

DEALERS GUIDE



COUNT ON POWER SYSTEMS

For over 35 years, our customers have counted on Power Systems for quality fitness equipment, storage and facility design services.



ALL YOUR EQUIPMENT ESSENTIALS IN ONE PLACE

Our thoughtfully curated catalog is made of commercial grade products that are designed to thrive in high volume use. We're constantly reviewing our product selection to make sure you get the equipment you need while delivering on quality and performance.

CONTACT US: dealers@power-systems.com
800.321.6975 x1008
powersystems.com

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FUNCTIONAL

VERSATILE EQUIPMENT THAT MOTIVATES

Gyms, studios, rec centers, and schools depend on us for equipment to create inspiring and interactive functional training spaces. We offer a wide variety of quality training tools to fully equip any high-traffic, dynamic workout zone.

FUNCTIONAL TRAINING FAVORITES

MEDICINE BALLS
KETTLEBELLS
PLYO BOXES
WEIGHTED BAGS
TRAINING ROPES
RECOVERY
RESISTANCE BANDS
SUSPENSION TRAINING
CONDITIONING EQUIPMENT

POWER SYSTEMS® DECK

- Adjustable platform features a 3 position seated angle support
- Two variable heights 8" or 14", also adjusts to an incline or decline bench
- Notches to anchor resistance tubes and small storage compartment for tubes and bands

70085



3 position angled support



8" height position



14" height position



CARDIO BARBELL SPRING COLLAR



HEX 30 MM LOCK-JAW® COLLARS

PROELITE PUMP SET - GRAY

- Color update on a customer favorite, weight plates now display as neutral black/gray to complement any training space.
- Black, powder coated barbell provides a comfort, textured grip - 30 mm. diameter
- Urethane plates feature a stainless steel inner ring for durability and smooth transition on and off the bar

55901	Pro Elite Pump Plate	2.5 Lbs
55902	Pro Elite Pump Plate	5 Lbs
55903	Pro Elite Pump Plate	10 Lbs
55910	Pro Elite Pump Plate	20 Lbs
55904	Pro Elite Pump Bar	
55899	Pro Elite Pump Set w/spring collars	
55970	Pro Elite Pump Set w/Lock-Jaw Collars	



STRENGTH BANDS

- Adds variable resistance to strength training lifts
- Used to offset bodyweight for pull ups or tricep dips

68162	Extra Light	2 - 6 Lbs	Orange
68163	Light	5 - 25 Lbs	Red
68164	Medium	10 - 35 Lbs	Black
68165	Heavy	30 - 50 Lbs	Purple
68166	Extra Heavy	65 - 85 Lbs	Green
68167	Ultra Heavy	80 - 100 Lbs	Blue
68168	Super Heavy	120 - 200 Lbs	Black



VERSA-TUBE® PLUS

- Ideal for personal training, fitness classes, or home gym use
- Easy-to-clean, PVC handle
- 48" L, available in six levels of resistance

86910	Extra Light	4 - 15 Lbs	Orange
86911	Light	7 - 27 Lbs	Green
86912	Medium	9 - 34 Lbs	Red
86913	Heavy	12 - 45 Lbs	Blue
86914	Extra Heavy	18 - 71 Lbs	Purple
86915	Ultra Heavy	27 - 85 Lbs	Gray



PREMIUM CLUB MAT

- Closed-cell foam structure will not absorb sweat or cleaning solutions
- Moisture and odor resistant
- 56" L x 23" W x 5/7" thick - Jet Black

83499



Looking for plates?
See page 19

GRANITE SERIES SLED

- Heavy-duty 6 gauge steel with outdoor-rated matte black powder coating
- 45 Lbs unloaded with 2 - 3 ft. tall removable push poles
- 2" dia. center posts holds up to 330 Lbs of plates
- 41" L x 22" W - 4" wide skids
- 45 Lbs sled with 2 - 3 ft. removable push poles

27832



POWER TRAINING ROPE

- 1.5" or 2" diameter
- 3 lengths, 30', 40' and 50'
- Rubber ends for easy gripping

13642	30' L x 1 1/2" diam.	13652	30' L x 2" diam.
13644	40' L x 1 1/2" diam.	13654	40' L x 2" diam.
13646	50' L x 1 1/2" diam.	13656	50' L x 2" diam.



