# **GUIDES**





## MEN'S INTENDED FIT GUIDE & SIZING CHARTS

#### LOOSE More robust cut and fit for

## non-restrictive breathability

#### STANDARD Designed to fit most body

types without being too tight or too loose

#### FITTED COMPRESSION A slender, more

Extra tight fit that promotes blood flow and sustained performance







fitted look that

still allows for mobility

without the added bulk











#### FIT TIPS -

- If you're on the borderline between two sizes, order the larger size for a looser fit or the smaller size for a tighter fit.
- If your chest and waist measurements suggest two different sizes, order tops based on your chest measurement.
- If your hip and waist measurements suggest two different sizes, order bottoms based on your hip measurement.

\*We highly recommend requesting samples so that sizing can be handled appropriately based on your garment selection.

#### TOPS

	XS	S	М	L	XL	2XL	3XL	4XL	5XL
CHEST	32.5-35"	35-37.5"	37.5-41"	41-44"	44-48.5"	48.5-53.5"	53.5-58"	58-63"	63-67.5"
WAIST	26-29"	29-32"	32-35"	35-38"	38-43"	43-47.5"	47.5-52.5"	52.5-57"	57-62"
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#### **BOTTOMS**

	XS	S	М	L	XL	2XL	3XL	4XL	5XL
WAIST	26-29"	29-32"	32-35"	35-38"	38-43"	43-47.5"	47.5-52.5"	52.5-57"	57-62"
HIP	32.5-35"	35-37.5"	37.5-41"	41-44"	44-47"	47-50.5"	50.5-53.5"	53.5-58.5"	58.5-63.5"

## WOMEN'S INTENDED FIT GUIDE & SIZING CHARTS

#### LOOSE

More robust cut and fit for non-restrictive breathability

**STANDARD** Designed to fit most body types without being too tight or too loose

#### FITTED A slender, more fitted look that still allows for mobility without the added bulk

### COMPRESSION

Extra tight fit that promotes blood flow and sustained performance

















#### FIT TIPS -

- If you're on the borderline between two sizes, order the larger size for a looser fit or the smaller size for a tighter fit.
- If your chest and waist measurements suggest two different sizes, order tops based on your chest measurement.
- If your hip and waist measurements suggest two different sizes, order bottoms based on your hip measurement.

\*We highly recommend requesting samples so that sizing can be handled appropriately based on your garment selection.

#### **TOPS**

	XS	S	М	L	XL	2XL	3XL	4XL	5XL
CHEST	29.5-32.5"	32.5-35.5"	35.5-38"	38-41"	41-44.5"	44.5-48.5"	48.5-52.5"	52.5-56.5"	56.5-60.5"
WAIST	23.5-26"	26-29"	29-31.5"	31.5-34.5"	34.5-38.5"	38.5-42.5"	42.5-46.5"	46.5-50.5"	50.5-54.5"

#### **BOTTOMS**

	XS	S	М	L	XL	2XL	3XL	4XL	5XL
WAIST	23.5-26"	26-29"	29-31.5"	31.5-34.5"	34.5-38.5"	38.5-42.5"	42.5-46.5"	46.5-50.5"	50.5-54.5"
HIP	33-35.5"	35.5-38.5"	38.5-41"	41-44"	44-47"	47-50"	50-54"	54-58"	58-62"

## **SUBLIMATION FABRICS**



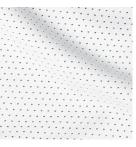
1-PLY STRETCH MESH

87% Polyester, 13% Elastane, 11.36 oz. Heavyweight fabric with high stretch in all directions Football reversible jersey, Basketball Reversible Uniforms



**BE MESH** 

90% Polyester, 10% Spandex, 7.9 oz. Midweight fabric with medium stretch in all directions Apparel, Baseball, Basketball, Fastpitch



**DUAL THREAT MESH** 

92% Polyester, 8% Elastane, 7.76 oz. Midweight fabric with high stretch in all directions Apparel



