRASTRONG



001 black

338 vapor green

440 midnight navy

504 persian violet



681 pink foam

690 hot fuchsia

822 total orange

## NESSE005

NIKE HYDRASTRONG MULTI PRINT  
RACERBACK SPLICE ONE PIECE

- **BODY: 51% POLYESTER / 49% (PBT) POLYESTER (CHLORINE RESISTANT)**
- **INSETS: 78% RECYCLED POLYESTER, 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 50% RECYCLED POLYESTER, 50% POLYESTER**
- **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- **THE NIKE RACERBACK**  
has narrow straps for medium support and moderate back coverage
- **FULL BOTTOM COVERAGE**
- **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- **LINED**  
for better fit and security
- **FLAT SEAMS**  
for reduced chafing
- **EMBROIDERED SWOOSH**



001 black

440 midnight navy



536 court purple

SIZES 24–38

## NESSE004

NIKE HYDRASTRONG MULTI PRINT  
FASTBACK ONE PIECE

- **BODY: 78% RECYCLED POLYESTER / 22% ELASTOLEFIN (CHLORINE RESISTANT)**
- **LINING: 100% RECYCLED POLYESTER**  
THIS PRODUCT IS MADE WITH AT LEAST 75% RECYCLED MATERIALS
- **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- **THE NIKE FASTBACK**  
provides maximum support and is designed to reduce chafing; wide, v-back seamless strap construction with moderate back coverage
- **FULL BOTTOM COVERAGE**
- **HIGH LEG HEIGHT**  
sits above hips allowing for a wider range of movement
- **LINED**  
for better fit and security
- **FLAT SEAMS**  
for reduced chafing
- **EMBROIDERED SWOOSH**



959 rainbow



989 warm multi

SIZES 24–38

## NIKE HYDRASTRONG





# NESSB045

NIKE HYDRASTRONG  
STRIVE KNEESKIN

- ▶ **TRICOT FABRICATION**  
BODY: 51% RECYCLED POLYESTER / 49% (PBT) POLYESTER  
LINING: 85% NYLON, 15% SPANDEX
- ▶ **U12 COMPLIANT**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability, swim after swim
- ▶ **NIKE FASTBACK**  
provides maximum support and is designed to reduce chafing
- ▶ **WIDE, V-BACK**  
seamless strap construction with moderate back coverage
- ▶ **SECURE FIT**  
helps you feel fast, confident and supported
- ▶ **LINED**  
for better fit and security
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**

SIZES 24Y–32Y



629 siren red

## NIKE HYDRASTRONG



001 black

676 digital pink



# NESSB046

NIKE HYDRASTRONG  
STRIVE JAMMER

- ▶ **TRICOT FABRICATION**  
BODY: 53% POLYESTER /  
47% (PBT) POLYESTER  
LINING: 85% NYLON, 15% SPANDEX
- ▶ **U12 COMPLIANT**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting  
durability, swim after swim
- ▶ **INTERIOR DRAWCORD**  
for comfort and adjustability
- ▶ **FRONT GUSSET**  
for fit and comfort
- ▶ **INTERNAL FRONT LINING**  
for fit and modesty
- ▶ **HFLAT SEAMS**  
for reduced chafing
- ▶ **EMBROIDERED SWOOSH**

SIZES 22Y–32Y



629 siren red



NIKE HYDRASTRONG



NEW 001 black



494 game royal



## NESSA100

NIKE HYDRASTRONG VEX  
RACERBACK ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **MEDIUM SUPPORT**  
regular straps work for a wide,  
middle range of sizes and activity
- ▶ **STANDARD BOTTOM COVERAGE**  
standard coverage that's great  
for all water activities
- ▶ **FULLY LINED**  
for better fit and support
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**

SIZES 20–42



845 team orange  
with navy base

## NIKE HYDRASTRONG



001 black 371 gorge green 494 game royal



536 court purple 614 university red 705 varsity maize  
with navy base

## NESSA101

NIKE HYDRASTRONG VEX  
CUT OUT ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **LIGHT SUPPORT**  
skinny straps ideal for  
lower-impact activity
- ▶ **MINIMAL BOTTOM COVERAGE**  
an exposed back and minimal  
bottom cut for comfort, range of  
motion and great style
- ▶ **FULLY LINED**  
for better fit and support
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**

SIZES 24–38



705 varsity maize  
with navy base

## NIKE HYDRASTRONG



001 black 371 gorge green 494 game royal



536 court purple 614 university red 845 team orange  
with navy base

# NESSA103

NIKE HYDRASTRONG VEX  
JAMMER

- ▶ 53% POLYESTER / 47% PBT
- ▶ 100% POLYESTER LINING
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **INTERIOR DRAWCORD** for comfort and adjustability
- ▶ **FRONT GUSSET** for fit and comfort
- ▶ **INTERNAL FRONT LINING** for fit and modesty
- ▶ **FLAT SEAMS** for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**



614 university red

SIZES 20–40

## NIKE HYDRASTRONG



001 black



371 gorge green



494 game royal



536 court purple



705 varsity maize  
with navy base



845 team orange  
with navy base

# NESSA105

NIKE HYDRASTRONG VEX  
BRIEF

- ▶ 53% POLYESTER / 47% PBT
- ▶ 100% POLYESTER LINING
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **INTERIOR DRAWCORD** for comfort and adjustability
- ▶ **INTERNAL FRONT LINING** for fit and modesty
- ▶ **FLAT SEAMS** for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**



494 game royal

SIZES 24–38

## NIKE HYDRASTRONG



001 black



371 gorge green



536 court purple



614 university red



705 varsity maize  
with navy base



845 team orange  
with navy base



# NESSA017

NIKE HYDRASTRONG SOLID  
RACERBACK ONE PIECE

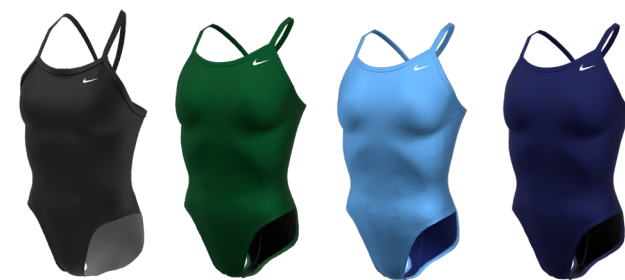
- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **MEDIUM SUPPORT**  
regular straps work for a  
wide, middle range of sizes  
and activity
- ▶ **STANDARD BOTTOM COVERAGE**  
standard coverage that's great  
for all water activities
- ▶ **FULLY LINED**  
for better fit and support
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**



678 hyper pink

SIZES 20–40

NIKE HYDRASTRONG



001 black

371 gorge green

438 university blue

440 midnight navy



494 game royal

536 court purple

614 university red

631 bright crimson



821 bright mango

# NESSA018

NIKE HYDRASTRONG SOLID  
CUT OUT ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **MEDIUM SUPPORT**  
regular straps work for a  
wide, middle range of sizes  
and activity
- ▶ **MINIMAL BOTTOM COVERAGE**  
an exposed back and minimal  
bottom cut for comfort, range  
of motion and great style
- ▶ **FULLY LINED**  
for better fit and support
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**



631 bright crimson

SIZES 24–38

## NIKE HYDRASTRONG



001 black

371 gorge green

438 university blue

440 midnight navy



494 game royal

536 court purple

576 hydrangea

614 university red



678 hyper pink

821 bright mango



# NESSA001

NIKE HYDRASTRONG SOLID  
FASTBACK ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **HIGH SUPPORT**  
wide straps ideal for  
high-impact activity
- ▶ **STANDARD BOTTOM COVERAGE**  
standard coverage that's great  
for all water activities
- ▶ **FULLY LINED**  
for better fit and support
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**



614 university red

SIZES 22–40

## NIKE HYDRASTRONG



001 black 438 university blue 440 midnight navy



494 game royal 576 hydrangea 631 bright crimson

# NESSA000

NIKE HYDRASTRONG SOLID  
LACE UP TIE BACK ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **MEDIUM SUPPORT**  
regular straps work for a  
wide, middle range of sizes  
and activity
- ▶ **CHEEKY BOTTOM COVERAGE**  
a flattering, cheeky look for the  
minimalist who wants total  
freedom of movement
- ▶ **FLAT SEAMS**  
for reduced chafing and  
ergonomic construction
- ▶ **HEAT TRANSFER SWOOSH**



440 midnight navy

SIZES 24–38

## NIKE HYDRASTRONG



001 black

494 game royal

614 university red

# NESSA003

NIKE HYDRASTRONG SOLID  
SPIDERBACK ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **50% RECYCLED POLYESTER / 50% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting durability,  
swim after swim
- ▶ **MODERATE SUPPORT**  
and engineered to avoid  
shoulder blades
- ▶ **OPEN BACK DESIGN**  
to minimize distraction
- ▶ **HIGH LEG HEIGHT**  
sits above hips allowing for  
a wider range of movement
- ▶ **FULLY LINED**  
for better fit and security
- ▶ **HEAT TRANSFER SWOOSH**



494 game royal

SIZES 24–38

## NIKE HYDRASTRONG



001 black

440 midnight navy

614 university red



# NESSA006

NIKE HYDRASTRONG SOLID JAMMER

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **INTERIOR DRAWCORD** for comfort and adjustability
- ▶ **FRONT GUSSET** for fit and comfort
- ▶ **INTERNAL FRONT LINING** for fit and modesty
- ▶ **FLAT SEAMS** for reduced chafing and ergonomic construction
- ▶ **HEAT TRANSFER SWOOSH**



494 game royal

NIKE HYDRASTRONG



001 black

440 midnight navy

SIZES 20–40

# NESSA002

NIKE HYDRASTRONG SOLID  
SQUARE LEG

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting  
durability, swim after swim
- ▶ **INTERIOR DRAWCORD**  
for comfort and adjustability
- ▶ **INTERNAL FRONT LINING**  
for fit and modesty
- ▶ **FLAT SEAMS**  
for reduced chafing
- ▶ **HEAT TRANSFER SWOOSH**