ROPE HANGER

- Holds up to 50' of rope
- 14" D x 10 1/2" H x 2 1/2" W
- Hardware not included

13688



ROPE ANCHOR

- Keep ropes out of weight room floor
- 10" H x 2.5" W x 4.5" D
- Hardware not included

13690



BATTLE ROPE ANCHOR STATION

- Center post holds Olympic plates
- 24" L x 24" W x 11 1/2" H
- Gray powder coated metal

13692



3-IN-1 FOAM PLYO BOX

- Sturdy, durable foam with non-slip vinyl cover
- Heights clearly marked
- Foam minimized injury risk

20790 16" x 20" x 24" 20795 20" x 24" x 30"



Updated, tighter vinyl cover for improved quality and durability.



POWER SYSTEMS® ANTI-SLIP 3 IN 1 PLYO BOX

- Sturdy 3/4" Plywood with textured PVC coating
- Heights clearly marked
- Handles for portability

27900 16" x 20" x 24" 27901 20" x 24" x 30"

FOAM PLYO BOX

- 5 heights: 3", 6", 12", 18" 24"
- Landing surface 35 1/2" x 30"
- Velcro straps on all 4 sides

20778 3"
 20780 6"
 20782 12"
 20784 18"
 20786 24"
 20775 Set of 4 (6", 12", 18", 24")
 20805 Set of 5 (3", 6", 12", 18", 24")



POWER PLYO BOX

- Rubber bottom to protect floor and prevent movement
- Reinforced plywood top with rubber mat
- 6 individual sizes or sets

20820 12" 20828 36"
 20822 18" 20830 42"
 20824 24" 20555 Starter Set
 20826 30" 20556 Advanced Set



PREMIUM PLYO BOX

- Rubber bottom to protect floor and prevent movement
- Reinforced plywood top with rubber mat
- 4 individual sizes or set

20602 12" 20608 30"
 20604 18" 20610 Set of 4
 20606 24"



2-IN-1 FLIP AND PLYO

- 2 weights
- Landing surface is approx 46" diam
- Portable, durable tire alternative

20751 100 Lbs 20752 150 Lbs

NEW



ELITE JUMP ROPE

- Premium vinyl rope with matte finish
 - Ball bearings for maximum rotation
 - Molded plastic handles with grip locations feature rope length clearly marked on each end
- | | | |
|-------|-------|-------|
| 35050 | 8' L | Green |
| 35051 | 9' L | Black |
| 35052 | 10' L | Gray |

JUMP ROPE LENGTH RECOMMENDATIONS:

- 7' - user height 4' to 4'8"
- 8' - user height 4'9" to 5'5"
- 9' - user height 5'6" to 6"
- 10' - user height 6'1" to 6'6"



SPEED ROPE

- Handles color-coded by length
 - Molded PVC handles
 - 4 lengths
- | | | |
|-------|-------|-------|
| 35097 | 7' L | Green |
| 35098 | 8' L | Red |
| 35099 | 9' L | Blue |
| 35100 | 10' L | Black |



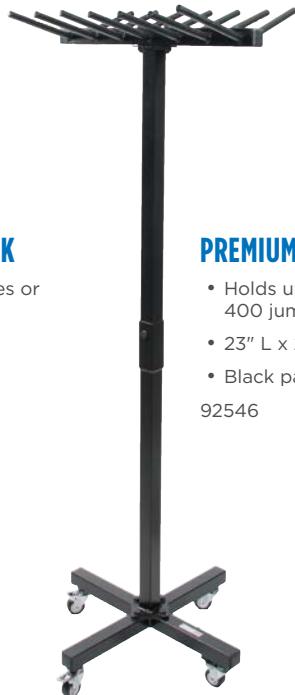
PRO-VINYL JUMP ROPE

- Vinyl ropes color-coded by length
 - Molded PVC handles with radial ball bearings
 - 3 lengths
- | | | |
|-------|-------|-------|
| 35058 | 8' L | Red |
| 35059 | 9' L | Blue |
| 35060 | 10' L | Black |



ELITE STANDING RACK

- Holds up to 100 tubes or 400 jump ropes
 - 28" W x 74" H
 - Gray painted steel
- 92592



PREMIUM STANDING RACK

- Holds up to 100 tubes or 400 jump ropes
 - 23" L x 23" W x 73" H
 - Black painted steel
- 92546