**SUBLIMATION FABRICS** 

**ETX POLY** 

100% Polyester, 8.11 oz. Midweight fabric with medium stretch in all directions Baseball, Fastpitch



**BRUSHBACK STRETCH FLEECE** 

78% Polyester, 22% Elastane, 7.67 oz. Midweight fabric with high stretch in all directions Apparel, eSports



**DIAMOND WOVEN** 

92% Polyester, 8% Elastane, 5.31 oz. Lightweight fabric with low stretch Apparel



HPR 1-PLY

100% Polyester, 7 oz. Midweight fabric with high stretch in one direction Apparel, eSports



LTE FIT

100% Polyester, 5.98 oz. Lightweight fabric with medium stretch in all directions Apparel, Baseball, Basketball, eSports, Fastpitch, Field Hockey, Lacrosse, Soccer, Tennis, Track & Field



## **SUBLIMATION FABRICS**



PRO STEPLINE MESH 88% Polyester, 12% Spandex, 11.8 oz. Heavyweight fabric with high stretch in all directions Football



PRODRY COMPRESSION
74% Polyester, 26% Spandex, 7.67 oz.
Midweight fabric with high stretch in
all directions
Apparel, Field Hockey, Tennis, Track
& Field, Volleyball, Wrestling



**STRETCH WOVEN HD**92% Polyester, 8% Spandex, 8.07 oz.
Midweight fabric with medium stretch in all directions
Baseball, Fastpitch, Football



**SUBLIMATION FABRICS** 

PERFORATED

92% Polyester, 8% Spandex, 8.07 oz.

Midweight fabric with medium stretch in all directions

Baseball, Fastpitch, Football



RD104
100% Polyester, 5.98 oz.
Lightweight fabric with high stretch in one direction
Apparel, Baseball, Basketball,
Fastaitch, Lacrosse



**STRETCH DAZZLE**91% Polyester, 9% Spandex, 8.85 oz.
Midweight fabric with medium stretch in all directions
Football



STRETCH WOVEN LT 90% Polyester, 10% Elastane, 6.43 oz. Lightweight fabric with medium stretch in all directions Apparel, Baseball, Fastpitch, Football, Track & Field, Soccer



PERFORATED

90% Polyester, 10% Elastane, 6.43 oz.
Lightweight fabric with medium stretch in all directions

Apparel, Baseball, Fastpitch, Football,
Track & Field, Soccer



## **SUBLIMATION FABRICS**

## **SUBLIMATION FABRICS**



#### VAPOR MESH

95% Polyester, 5% Spandex, Birdseye Mesh, 5.31 oz. Lightweight fabric with medium stretch in all directions Apparel, Baseball, Basketball, eSports, Fastpitch, Field Hockey, Lacrosse, Soccer, Tennis, Track & Field, Volleyball

## TWILL FABRICS

## **TWILL FABRICS**



**BASEBALL POLYESTER** 100% Textured Polyester, 8.04 oz. Midweight fabric with medium stretch in one direction Baseball, Fastpitch, Hockey



**BE MESH\***90% Polyester, 10% Elastane Birdseye,
Mesh, 7.9 oz.
Midweight fabric with medium stretch
in all directions
\*Sublimated Colors: SFN Basketball
\*Dyed Colors: Blitz Football



PRO FLEX 80% Polyester, 20% Lycra, 11.74 oz. Heavyweight fabric with high stretch in all directions Football



PRO FLEX 2.0
74% Polyester, 26% Spandex, 11.12 oz.
Heavyweight fabric with high stretch in all directions
Football



**BIONIC** 100% Polyester Heavyweight fabric with no stretch *Tackle Twill applications* 



LTX 100% Textured Polyester, 4.57 oz. Lightweight fabric with medium stretch in all directions Baseball, Basketball, Fastpitch, Lacrosse