001 black

SIZES 28–40

**NIKE** HYDRASTRONG



440 midnight navy

# NESSA004

NIKE HYDRASTRONG SOLID  
BRIEF

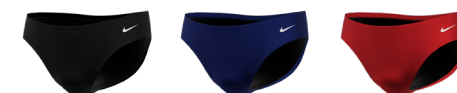
- ▶ **53% POLYESTER / 47% PBT**
- ▶ **100% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC**  
provides long-lasting  
durability, swim after swim
- ▶ **INTERIOR DRAWCORD**  
for comfort and adjustability
- ▶ **INTERNAL FRONT LINING**  
for fit and modesty
- ▶ **FLAT SEAMS**  
for reduced chafing and  
ergonomic construction
- ▶ **HEAT TRANSFER SWOOSH**



494 game royal

SIZES 24–38

**NIKE** HYDRASTRONG



001 black

440 midnight navy

614 university red



# NESSA060

NIKE WATER POLO  
ONE PIECE

- ▶ **53% POLYESTER / 47% PBT**
- ▶ **50% RECYCLED POLYESTER / 50% POLYESTER LINING**
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **DOUBLE LAYER FABRICATION** provides compression and reduces the ability for the suit to be pulled
- ▶ **BACK INSET** for "anti grab" fit and comfort
- ▶ **HIGH LEG HEIGHT** and cheeky bottom coverage allow range of motion
- ▶ **HEAVY DUTY ZIPPER** with fully-lined garage for comfort and security
- ▶ **FLAT SEAMS** for reduced chafing
- ▶ **EMBROIDERED SWOOSH**



614 university red



001 black

440 midnight navy

494 game royal

SIZES 24–42

# NESSE002

NIKE WATER POLO  
BRIEF

- ▶ **51% RECYCLED POLYESTER / 49% PBT (CHLORINE RESISTANT)**
- ▶ **51% RECYCLED POLYESTER / 49% PBT (CHLORINE RESISTANT) LINING**
- ▶ **NIKE HYDRASTRONG FABRIC** provides long-lasting durability, swim after swim
- ▶ **INTERIOR DRAWCORD** for comfort and adjustability
- ▶ **LINED** for better fit and security
- ▶ **FLAT SEAMS** for reduced chafing
- ▶ **EMBROIDERED SWOOSH**



614 university red



001 black

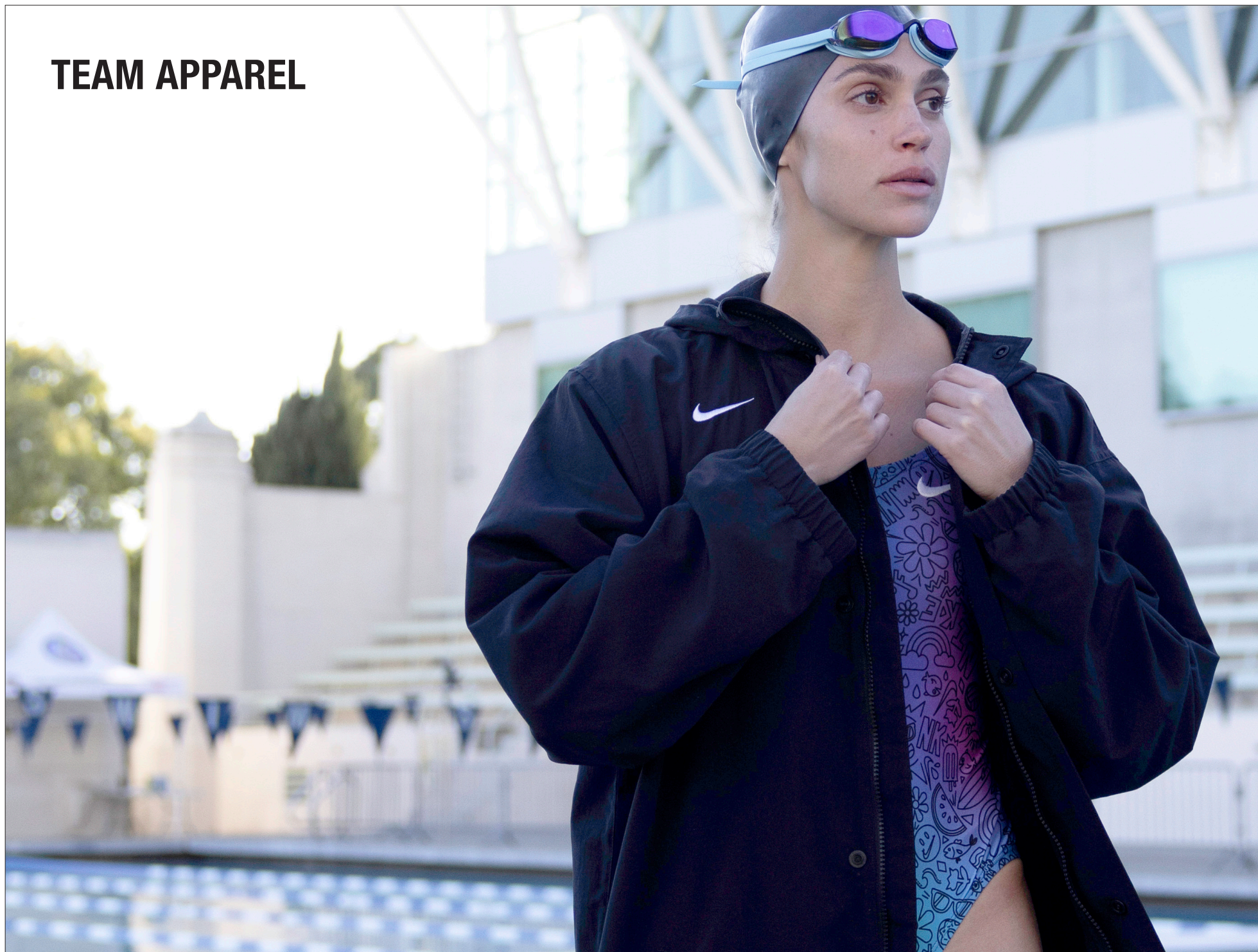
440 midnight navy

494 game royal

SIZES 24–40



# TEAM APPAREL





## CI4470

### MEN'S FOOTBALL POLO

- ▶ **100% POLYESTER**
- ▶ **STANDARD FIT**  
for a relaxed easy feel
- ▶ sweat wicking technology helps you stay dry and comfortable
- ▶ knit fabric feels soft and comfortable

SIZES S–XXL



010 black

100 white

419 college navy

480 azure blue

## CU3206

### WOMEN'S FOOTBALL POLO

- ▶ **100% POLYESTER**
- ▶ sweat wicking technology helps you stay dry and comfortable
- ▶ knit fabric feels soft and comfortable
- ▶ collar and 2-button placket provide a classic look

SIZES S–XXL



010 black

100 white

419 college navy

493 royal



# CN9409

## MEN'S KNIT TRAINING JACKET

- ▶ **100% POLYESTER**
- ▶ **DRI-FIT TECHNOLOGY**  
helps you stay dry and comfortable
- ▶ soft knit fabric has just the right amount of stretch
- ▶ standard fit for a relaxed easy feel
- ▶ knit fabric feels soft and comfortable
- ▶ side pockets provide secure storage

SIZES S-XXL



010 black

419 college navy

493 royal

657 scarlet

# CN9470

## MEN'S KNIT TRAINING PANT

- ▶ **100% POLYESTER**
- ▶ **DRI-FIT TECHNOLOGY**  
helps you stay dry and comfortable
- ▶ knit fabric feels soft with a little bit of stretch
- ▶ standard fit for a relaxed easy feel
- ▶ elastic waistband with drawcord
- ▶ side pockets provide convenient storage

SIZES S-XXL



010 black

493 royal

## CN9520

WOMEN'S KNIT JACKET

- ▶ **100% POLYESTER**
- ▶ **DRI-FIT TECHNOLOGY**  
helps you stay dry, comfortable and focused
- ▶ soft knit fabric gives you an extra layer of warmth
- ▶ standard fit for a relaxed, easy feel
- ▶ side pockets provide convenient storage

SIZES S–XL



010 black

419 college navy

493 royal

657 scarlet

## CN9523

WOMEN'S KNIT TRAINING PANT

- ▶ **100% POLYESTER**
- ▶ **DRI-FIT TECHNOLOGY**  
helps you stay dry and comfortable
- ▶ knit fabric has a little bit of stretch and taper to stay out of your way
- ▶ standard fit for a relaxed, easy feel
- ▶ elastic waistband with drawcord
- ▶ side pockets provide convenient storage

SIZES S–XL



657 scarlet

# CN9521

## EPIC BOYS KNIT JACKET

► **100% POLYESTER**

► **DRI-FIT TECHNOLOGY**

- helps you stay dry, comfortable and focused
- standard fit for a relaxed, easy feel
- a taller neck adds warmth in cooler temps
- side pockets provide convenient storage

SIZES S–XL



**010** black

**419** college navy

**493** royal

**657** scarlet

# CN9522

## EPIC BOYS KNIT PANT

► **100% POLYESTER**

► **DRI-FIT TECHNOLOGY**

- helps keep you dry, comfortable and focused
- side pockets offer small-item storage, so you can keep your essentials with you on the go
- standard fit for a relaxed, easy feel
- an elastic waistband with drawcord provides an adjustable fit