WALL-MOUNTED RACK

- Neatly store and display tubing on four 6" posts
 - Mounting hardware not included
 - Rack is 26" wide
- 68160



SECURE WALL-MOUNTED RACK

- Removeable solid steel locking bar slides through the four storage arms
 - Mounting hardware and lock not included
 - Rack is 26" W with four 13" long storage arms
- 68155



Updated Design to reduce and even eliminate sand leakage

VERSAFIT® SANDLOG

- Foam lined with sand-filled balls to reduce shifting or leaks
- Durable contoured PVC handles
- Sturdy canvas bag with reinforced stitching

13490	10 Lbs	13493	40 Lbs
13491	20 Lbs	13494	50 Lbs
13492	30 Lbs		



PERFORMANCE STORAGE TREE

- 2mm thick steel tubing cradles
- Distance from cradle to cradle - 13.35" from top to 2nd, 13.5" for the others
- 33.5" x 20" x 58"

71730



SANDBELL®

- 5 weights - from 8 - 20 Lbs
- Filled with composite
- Strong, durable neoprene shell

13388	8 Lbs	13397	15 Lbs
13393	10 Lbs	13399	20 Lbs
13395	12 Lbs		



FLARED END - INCREASED STABILITY AND BETTER GRIP

TEXTURED SURFACE - MAINTAIN A BETTER HOLD DURING A DYNAMIC MOVEMENT

VIPR™ PRO

- 7 weights - from 4 - 20 kgs
- Size varies by weight
- Upgraded material is stronger and resists fading

13850	4 KG	13854	12 KG
13851	6 KG	13855	16 KG
13852	8 KG	13856	20 KG
13853	10 KG		



NEW DESIGN

CORE ROLLER - GRAY

- Strong, sure-grip plastic wheel
- Textured ergonomic handles
- Lightweight and portable, great for travel

92446



POWER WHEEL

- Doubles core training potential with hand grips and foot pedals
- Includes training DVD
- 14" diameter wheel, 6 Lbs

67175



ABMAT

- Adds comfort and support to sit-ups, crunches, leg lifts and more
- One size fits all
- 15"L x 12" W x 2.5" H

67188



ELITE POWER MEDICINE BALL PRIME

- Durable, hollow, synthetic rubber
- 11" diameter
- Textured surface for easy grip

25561	4 Lbs	Lime	25566	15 Lbs	Black
25562	6 Lbs	Red	25567	18 Lbs	Orange
25563	8 Lbs	Light Blue	25568	20 Lbs	Lime
25564	10 Lbs	Purple	25569	25 Lbs	Red
25565	12 Lbs	Grey	25570	30 Lbs	Light Blue



MEGA SLAM BALL PRIME

- Uniform 10" diameter, regardless of weight
- Durable, textured surface
- Won't roll or bounce when slammed

25520	10 Lbs	25526	40 Lbs
25521	15 Lbs	25527	45 Lbs
25522	20 Lbs	25528	50 Lbs
25523	25 Lbs	71325	60 Lbs
25524	30 Lbs	71326	70 Lbs
25525	35 Lbs		