PRO STEPLINE MESH 88% Polyester, 12% Spandex, 11.8 oz. Heavyweight fabric with high stretch in all directions Football



PRO STRETCH MESH 100% Polyester Mesh, 8.05 oz. Midweight fabric with medium stretch in one direction Baseball, Football, Fastpitch, Hockey, Mesh Twill

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## **TWILL FABRICS**



**SAFFRON**100% Textured Polyester, 3.53 oz.
Lightweight fabric with high stretch in all directions
Short Lining



**TEXTURED MICRO MESH** 100% Textured Polyester, 4.1 oz. Lightweight fabric with medium stretch in all directions Basketball, Baseball, Fastpitch



**BMP510**100% Polyester, 9.14 oz.
Midweight fabric with medium stretch in one direction *Baseball, Fastpitch* 



**QUICKTURN FABRICS** 

POWER MESH 84% Polyester, 16% EL, 5.01 oz Lightweight fabric with high stretch in all directions Volleyball



**TEXTURED PRO FIT**100% Textured Polyester, 6.05 oz.
Lightweight fabric with medium stretch in all directions
Baseball, Hockey



TEXTURED PRO MESH 100% Textured Polyester, 4.1 oz. Lightweight fabric with medium stretch in all directions Baseball, Basketball, Fastpitch, Hockey



PRODRY COMPRESSION
74% Polyester, 26% Spandex, 7.67 oz.
Midweight fabric with high stretch in all directions
Apparel, Field Hockey, Tennis, Track
& Field, Volleyball, Wrestling



XD200 100% Polyester, 4.42 oz Lightweight fabric with medium stretch in one direction Quickturn Baseball, Fastpitch, Basketball, Apparel



251

## SUBLIMATED COLOR GUIDE





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## DYED COLOR GUIDE

## MATERIALS CARE GUIDE



#### **CARE INSTRUCTIONS**

PROLOOK recommends the following washing, drying, and storage procedures to prolong the appearance and extend the life of your PROLOOK products.

#### BASIC GUIDELINES

DO NOT DRY CLEAN
WASH IN COLD WATER ONLY
WASH WHITES AND COLORS SEPARATELY
DO NOT USE CHLORINE BLEACH
DO NOT USE FABRIC SOFTENER
DO NOT LEAVE WET OR DAMP UNIFORMS IN A PILE
DRY WITHOUT USING HEAT, FOR BEST RESULTS HANG DRY

#### UPON RECEIVING

When receiving your PROLOOK apparel you should pull each item out of the packaging and store by hanging. This is important to assure that there is no residual wetness from manufacturing and avoid molding. Tackle-twill numbering and lettering will soften after one good wash and completely soften after a couple. This process can be expedited by soaking for 30 minutes in cold water before the first wash.

#### PRESOAKING

It is suggested that heavily soiled garments are soaked in cold water with a protein release agent for a maximum of 45 minutes. Proceed to wash immediately after presoaking.

#### WASHING

- 1. To prevent staining, wash immediately after each wearing.
- 2. If washing cannot take place immediately after wearing, the items should be rinsed and hung on rust proof hangers.
- Do not pile garments together for laundry or place them in a travel bag while they are wet or damp as color migration may occur.
- 4. Only wash with cold water.
- 5. Wash whites and colors separately.
- 6. Do not use chlorine bleach or fabric softener, only use a mild detergent (with a Ph under 10.0)
- 7. Minimize mechanical action of the washing machine by keeping the water level high

#### DRYING

Do not dry garments using any heat, for best results hang dry. If you must use a dryer, use an air dry or damp dry setting to prevent shrinking.

#### STORING

Apparel should be completely dry before storing. To prevent mildew and yellowing, apparel should be stored in a cool, dry area protected from sunlight and fluorescent light.

#### Violation of any of the above nullifies warranty





MACHINE WASH COLD DO NOT BLEACH MACHINE DRY, LOW HEAT IRON, LOW