SIZES S–XL



**493** royal

**657** scarlet



# NESSE000

NIKE SWIM PARKA

- ▶ **BODY: 100% RECYCLED NYLON**  
**LINER: 100% RECYCLED POLYESTER**  
**MESH: 100% RECYCLED POLYESTER**
- ▶ **FULL-ZIP**  
two-way zipper for ease of wearing and customization
- ▶ **WELT POCKET**  
with mesh pocket bag for water drainage
- ▶ **FULLY FLEECE LINED**  
for comfort and warmth
- ▶ **INTERNAL ZIPPERED POCKET**  
for secure storage and enables team embellishment
- ▶ **SNAP PLACKET**  
for additional security and warmth
- ▶ **BUNGEE/TOGGLE ADJUSTMENT**  
at hood for a customized fit
- ▶ **BACK VENT**  
for breathability and enables team embellishment
- ▶ **NIKE REPEL**  
durable water repellent (dwr) finish
- ▶ **EMBROIDERED SWOOSH**

SIZES XS-XXL



Two-way zip and snap placket



Welt pocket



Internal zippered pocket

# NIKE SWIM PARKA

## Step One: Measure Yourself

### CHEST/BUST

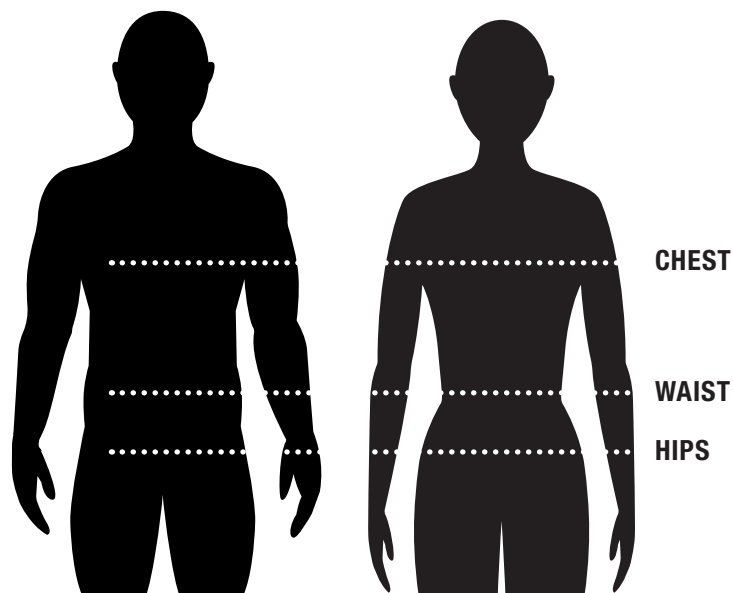
Measure around the fullest part of your chest, keeping the tape horizontal.

### WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side).

### HIPS

Measure around the fullest part of your hips, keeping the tape horizontal.











## Step Two: Find Your Size

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurement.

SIZE		CHEST	WAIST	HIPS
XS	IN	32.5 - 35.5	26 - 29	32 - 35
	CM	82.5 - 90	66 - 73.5	81 - 89
S	IN	35.5 - 38.5	29 - 32	35 - 38
	CM	90 - 98	73.5 - 81	89 - 96.5
M	IN	38.5 - 41.5	32 - 35	38 - 41
	CM	98 - 105.5	81 - 89	96.5 - 104
L	IN	41.5 - 44.5	35 - 38	41 - 44
	CM	105.5 - 113	89 - 96.5	104 - 112
XL	IN	44.5 - 47.5	38 - 41	44 - 47
	CM	113 - 120.5	96.5 - 104	112 - 119.5
XXL	IN	47.5 - 50.5	41 - 44	47 - 50
	CM	120.5 - 128.5	104 - 112	119.5 - 127

# GOGGLE LENS SIMULATION

												
	NEUTRAL LENS	LOW LIGHT TINT	MEDIUM LIGHT TINT	BRIGHT LIGHT TINT								
	 CLEAR	 MINT	 NEUTRAL SMOKE	 AMBER	 LIGHT ORANGE	 ROSE	 RAISIN	 LIGHT SMOKE	 DARK SMOKE	 SMOKE TURQUOISE	 GREY / GREEN	 BLUE
NO TINT												
												



## CAPS / GOGGLES / ACCESSORIES

### NIKE CARES

All Nike goggles are PVC free. We are proud to produce goggles free from PVC or added chemical softeners containing phthalates, including all adhesives and logo applications. Instead, our goggles are made using inherently soft materials which do not require these chemical compounds. Eliminating PVC in our products has been a Nike initiative since the late 1990s.



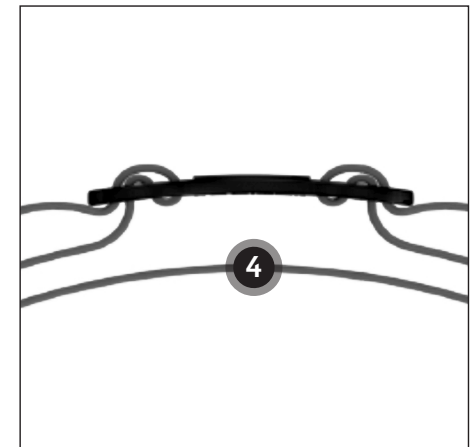
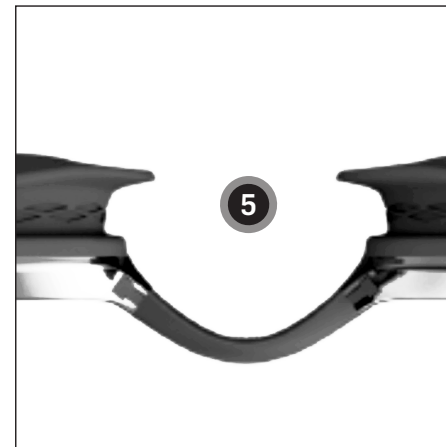
# NIKE VALIANT

## MIRRORED GOGGLE

NESSF131



- 1 PATENT PENDING - FLEXIBLE GASKET DESIGN**  
moves and contours to your face for a water tight fit
- 2 CURVED LENSES**  
enhance peripheral vision and clarity
- 3 MIRRORED COATING**  
helps block UV rays and reduce glare
- 4 CURVED BACK CLIP**  
fits comfortably against your head
- 5 NIKE SWIFT TRACK SYSTEM - 4 NOSE BRIDGE SIZES**  
let's you switch out nose bridge quickly and easily
- 6 LIGHTWEIGHT, STREAMLINED DESIGN**  
helps give you greater hydrodynamic edge
- 7 100% LATEX FREE**





# NESSF131

NIKE VALIANT MIRROR  
PERFORMANCE GOGGLE

- **LENS: POLYCARBONATE**
- **GASKET: TPR**
- **STRAP: SILICONE**
- **BUCKLE: POLYCARBONATE**

- **SUPER SOFT FLEXIBLE DESIGN**  
moves with you and contours to your face for a snug, water-tight fit
- **CURVED LENS**  
enhances peripheral vision and clarity
- **FOUR NOSE BRIDGE SIZES**  
allow you to choose your own comfortable fit
- **CURVED BACK CLIP**  
fits comfortably against your head
- **NIKE SWIFT TRACK**  
system lets you switch out your nose bridges quickly and easily
- **LIGHTWEIGHT, STREAMLINED**  
design helps give you a greater hydrodynamic edge

SIZES OS



001 black



100 white



438 university blue



440 midnight navy



614 university red



# NESSF130

NIKE VALIANT  
PERFORMANCE GOGGLE

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- **GASKET: TPR**
- **STRAP: SILICONE**
- **BUCKLE: POLYCARBONATE**

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design helps give you a greater hydrodynamic edge

SIZES OS



001 black



100 white



440 midnight navy



## NIKE VAPOR GOGGLES



### NESSA176

NIKE VAPOR MIRROR  
PERFORMANCE GOGGLE

- ▶ **100% THERMOPLASTIC RUBBER GASKET**
- ▶ **100% SILICONE STRAP**

- ▶ **ULTRA LOW-PROFILE**  
design with engineered,  
drag-resistant lens
- ▶ **CURVED, OVERSIZED LENS**  
maximizes horizontal and  
vertical field of view
- ▶ **SOFT, FLEXIBLE GASKET**  
enhances comfort without  
sacrificing performance
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast  
and easy customization
- ▶ **4 NOSE BRIDGE SIZES INCLUDED**
- ▶ **MIRRORED COATING**  
helps block UV rays and  
reduce glare



018 iron grey



040 silver



100 white



737 volt

SIZES OS



### NESSB163

NIKE VAPOR PHOTOCROMIC  
PERFORMANCE GOGGLE

- ▶ **100% SILICONE GASKET**
- ▶ **100% SILICONE STRAP**

- ▶ **POLARIZED LENS**  
eliminates glare from  
reflective surfaces
- ▶ **LOW PROFILE**  
design with soft, flexible  
silicone gaskets
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast  
and easy customization



001 black

SIZES OS



# NESSA177

NIKE VAPOR  
PERFORMANCE GOGGLE

- ▶ **100% THERMOPLASTIC RUBBER GASKET**
- ▶ **100% SILICONE STRAP**
- ▶ **ULTRA LOW-PROFILE**  
design with engineered,  
drag-resistant lens
- ▶ **CURVED, OVERSIZED LENS**  
maximizes horizontal and  
vertical field of view
- ▶ **SOFT, FLEXIBLE GASKET**  
enhances comfort without  
sacrificing performance
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast  
and easy customization
- ▶ **4 NOSE BRIDGE SIZES INCLUDED**



001 black



079 lt smoke grey



477 ocean bliss



494 game royal



678 hyper pink

SIZES OS

## NIKE LEGACY GOGGLES



# NESSD130

NIKE LEGACY MIRROR  
PERFORMANCE GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**
- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **4 NOSE BRIDGE SIZES INCLUDED**  
designed to fit a wide range of face shapes
- ▶ **CURVED BACK CLIP**  
fits comfortably against your head
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast and easy customization
- ▶ **MIRRORED COATING**  
helps block UV rays and reduce glare