MED BALL TREE

- Holds up to 5 balls
- 14" L x 11" W x 52" H
- Black

27150 Rack only
25553 Kit w/ 5 Elite Med Balls (6 - 15 Lbs)

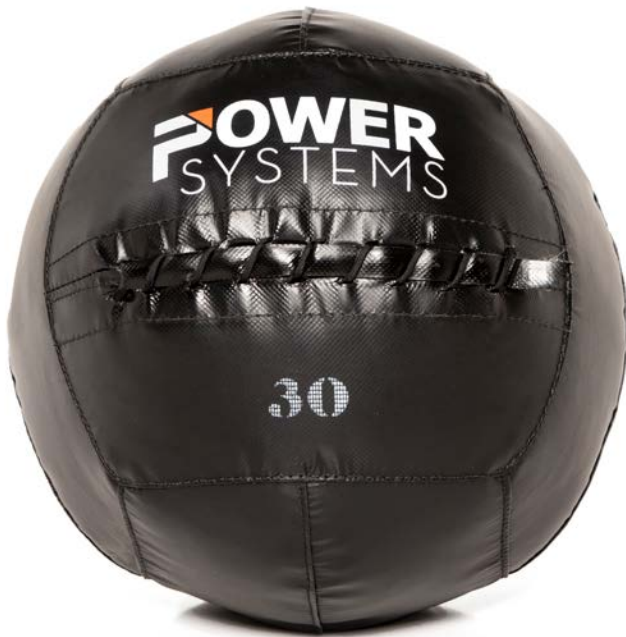
DOUBLE MED BALL TREE

- Holds up to 10 balls
- 23" L x 11" W x 52" H
- Black

27180 Rack only
25555 Kit w/ 10 Elite Med Balls (2 ea. 6 - 15 Lbs)

PREMIUM MED BALL TREE

- Holds up to 20 balls
- 25" L x 25" W x 56" H
- Black
- 27155 Rack only



POWER SYSTEMS® WALL BALL

- 10 weights - from 6 - 30 Lbs
- Consistent 14" diameter
- Internally reinforced with durable vinyl shell

71406	6 Lbs	71414	14 Lbs	71425	25 Lbs
71408	8 Lbs	71416	16 Lbs	71430	30 Lbs
71410	10 Lbs	71418	18 Lbs		
71412	12 Lbs	71420	20 Lbs		



PERFORMANCE STORAGE TREE

- 2mm thick steel tubing cradles
- Distance from cradle to cradle - 13.35" from top to 2nd, 13.5" for the others
- 33.5" x 20" x 58"

71730	Rack only
71400	Kit w/ 8 PS Wall Balls (6 - 20 Lbs)

CUSTOMIZATION AVAILABLE

Add a custom logo or color combinations on orders of 10 or more for the Dynamax® Medicine Ball line.



DYNAMAX® MEDICINE BALL

- Consistent 14" diameter
- Moisture resistant
- Made in the USA from 70% post-consumer recycled materials

24004	4 Lbs	24012	12 Lbs	24020	20 Lbs
24006	6 Lbs	24014	14 Lbs	24021	25 Lbs
24008	8 Lbs	24016	16 Lbs	24023	30 Lbs
24010	10 Lbs	24018	18 Lbs		



DYNAMAX® MINI

- Consistent 10" diameter
- Perfect for youth training
- Great for single-arm work or sport specific drills

17000	2 Lbs	17003	5 Lbs	17006	10 Lbs
17001	3 Lbs	17004	6 Lbs	17007	12 Lbs
17002	4 Lbs	17005	8 Lbs	17008	14 Lbs



DYNAMAX® ELITE

- Developed with NFL offensive line coaches
- Military grade materials and reinforced construction
- Triple stitched seams - 14" diameter

17024	4 Lbs	17028	12 Lbs	17032	20 Lbs
17025	6 Lbs	17029	14 Lbs	17033	25 Lbs
17026	8 Lbs	17030	16 Lbs	17034	30 Lbs
17027	10 Lbs	17031	18 Lbs		



DYNAMAX® ATLAS

- Consistent 22" diameter
- Perfect for big power movements
- Not meant for quick, repetitive motions

17020	50 Lbs	17022	100 Lbs
17021	75 Lbs	17023	150 Lbs



NEW

DYNAMAX® SLOG

- Dimensions: 31" x 11" diameter
- Perfect for balance and foot work drills
- Easy to clean contoured design for optimal comfort

17170	50 Lbs	17174	90 Lbs
17171	60 Lbs	17175	100 Lbs
17172	70 Lbs	17176	125 Lbs
17173	80 Lbs	17177	150 Lbs

TRX® COMMERCIAL SUSPENSION TRAINER

- Industrial-grade reinforcement at high-wear points
- Multiple anchor points
- Holds up to 1,000 Lbs

68227 TRX Commercial Trainer
 68189 TRX Extender
 68186 TRX Door Anchor



More TRX products available by request



TRX® X MOUNT

- Mounts to any wall, stud or beam
- 4.5" diam
- Rugged steel

68190

NEW

TRX® PRO4 SYSTEM DIGI CAMO SUSPENSION TRAINER

- Adjustable straps for all moves and heights
- Durable rubber handles for high-volume training
- Perfect for strength, cardio, and mobility

68244



NEW



TRX® AB GLIDERS

- 7" diameter
- High-density foam maintains its shape
- Textured, tacky top for superior grip and control

93971 Soft Backing for hard floors
 93972 Hard Backing for carpet



TRX® S-FRAME

- Multiple size configurations available
- Commercial grade steel
- Indoor/outdoor

68321 5 ft. - Elevated 68327 5 ft. - Standard
 68323 15 ft. - Elevated 68329 15 ft. - Standard