040 silver



440 midnight navy



576 hydrangea



740 barely volt

SIZES OS



# NESSD131

NIKE LEGACY  
PERFORMANCE GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**
- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **4 NOSE BRIDGE SIZES INCLUDED**  
designed to fit a wide range of face shapes
- ▶ **CURVED BACK CLIP**  
fits comfortably against your head
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast and easy customization



006 jet black



576 hydrangea



957 clear / black

SIZES OS





# NESSB164

NIKE LEGACY POLARIZED  
PERFORMANCE GOGGLE

- ▶ **100% SILICONE GASKET**
- ▶ **100% SILICONE STRAP**
- ▶ **POLARIZED LENS**  
eliminates glare from  
reflective surfaces
- ▶ **LOW PROFILE**  
design with soft, flexible  
silicone gaskets
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast  
and easy customization

SIZES OS



040 silver



990 multi

## NIKE LEGACY GOGGLES



### NESSF132

NIKE LEGACY COMFORT  
MIRROR GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**
- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **4 NOSE BRIDGE SIZES**  
designed to fit a wide range of face shapes
- ▶ **CURVED BACK CLIP**  
fits comfortably against your head
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast and easy customization
- ▶ **MIRRORED COATING**  
helps block UV rays and reduce glare



014 dark smoke



040 silver



440 midnight navy



737 volt

SIZES OS



### NESSF133

NIKE LEGACY COMFORT  
GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**
- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **4 NOSE BRIDGE SIZES**  
designed to fit a wide range of face shapes
- ▶ **CURVED BACK CLIP**  
fits comfortably against your head
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast and easy customization



014 dark smoke



079 lt smoke grey



440 midnight navy



614 university red

SIZES OS



# NESSC165

NIKE LEGACY MIRROR  
YOUTH GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**

- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **4 NOSE BRIDGE SIZES**  
designed to fit a wide range of face shapes
- ▶ **CURVED BACK CLIP**  
fits comfortably against your head
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast and easy customization
- ▶ **MIRROR COATING**  
helps block UV rays and reduce glare

SIZES OS



040 silver



494 game royal



051 cool grey



614 university red



631 bright crimson



710 gold



933 red blue



# NESSC166

NIKE LEGACY YOUTH GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**

- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **4 NOSE BRIDGE SIZES**  
designed to fit a wide range of face shapes
- ▶ **CURVED BACK CLIP**  
fits comfortably against your head
- ▶ **NIKE SWIFT TRACK**  
nose bridge system for fast and easy customization

SIZES OS



000 clear



011 black / white



014 smoke grey



400 blue



560 vivid purple



631 bright crimson



## NESSD125

NIKE CHROME MIRROR GOGGLE

- ▶ **POLYCARBONATE LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **6-WAY ADJUSTABLE**  
nose bridge for a secure fit
- ▶ **SOFT CUSHIONED GASKET**  
stays comfortable during long swim sessions
- ▶ **MIRRORED COATING**  
helps block UV rays and reduce glare
- ▶ **100% LATEX FREE**

SIZES OS



040 silver



448 green abyss



494 game royal



560 vivid purple



710 gold

## NESSD127

NIKE CHROME GOGGLE

- ▶ **POLYCARBONATE LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **UV BLOCKING, ANTI-FOG LENS**  
helps keep your vision clear
- ▶ **SOFT CUSHIONED GASKET**  
stays comfortable during long swim sessions
- ▶ **6-WAY ADJUSTABLE**  
nose bridge for a secure fit
- ▶ **100% LATEX FREE**

SIZES OS



000 clear



014 dk smoke grey



079 lt smoke grey



494 game royal



576 hydrangea

# NESSD126

NIKE CHROME MIRROR  
YOUTH GOGGLE

- **POLYCARBONATE LENS**
- **100% SILICONE STRAP AND GASKET**
- **6-WAY ADJUSTABLE**  
nose bridge for a secure fit
- **SOFT CUSHIONED GASKET**  
stays comfortable during long swim sessions
- **MIRRORED COATING**  
helps block UV rays and reduce glare
- **YOUTH FIT**  
accommodates smaller and more narrow faces
- **100% LATEX FREE**

SIZES OS



040 silver



458 photo blue



463 dusty cactus



560 vivid purple



670 pink spell



840 orange blaze

# NESSD128

NIKE CHROME YOUTH GOGGLE

- **POLYCARBONATE LENS**
- **100% SILICONE STRAP AND GASKET**
- **6-WAY ADJUSTABLE**  
nose bridge for a secure fit
- **SOFT CUSHIONED GASKET**  
stays comfortable during long swim sessions
- **UV BLOCKING, ANTI-FOG LENS**  
helps keep your vision clear
- **YOUTH FIT**  
accommodates smaller and more narrow faces
- **100% LATEX FREE**

SIZES OS



079 lt smoke grey



458 photo blue



463 dusty cactus



670 pink spell

# NESSC151

NIKE EXPANSE  
SWIM MASK GOGGLE

- ▶ **POLYCARBONATE / LIQUID SILICONE MASK**
- ▶ **NYLON / LATEX STRAP**
- ▶ **POLYCARBONATE BUCKLE**
- ▶ **ULTRA SOFT**  
liquid silicone for optimal comfort
- ▶ **FLEX POINTS**  
allow natural face movement while keeping a watertight seal
- ▶ **WIDE, STRETCHY HEAD STRAP**  
for a smooth, comfortable fit
- ▶ **FLEXIBLE, DURABLE**  
dual-density construction

SIZES OS



005 dark black



back view of strap



312 atomic green



448 green abyss



620 picante



678 hyper pink



991 clear smoke

# NESSF129

NIKE YOUTH EXPANSE  
SWIM MASK GOGGLE

- ▶ **POLYCARBONATE / LIQUID SILICONE MASK**
- ▶ **NYLON / LATEX STRAP**
- ▶ **POLYCARBONATE BUCKLE**
- ▶ **ULTRA SOFT**  
liquid silicone for optimal comfort
- ▶ **FLEX POINTS**  
allow natural face movement while keeping a watertight seal
- ▶ **WIDE, STRETCHY HEAD STRAP**  
for a smooth, comfortable fit
- ▶ **FLEXIBLE, DURABLE**  
dual-density construction

SIZES OS



001 black



100 white



494 game royal



678 hyper pink



905 clear/smoke



# NESSB160

NIKE EXPANSE MIRROR  
TRAINING GOGGLE

- ▶ **100% THERMOPLASTIC RUBBER GASKET / FRAME**
- ▶ **100% SILICONE STRAP**
- ▶ **CURVED, PANORAMIC LENS**  
enhances clarity and visibility
- ▶ **SOFT, FLEXIBLE DESIGN**  
contours to the face for comfort
- ▶ **NIKE SWIFT ADJUST**  
buckle enables fast and convenient strap adjustment

SIZES OS



001 black



051 cool grey



438 university blue



451 cobalt blue



840 orange blaze



990 multi

# NESSB161

NIKE EXPANSE  
TRAINING GOGGLE

- ▶ **100% THERMOPLASTIC RUBBER GASKET / FRAME**
- ▶ **100% SILICONE STRAP**
- ▶ **CURVED, PANORAMIC LENS**  
enhances clarity and visibility
- ▶ **SOFT, FLEXIBLE DESIGN**  
contours to the face for comfort
- ▶ **NIKE SWIFT ADJUST**  
buckle enables fast and convenient strap adjustment

SIZES OS



014 dk smoke gray



051 cool grey



670 pink spell



966 grey/white



# NESSD132

NIKE HYPER FLOW  
PERFORMANCE GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**

- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **FLEXIBLE, LIGHTWEIGHT DESIGN**  
for a comfortable fit
- ▶ **NIKE SWIFT ADJUST**  
buckle enables fast and convenient strap adjustment

SIZES OS



042 neutral grey



014 dk smoke grey



# NESSC167

NIKE HYPER FLOW  
YOUTH GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**

- ▶ **FLEXIBLE, LIGHTWEIGHT DESIGN**  
for a comfortable fit
- ▶ **CURVED LENS**  
enhances peripheral vision and clarity
- ▶ **NIKE SWIFT ADJUST**  
buckle enables fast and convenient strap adjustment
- ▶ **YOUTH FIT**  
accommodates smaller and narrower faces

SIZES OS



007 smoke



401 clear blue



463 dusty cactus



494 game royal



576 hydrangea



672 pink prime



678 hyper pink



965 blue/white

# NESSE124

NIKE UNIVERSAL  
FIT GOGGLE

- ▶ **100% THERMOPLASTIC RUBBER GASKET / FRAME**
- ▶ **100% SILICONE STRAP**
- ▶ **DESIGNED** to fit a wide range of face shapes and sizes
- ▶ **LARGE GASKET** helps to reduce pressure around your eyes
- ▶ **CURVED LENS** is designed to give you a clearer, 180-degree view of your surroundings
- ▶ **LIGHTWEIGHT, STREAMLINED** design helps give you a greater hydrodynamic edge

SIZES OS



001 black



408 thunderstorm blue



497 noise aqua

# NESSE125

NIKE UNIVERSAL  
FIT MIRRORED GOGGLE

- ▶ **TRITAN™ LENS**
- ▶ **100% SILICONE STRAP AND GASKET**
- ▶ **100% BPA FREE / 100% LATEX FREE**
- ▶ **MIRRORED COATING** helps block UV rays and reduce glare
- ▶ **DESIGNED** to fit a wide range of face shapes and sizes
- ▶ **CURVED LENS** is designed to give you a clearer, 180-degree view of your surroundings
- ▶ **LIGHTWEIGHT, STREAMLINED** design helps give you a greater hydrodynamic edge

SIZES OS



001 black



# NESSE134

NIKE FLEX FUSION  
GOGGLE

- ▶ **100% BPA FREE**
- ▶ **100% LATEX FREE**
- ▶ **CURVED LENS** enhances peripheral vision and clarity
- ▶ **SOFT, FLEXIBLE DESIGN** contours to your face
- ▶ **FLEX POINTS** allow natural face movement while keeping a watertight seal
- ▶ **DURABLE** dual-density construction
- ▶ **NIKE SWIFT ADJUST** buckle enables fast and convenient strap adjustment

SIZES OS



001 black



014 dk smoke gray



613 habanero red



# NESSD124

NIKE EXPANSE  
KIDS' SWIM MASK

- ▶ **POLYCARBONATE BUCKLE, FRAME & LENS**
- ▶ **100% SILICONE NOSEBRIDGE**
- ▶ **NYLON / LATEX STRAP**
- ▶ **FLEX POINTS**  
allow natural face movement while keeping a watertight seal
- ▶ **WIDE, STRETCHY HEAD STRAP**  
for a smooth, comfortable fit
- ▶ **FLEXIBLE, DURABLE**  
dual-density construction
- ▶ **KIDS FIT**  
accommodates smaller faces



000 clear



480 blue lightning



486 aquarius blue



560 vivid purple



737 volt

SIZES OS

# NESSB166

NIKE EASY FIT  
KIDS GOGGLE

- ▶ **100% SILICONE GASKET / FRAME / STRAP**
- ▶ **STRETCH STRAP**  
enables a quick and easy fit
- ▶ **SOFT, FLEXIBLE FRAME**  
enhances comfort for little swimmers
- ▶ **ANGLED STRAP DESIGN**  
distributes pressure evenly for maximum comfort



312 atomic green



366 green shock



401 clear / blue



486 aquarius blue



560 vivid purple



594 lilac bloom



656 pink

AGES 3-6

# NESSD138

NIKE LIL' SWOOSH  
KIDS' GOGGLE

- **LENS: POLYCARBONATE**
- **FRAME, STRAP, NOSEBRIDGE: SILICONE**

- **WIDE-ANGLE LENS**  
for an unobstructed  
peripheral view
- **DURABLE, SOFT**  
and flexible one-piece frame
- **SECURE**  
silicone split-head strap
- **YOUTH FIT**  
accommodates smaller and  
narrower faces
- **100% LATEX FREE**



100 white



388 green spark



437 copa



458 photo blue



614 university red



678 hyper pink



688 fuchsia dream



820 safety orange

AGES 3–6

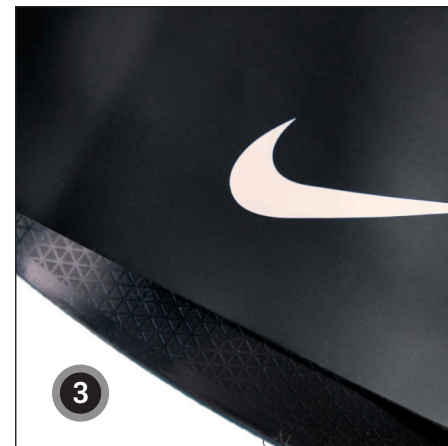
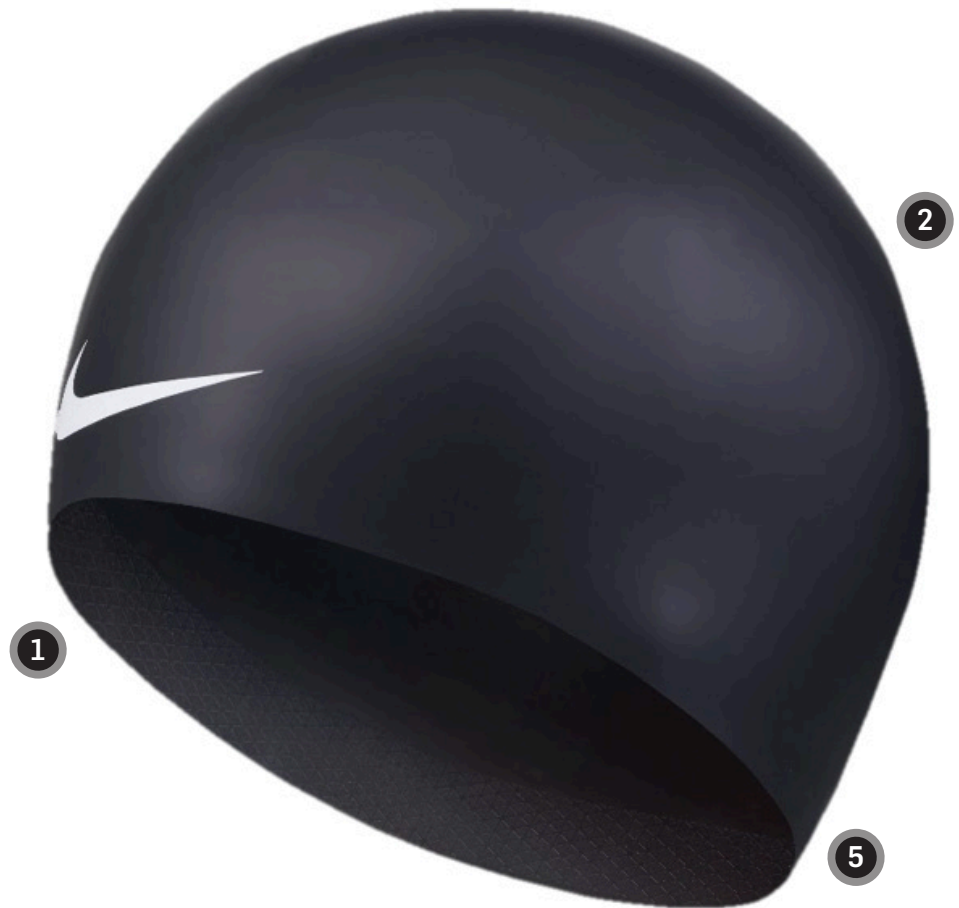
# NIKE SILICONE DOME CAP

100% SILICONE

NESSE120



- 1 DESIGNED TO FIT**  
a wide range of head shapes and sizes
- 2 SMOOTH EXTERIOR**  
helps give you a greater dynamic edge
- 3 INTERIOR GRIPPER**  
helps keep your cap in place
- 4 TARGETED COMPRESSION POINTS**  
help reduce drag and increase your speed
- 5 WRINKLE FREE SURFACE**







# NESSE120

NIKE DOME SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC**  
high-stretch silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE MATERIAL**  
stands up to regular use  
in chlorine



**001** black

**100** white

SIZES L/XL

## COMPETITION CAPS



# 93050

NIKE SOLID LATEX  
TRAINING CAP

- ▶ **100% LATEX**
- ▶ **DURABLE, LIGHTWEIGHT**  
latex resists tearing
- ▶ **SECURE, GROOVED INTERIOR RIM**  
enhances grip
- ▶ **DURABLE**  
stands up to regular  
use in chlorine

SIZES OS



001 black



100 white



440 midnight navy



490 varsity royal



640 varsity red



# 93060

NIKE SOLID  
TRAINING CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE**  
stands up to regular  
use in chlorine

SIZES OS



011 black/white



100 white



440 midnight navy



494 game royal



576 hydrangea



614 university red



672 pink prime



740 barely volt



987 iridescent silver

## NESSF121

NIKE FINE FLORAL  
SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE**  
stands up to regular  
use in chlorine



**438** university blue



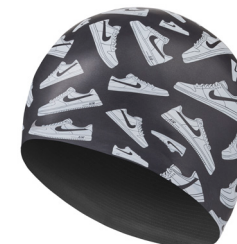
**440** midnight navy

SIZES OS

## NESSF122

NIKE MULTI PRINT  
SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE**  
stands up to regular  
use in chlorine



**006** jet black



**959** rainbow

SIZES OS

## NESSF123

NIKE MULTI GRAPHIC  
SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE**  
stands up to regular  
use in chlorine



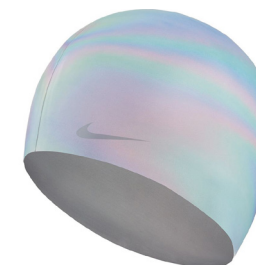
**440** midnight navy

SIZES OS

## NESS9159

NIKE MULTI GRAPHIC  
SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE**  
stands up to regular  
use in chlorine



**040** silver

SIZES OS



## NESSA198

NIKE SOLID LONG HAIR  
SILICONE TRAINING CAP

- ▶ **100% SILICONE**
- ▶ **EXTRA SPACE**  
for long hair without  
compromising a secure fit
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **DURABLE MATERIAL**  
stands up to regular  
use in chlorine

SIZES OS



001 black



438 university blue



560 vivid purple



672 pink prime

## NESSE121

NIKE VOLUMINOUS HAIR  
SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC**  
high-stretch silicone material
- ▶ **INTERIOR GRIPPER**  
helps keep your cap in place
- ▶ **DURABLE MATERIAL**  
stands up to regular use  
in chlorine

SIZES M/L



001 black



100 white



541 daybreak

## NESSC150

NIKE COMFORT CAP

- ▶ **81% POLYAMIDE / 19% ELASTANE**
- ▶ **STRETCHY, CHLORINE-RESISTANT**  
spandex material
- ▶ **TIGHT FITTING**  
three-panel skull cap design  
offers a universal fit
- ▶ **SOFT FABRIC LINING**  
for optimal comfort

SIZES OS



001 black



018 iron grey



440 midnight navy

# TESS0106

NIKE SILICONE  
YOUTH CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC, HIGH-STRETCH**  
silicone material
- ▶ **TEXTURED LINING**  
increases grip for a secure fit
- ▶ **DURABLE**  
stands up to regular  
use in chlorine

SIZES OS



001 black



366 green shock



370 green strike



458 photo blue



576 hydrangea



631 bright crimson



670 pink spell



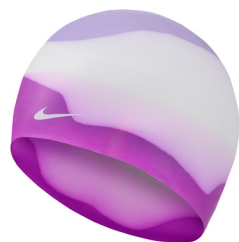
NEW 724 sundial

# NESSF120

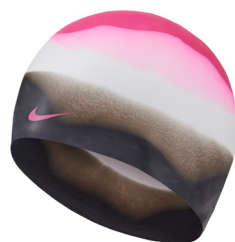
NIKE TIE DYE YOUTH  
SILICONE CAP

- ▶ **100% SILICONE**
- ▶ **HYPOALLERGENIC**  
high-stretch silicone material
- ▶ **INTERIOR GRIPPER**  
helps keep your cap in place
- ▶ **DURABLE MATERIAL**  
stands up to regular use  
in chlorine

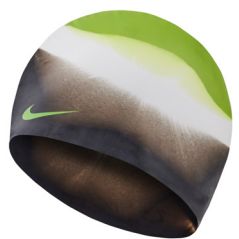
SIZES M/L



576 hydrangea



678 hyper pink



914 black green

# NESS9173

NIKE HAND PADDLES

- ▶ **100% PP PADDLE**
- ▶ **100% TPR OUTER EDGE**
- ▶ **100% SILICONE STRAPS**  
ONE EXTRA SET OF STRAPS INCLUDED
- ▶ **BPA FREE**
- ▶ **CONVEX DESIGN**  
shapes your hand into ideal training position
- ▶ **SOFT EDGES**  
for comfort and safety
- ▶ **SOFT, FLEXIBLE CUFF MATERIAL**  
for added padding
- ▶ **ADJUSTABLE DOUBLE STRAPS**  
for a personalized fit
- ▶ **STRATEGICALLY PLACED PERFORATIONS**  
reduce shoulder strain



919 black / photo blue

SIZES S/M–L/XL

# NESS9171

NIKE SWIM FINS

- ▶ **100% SILICONE**
- ▶ **SHORT FIN BLADE**  
enhances efficiency and speed of kicks
- ▶ **MAXIMUM PROPULSION**  
rigid areas combined with flexibility
- ▶ **COMFORTABLE OPEN TOE BOX WITH GROOVES**  
provides superior grip

SIZES XS–XL



NEW 919 black / photo blue

## Step One:

### Measure Yourself

#### FINGERS

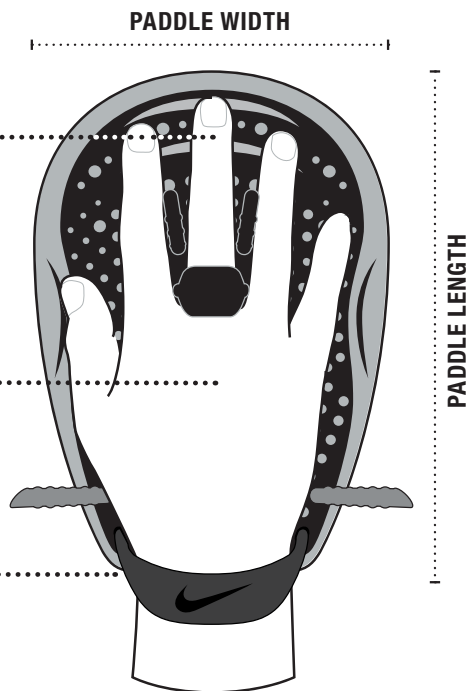
Your fingers should rest on the ridges without overlapping the top of the paddle.

#### HAND

Your hand should be close to, but not overlapping the sides of the paddle.

#### WRIST

The wrist strap should sit at your wrist joint.



## Step Two:

### Find Your Size

Locate your measurement in the size chart below to find your correct hand paddle size.

SIZE	PADDLE LENGTH	PADDLE WIDTH
S / M	IN	7.55
	CM	19.2
L / XL	IN	8.85
	CM	22.5



# NIKE FINS

## Step One: Measure Yourself

## Step Two: Find Your Size

Use your measurements and the chart below to determine your fin size.



### MEN'S

SIZE	
<b>XXS</b>	US 3-5 UK 2-4 EU 35-37.5
<b>XS</b>	US 5-7 UK 4.5-6 EU 37.5-40
<b>S</b>	US 7-9 UK 6-8 EU 40-42.5
<b>M</b>	US 9-10.5 UK 8-9.5 EU 42.5-44.5
<b>L</b>	US 10.5-12 UK 9.5-11 EU 44.5-46
<b>XL</b>	US 12-14 UK 11-13 EU 46-48.5

### WOMEN'S

<b>XXS</b>	US 5-6.5 UK 2.5-4 EU 35-37
<b>XS</b>	US 6.5-8.5 UK 4-6 EU 37-39
<b>S</b>	US 8.5-10.5 UK 6-8 EU 39-43
<b>M</b>	US 10.5-12 UK 8-9.5 EU 43-44
<b>L</b>	US 12-14 UK 9.5-11.5 EU 44-46.5

	FOOT LENGTH	BLADE LENGTH
<b>IN</b>	<b>8.25 - 9</b>	<b>2</b>
CM	21 - 23	5
<b>IN</b>	<b>9 - 10</b>	<b>2.25</b>
CM	23 - 25	5.5
<b>IN</b>	<b>10 - 10.5</b>	<b>2.25</b>
CM	25 - 26	6
<b>IN</b>	<b>10.5 - 11</b>	<b>2.5</b>
CM	26 - 28	6.5
<b>IN</b>	<b>11 - 11.5</b>	<b>2.5</b>
CM	28 - 29	6.5
<b>IN</b>	<b>11.5 - 12.25</b>	<b>2.75</b>
CM	29 - 31	7
<b>IN</b>	<b>8.25 - 9</b>	<b>2</b>
CM	21 - 23	5
<b>IN</b>	<b>9 - 10</b>	<b>2.25</b>
CM	23 - 25	5.5
<b>IN</b>	<b>10 - 10.5</b>	<b>2.25</b>
CM	25 - 26	6
<b>IN</b>	<b>10.5 - 11</b>	<b>2.5</b>
CM	26 - 28	6.5
<b>IN</b>	<b>11 - 11.5</b>	<b>2.5</b>
CM	28 - 29	6.5

# NESS9174

NIKE PULL BUOY

- ▶ **100% EVA FOAM**
- ▶ **BPA FREE**
- ▶ **ASYMMETRICAL SHAPE**  
offers different levels of buoyancy and training intensity
- ▶ **TEXTURED AREAS**  
enhance grip and help keep buoy in place
- ▶ **SOFT, DENSE EVA FOAM**  
increases buoyancy for more intense training



919 black / photo blue

026 anthracite

SIZES OS

# NESSF139

NEW NIKE KICKBOARD

- ▶ **100% EPP FOAM**
- ▶ **LIGHTWEIGHT FOAM**  
provides superior buoyancy and long lasting durability
- ▶ **TEXTURED ZONES**  
allow you to grip the board and hold in place as you swim
- ▶ **IDEAL FOR ALL LEVELS**  
of swimmers who want to elevate their leg strengthening workout



001 black

SIZES OS

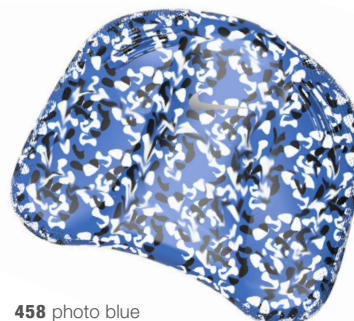
# NESSB169

NIKE PULL-KICK  
REGRIND

- ▶ **100% EVA FOAM**
- ▶ **2-IN-1 DESIGN**  
provides dual use as a kickboard and pull buoy
- ▶ **COMPACT SIZE**  
travels easily
- ▶ **STREAMLINED SHAPE**  
encourages proper body position



001 black



458 photo blue

SIZES OS

# NESSB170

NIKE PULL-KICK

- ▶ **100% EVA FOAM**
- ▶ **2-IN-1 DESIGN**  
provides dual use as a kickboard and pull buoy
- ▶ **COMPACT SIZE**  
travels easily
- ▶ **STREAMLINED SHAPE**  
encourages proper body position



919 black / photo blue

SIZES OS

# NESS9176

NIKE NOSE CLIP

- ▶ 100% TRITAN™ BODY
- ▶ 100% TPR PADDING
- ▶ CASE INCLUDED
- ▶ BPA FREE
- ▶ **SOFT, SILICONE PADDING** for comfort
- ▶ **ENGINEERED DESIGN** reduces pressure on nose bridge
- ▶ **LOW PROFILE SHAPE** for zero distractions

SIZES OS



618 hyper crimson

# NESS9175

NIKE EAR PLUGS

- ▶ 100% COPOLYESTER CAP
- ▶ 100% TPR BODY
- ▶ CASE INCLUDED
- ▶ BPA FREE
- ▶ **DOUBLE FLANGE** provides a tight seal against leaking
- ▶ **SOFT RUBBER** molds to your ear
- ▶ **FLARED END** maintains proper ear plug placement

SIZES OS



618 hyper crimson

# NESSF141

NIKE SILICONE COMFORT EAR PLUGS

- ▶ 100% SILICONE
- ▶ **SOFT SILICONE** gently conforms to your ear canal to help prevent water from leaking in
- ▶ **CONVENIENT STORAGE** case included

SIZES OS



458 photo blue

# NESSA194

NIKE NOSE CLIP / EAR PLUG ACCESSORIES SET

- ▶ 70% TRITAN™ VX401, 30% SILICONE NOSE CLIP
- ▶ 80% TPR, 20% POLYPROPYLENE EAR PLUGS
- ▶ CASE INCLUDED
- ▶ BPA FREE
- ▶ **SOFT, SILICONE PADDING** for comfort
- ▶ **DOUBLE FLANGE** on ear plug provides a tight seal against leaking
- ▶ **SOFT SILICONE PADDING** on nose clip for comfort

SIZES OS



458 photo blue



## NESSD129

NIKE QUICK-DRY SWIM TOWEL  
LARGE 16" x 32"

- ▶ **84% RECYCLED POLYESTER**  
12% NYLON, 4% POLYESTER
- ▶ **ULTRA-SOFT FABRIC**  
dries super fast
- ▶ **COMPACT & LIGHTWEIGHT**  
for ease during travel
- ▶ **SNAP LOOP**  
so you can hang and dry  
towel on the go
- ▶ **MACHINE WASHABLE**  
for convenience
- ▶ **75% RECYCLED CONTENT**  
by weight which reduces  
waste and our carbon  
footprint

SIZES OS



001 black



006 jet black



458 photo blue



576 hydrangea



594 lilac bloom



724 sundial

## NESS8165

NIKE SWIM TOWEL  
LARGE 17" x 26"

- ▶ **100% PVA**
- ▶ **SOFT, LIGHTWEIGHT MATERIAL**
- ▶ **HIGHLY-ABSORBENT FABRIC**
- ▶ **PACKED IN WATER**  
to ensure longevity  
of product

SIZES OS



054 wolf grey



425 hyper cobalt



673 racer pink

# NESSE138

NIKE REPEL BACKPACK (35L)

► **100% POLYESTER**

- **DURABLE**  
abrasion resistant  
waterproof bottom
- **WATER-RESISTANT WET POCKET**  
keeps your wet items separate
- **VERSATILE ENHANCED SIDE POCKETS**  
provide storage for key  
items like water bottles and  
accessories
- **EXTERNAL HANGING OPTIONS**  
allow for the display of custom  
bag tags, and hang-drying of  
wet suits and gear
- **3D FOAM BACK**  
panel provides extra support  
and comfort
- **HIDDEN LAPTOP POCKET**  
keeps electronics protected
- **FLEECE-LINED POCKET**  
for goggles, sunglasses  
and small electronics



001 black



614 university red



494 game royal



371 gorge green



3D foam back



Hidden laptop pocket



Fleece-lined pocket



Versatile enhanced side pockets



## NESSF147

NIKE 5L DRY BAG

- ▶ **95% THERMOPLASTIC URETHANE  
5% POLYETHYLENE TEREPHTHALATE**
- ▶ **WATERPROOF TPU**  
to keep contents dry
- ▶ **DETACHABLE CROSSBODY STRAP**  
for easy carrying
- ▶ **REFLECTIVE FILM**  
for visibility and safety
- ▶ **HEAT WELDED BOTTOM PANEL**  
to keep contents dry
- ▶ **CAPACITY: 5L**

CAPACITY 5L

SIZES OS



001 black



## NESSF148

NIKE 10L DRY BAG

- ▶ **95% THERMOPLASTIC URETHANE  
5% POLYETHYLENE TEREPHTHALATE**
- ▶ **WATERPROOF TPU**  
to keep contents dry
- ▶ **DETACHABLE CROSSBODY STRAP**  
for easy carrying
- ▶ **REFLECTIVE FILM**  
for visibility and safety
- ▶ **HEAT WELDED BOTTOM PANEL**  
to keep contents dry
- ▶ **CAPACITY: 10L**

CAPACITY 10L

SIZES OS



001 black





# NESSF149

NIKE 20L DRY BAG

- ▶ **95% THERMOPLASTIC URETHANE**  
**5% POLYETHYLENE TEREPHTHALATE**
- ▶ **WATERPROOF TPU**  
to keep contents dry
- ▶ **DETACHABLE CROSSBODY STRAP**  
for easy carrying
- ▶ **REFLECTIVE FILM**  
for visibility and safety
- ▶ **HEAT WELDED BOTTOM PANEL**  
to keep contents dry
- ▶ **CAPACITY: 20L**

CAPACITY 20L

SIZES OS



001 black

# NESSE139

NIKE 1L SWIM BAG

- ▶ **BAG: 100% SILICONE**  
**STRAP: 100% POLYESTER**
- ▶ **DURABLE**  
water-resistant material
- ▶ **REMOVABLE, ADJUSTABLE**  
crossbody strap allows for  
customized travel options
- ▶ **WRISTLET**
- ▶ **100% SOFT SILICONE CONSTRUCTION**

SIZES OS



006 jet black

# NESSA208

NIKE SOLID LOCKER BAG

- ▶ **100% THERMOPLASTIC URETHANE**
- ▶ **DURABLE MATERIAL**  
won't absorb water
- ▶ **PERFORATIONS**  
allow items to ventilate and drain
- ▶ **HEAT-WELDED SEAMS**  
maximize durability
- ▶ **CAPACITY: 3L**

CAPACITY 3L



# NESSA209

NIKE IRIDESCENT LOCKER BAG

- ▶ **95% THERMOPLASTIC URETHANE**  
**5% POLYETHYLENE TEREPHTHALATE**
- ▶ **CLEAR MATERIAL**  
allows swimmers to locate their items quickly
- ▶ **PERFORATIONS**  
allow items to ventilate and drain
- ▶ **HEAT-WELDED SEAMS**  
maximize durability
- ▶ **CAPACITY: 3L**

CAPACITY 3L



# NESSC156

NIKE MESH SLING BAG

- ▶ **AIR MESH:** 100% RECYCLED POLYESTER
- ▶ **STRAP:** 100% POLYESTER
- ▶ **HARDWARE:** 100% POM/PA
- ▶ **BOTTOM:** 100% NYLON/TPU
- ▶ **BINDING:** 100% POLYESTER
- ▶ **ROLL-TOP OPENING**  
with buckle closure maximizes storage space
- ▶ **WATER-RESISTANT**  
bottom panel helps protect contents
- ▶ **ADJUSTABLE STRAP**  
for easy carrying
- ▶ **CAPACITY:** 10L
- ▶ **100% LATEX FREE**

CAPACITY 10L



001 black

# NESSF142

NIKE GOGGLE CASE

- ▶ **100% SILICONE**
- ▶ **WATER-RESISTANT**  
flexible material
- ▶ **HYPOALLERGENIC**  
soft silicone helps keep lenses scratch-free
- ▶ **PERFORATIONS**  
enhance ventilation and drainage
- ▶ **SUPPORT PANELS**  
add structure and durability

SIZES OS



011 black / white



438 university blue



458 photo blue



# MEN'S & WOMEN'S PERFORMANCE

**MEN'S BRIEF**



**SQUARE LEG BRIEF**



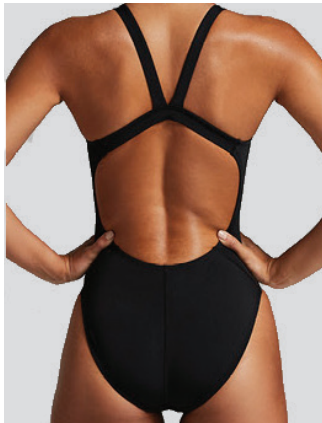
**SQUARE LEG**



**JAMMER**



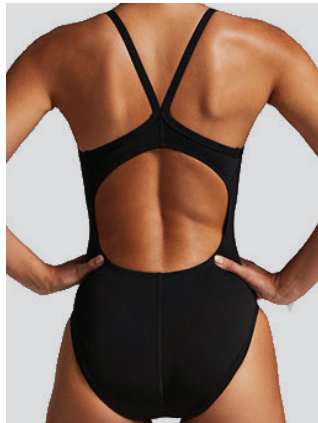
**FASTBACK**



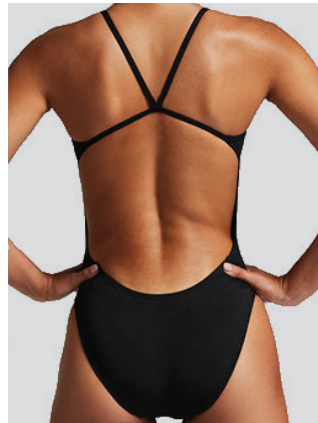
**LACE UP TIE BACK**



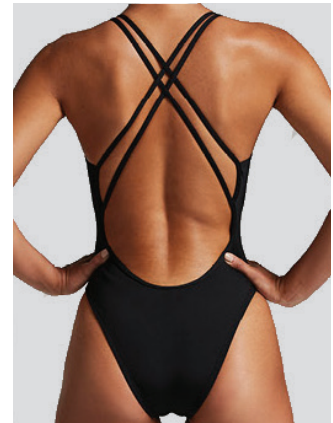
**RACERBACK**



**CUT-OUT**



**SPIDERBACK**



# NIKE SWIM FIT GUIDE

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurement.

MEN'S PERFORMANCE										
SIZE	24	26	28	30	32	34	36	38	40	
UK	24/60cm	26/65cm	28/70cm	30/75cm	32/80cm	34/85cm	36/90cm	38/95cm	40/100cm	
D	40	42	44	46	48	50	52	54	56	
FR	60cm	65cm	70cm	75cm	80cm	85cm	90cm	95cm	100cm	
IT	38	40	42	44	46	48	50	52	54	
AU			10	12	14	16	18	20	22	
(MEN ALPHA EQUIV)	(XS)	(S)	(S)	(M)	(M)	(L)	(XL)	(XL)	(XXL)	
INCHES										
WAIST	25 - 27	27 - 29	29 - 31	31 - 33	33 - 35	35 - 37	37 - 39	39 - 41	41 - 43	
HIPS	31 - 33	33 - 35	35 - 37	37 - 39	39 - 41	41 - 43	43 - 45	45 - 47	47 - 49	
CENTIMETERS										
WAIST	63.5 - 68.5	68.5 - 73.5	73.5 - 78.5	78.5 - 84	84 - 89	89 - 94	94 - 99	99 - 104	104 - 109	
HIPS	78.5 - 84	84 - 89	89 - 94	94 - 99	99 - 104	104 - 109	109 - 114.5	114.5 - 119.5	119.5 - 124.5	
WOMEN'S PERFORMANCE										
SIZE	24	26	28	30	32	34	36	38	40	42
US NUMERIC	WMS 00	WMS 0	WMS 2	WMS 4	WMS 6	WMS 8	WMS 10	WMS 12	WMS 14	WMS 16
UK	2	4	6	8	10	12	14	16	18	20
D	26	28	30	32	34	36	38	40	42	44
FR	30	32	34	36	38	40	42	44	46	48
IT	34	36	38	40	42	44	46	48	50	52
AU	2	4	6	8	10	12	14	16	18	20
INCHES										
BUST	28 <sup>1/2</sup> - 30 <sup>1/2</sup>	30 <sup>1/2</sup> - 32 <sup>1/2</sup>	32 <sup>1/2</sup> - 34 <sup>1/2</sup>	34 <sup>1/2</sup> - 36 <sup>1/2</sup>	36 <sup>1/2</sup> - 38 <sup>1/2</sup>	38 <sup>1/2</sup> - 40 <sup>1/2</sup>	40 <sup>1/2</sup> - 42 <sup>1/2</sup>	42 <sup>1/2</sup> - 44 <sup>1/2</sup>	44 <sup>1/2</sup> - 46 <sup>1/2</sup>	46 <sup>1/2</sup> - 48 <sup>1/2</sup>
WAIST	22 <sup>3/4</sup> - 24	24 - 25 <sup>1/2</sup>	25 <sup>1/2</sup> - 27	27 - 28 <sup>1/2</sup>	28 <sup>1/2</sup> - 30	30 - 31 <sup>1/2</sup>	31 <sup>1/2</sup> - 33	33 - 34 <sup>1/2</sup>	34 <sup>1/2</sup> - 36	36 - 37 <sup>1/2</sup>
HIPS	31 <sup>1/2</sup> - 33 <sup>1/4</sup>	33 <sup>1/4</sup> - 35	35 - 36 <sup>3/4</sup>	36 <sup>3/4</sup> - 38 <sup>1/2</sup>	38 <sup>1/2</sup> - 40	40 - 41 <sup>1/2</sup>	41 <sup>1/2</sup> - 43	43 - 44 <sup>1/2</sup>	44 <sup>1/2</sup> - 46	46 - 47 <sup>1/2</sup>
TORSO	55 <sup>1/4</sup> - 57	57 - 58 <sup>3/4</sup>	58 <sup>3/4</sup> - 60 <sup>1/2</sup>	60 <sup>1/2</sup> - 62 <sup>1/4</sup>	62 <sup>1/4</sup> - 64	64 - 65 <sup>3/4</sup>	65 <sup>3/4</sup> - 67 <sup>1/2</sup>	67 <sup>1/2</sup> - 69 <sup>1/4</sup>	69 <sup>1/4</sup> - 71	71 - 72 <sup>3/4</sup>
CENTIMETERS										
BUST	72.5 - 77.5	77.5 - 82.5	82.5 - 87.5	87.5 - 92.5	92.5 - 98	98 - 103	103 - 108	108 - 113	113 - 118	118 - 123
WAIST	58 - 61	61 - 65	65 - 68.5	68.5 - 72.5	72.5 - 76	76 - 80	80 - 84	84 - 87.5	87.5 - 91.5	91.5 - 95.5
HIPS	80 - 84.5	84.5 - 89	89 - 93.5	93.5 - 98	98 - 101.5	101.5 - 105.5	105.5 - 109	109 - 113	113 - 117	117 - 120.5
TORSO	140.5 - 145	145 - 149	149 - 153.5	153.5 - 158	158 - 162.5	162.5 - 167	167 - 171.5	171.5 - 176	176 - 180.5	180.5 - 185

# BOY'S & GIRL'S PERFORMANCE SWIMWEAR

## How to Measure Yourself

### CHEST

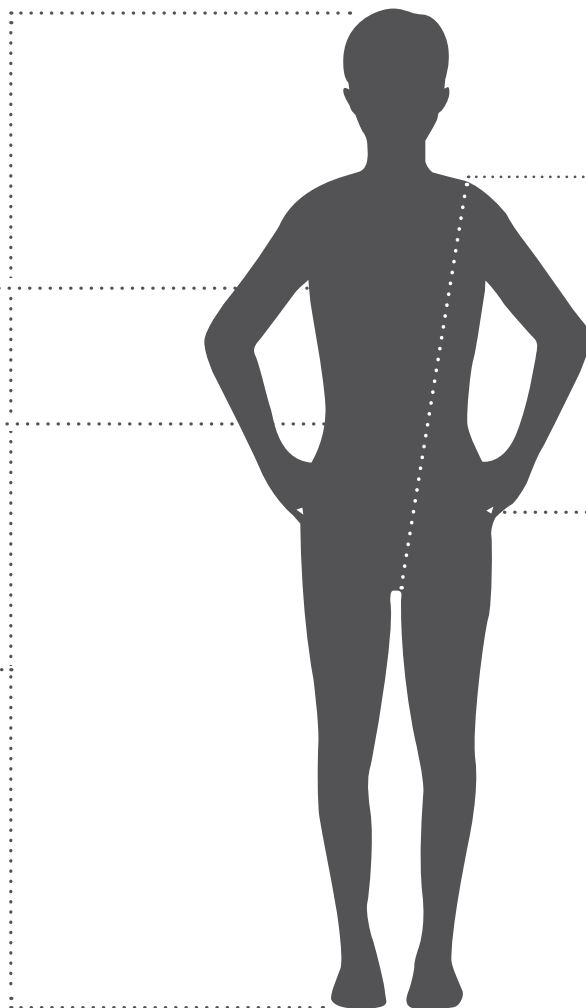
Measure around the fullest part of your chest, keeping the tape horizontal.

### WAIST

Measure around the narrowest part (typically the the small of your back and where your body bends side-to-side).

### HEIGHT

Without shoes, measure straight down from the crown of your head to the floor.



### TORSO (GIRLS)

Measure from the midpoint of your shoulder (between your neck base and shoulder joint) over the fullest part of your bust, through your legs and up your back to the starting point.

### HIPS

Measure around the fullest part of your hips.



# NIKE SWIM FIT GUIDE

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurement.

## BOY'S SPORT / BOY'S PERFORMANCE

SIZE	XS	S	M	L	XL
PERFORMANCE	22	22 - 24	24 - 26	26 - 28	28
US NUMERIC	7	8	10 - 12	14	16
AVERAGE AGE	6-7 YRS	8-9 YRS	10-11 YRS	12-13 YRS	14+ YRS
INCHES					
HEIGHT	47 - 51	51 - 55	55 - 59	59 - 63	63 - 67
CHEST	25 <sup>1/2</sup> - 26	26 - 27	27 - 29 <sup>1/2</sup>	29 <sup>1/2</sup> - 32	32 - 35
WAIST	23 <sup>1/2</sup> - 24	24 - 25 <sup>1/2</sup>	25 <sup>1/2</sup> - 27	27 - 28 <sup>1/2</sup>	28 <sup>1/2</sup> - 29 <sup>1/2</sup>
HIPS	27 - 28	28 - 29 <sup>1/2</sup>	29 <sup>1/2</sup> - 31 <sup>1/2</sup>	31 <sup>1/2</sup> - 33 <sup>1/2</sup>	33 <sup>1/2</sup> - 35
CENTIMETERS					
HEIGHT	120 - 130	130 - 140	140 - 150	150 - 160	160 - 170
CHEST	64.5 - 66	66 - 68.5	68.5 - 75	75 - 81.5	81.5 - 89
WAIST	59.5 - 61	61 - 65	65 - 68.5	68.5 - 72.5	72.5 - 75
HIPS	68.5 - 71	71 - 75	75 - 80	80 - 85	85 - 89

## GIRL'S SPORT / GIRL'S PERFORMANCE

SIZE	XXS / XS	S	M	L	XL	XXL
PERFORMANCE	22Y	24Y	26Y	28Y	30Y	32Y
US NUMERIC	6 - 7	8 - 9	10 - 12	14 - 16	18 - 20	22 - 24
AVERAGE AGE	5-6 YRS	7-8 YRS	9-10 YRS	11-12 YRS	13-14 YRS	15-16 YRS
INCHES						
HEIGHT	45 - 50	50 - 54	54 - 59	59 - 63	63 - 67	67 - 71
CHEST	24 - 26	26 - 28	28 - 30	30 - 32 <sup>1/2</sup>	32 <sup>1/2</sup> - 35	35 - 37.5
WAIST	23 - 24	24 - 25	25 - 26	26 - 27 <sup>1/2</sup>	27 <sup>1/2</sup> - 29	29 - 30 <sup>1/2</sup>
HIPS	25 - 27 <sup>1/2</sup>	27 <sup>1/2</sup> - 30 <sup>1/2</sup>	30 - 32 <sup>1/2</sup>	32 <sup>1/2</sup> - 35	35 - 37 <sup>1/2</sup>	37 <sup>1/2</sup> - 39
TORSO	42 - 45 <sup>1/2</sup>	45 <sup>1/2</sup> - 49	49 - 52 <sup>1/2</sup>	52 <sup>1/2</sup> - 56	56 - 59 <sup>1/2</sup>	59 <sup>1/2</sup> - 63
CENTIMETERS						
HEIGHT	114 - 126	126 - 138	138 - 150	150 - 160	160 - 170	170 - 180
CHEST	61 - 66	66 - 71	71 - 76	76 - 82.5	82.5 - 89	89 - 95
WAIST	58.5 - 61	61 - 63.5	63.5 - 66	66 - 70	70 - 73.5	73.5 - 77.5
HIPS	63.5 - 70	70 - 76	76 - 82.5	82.5 - 89	89 - 95	95 - 99
TORSO	106.5 - 115.5	115.5 - 124.5	124.5 - 133.5	133.5 - 142	142 - 151	151 - 160





 **SWIM**

NikeSwim.com

PERRY ELLIS INTERNATIONAL

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**NIKE PERFORMANCE 2025**