TRX® MULTIMOUNT

- Multiple size configurations available
- Commercial grade steel
- Includes monkey bars

68341 7' 68342 14' 68343 21'

**NEW
DESIGN**



URETHANE CARDIO DUMBBELL - GRAY

- Durable urethane dumbbells with unique beveled design
- Knurled handle is the same size for all weights
- Sold in pairs

57270	3 Lbs	57275	15 Lbs
57271	5 Lbs	57276	17.5 Lbs
57272	8 Lbs	57277	20 Lbs
57273	10 Lbs	57278	25 Lbs
57274	12 Lbs		

- ◆ Fit up to 60 pairs on our **Denali Vertical Dumbbell Rack!**



RECOMMENDED STORAGE SOLUTIONS



**FIVE PAIR A-FRAME
DUMBBELL RACK**

40370



**FOUR PAIR WALL MOUNTED
DUMBBELL RACK**

71735



**GRANITE SERIES HORIZONTAL
DUMBBELL RACK**

27835



**STUDIO
DUMBBELL RACK**

61770



DENALI VERTICAL DUMBBELL RACK

- 64" L x 66.5" H x 30" W
- Up to 60 pairs of Urethane Cardio Dumbbells
- Durable, rounded edge design and flat black finish

49081

- ◆ For more dumbbell racks visit: powersystems.com/storage



STRENGTH

STAND OUT FROM THE CROWD

The weight room is busier than ever. Power Systems has you covered with a portfolio of top-quality commercial-grade equipment for any weight training program. From strength racks and benches to barbells and free weights, we carry everything to create a sleek strength room that makes a statement.

STRENGTH ROOM STAPLES

- STRENGTH RACKS
- FREE WEIGHT BENCHES
- BARBELLS
- WEIGHT PLATES
- DUMBBELLS
- KETTLEBELLS
- CABLE ATTACHMENTS
- STRENGTH ACCESSORIES



HEX RUBBER DUMBBELL

- 24 weights - from 3 - 100 Lbs
- Head design prevents them from rolling away
- Solid steel knurled ergonomic handle
- Sold in pairs

53500	3 Lbs	53508	30 Lbs	53517	75 Lbs
53501	5 Lbs	53509	35 Lbs	53518	80 Lbs
53502	8 Lbs	53510	40 Lbs	53519	85 Lbs
53503	10 Lbs	53511	45 Lbs	53520	90 Lbs
53504	12 Lbs	53512	50 Lbs	53521	95 Lbs
53505	15 Lbs	53513	55 Lbs	53522	100 Lbs
53527	17.5 Lbs	53514	60 Lbs	53430	5-50 Lbs Set
53506	20 Lbs	53515	65 Lbs	53435	55-100 Lbs Set
53507	25 Lbs	53516	70 Lbs		



PROSTYLE ROUND RUBBER DUMBBELL

- 20 weights available 5 - 100 Lbs
- Rubber heads with customizable end caps
- Steel, chrome plated handle with knurling
- Sold in pairs

89400	5 Lbs	89408	45 Lbs	89416	85 Lbs
89401	10 Lbs	89409	50 Lbs	89417	90 Lbs
89402	15 Lbs	89410	55 Lbs	89418	95 Lbs
89403	20 Lbs	89411	60 Lbs	89419	100 Lbs
89404	25 Lbs	89412	65 Lbs	89335	5-50 Lbs Set
89405	30 Lbs	89413	70 Lbs	89340	55-100 Lbs Set
89406	35 Lbs	89414	75 Lbs		
89407	40 Lbs	89415	80 Lbs		



GRANITE SERIES HORIZONTAL DUMBBELL RACK

- Holds 10 to 20 pairs of standard dumbbells
- 3 x 3 11-gauge steel
- 60" W x 40" H x 25" D

27835



DENALI SERIES PROSTYLE DUMBBELL RACK

- 97" L x 46" H x 26.5" W
- 3 slanted tiers, each with 10 saddles on the back

49090	Rack Only
89345	w/ ProStyle Round Dumbbell Set (5 - 75 Lbs)



NEW

POWERBLOCK COMMERCIAL PRO 32

- 12" in Length at 32 Lbs (12" x 5.75" x 5.5")
- Replaces up to 8 pairs of traditional dumbbells (4 - 32 Lbs) in 4 lb increments
- Grip is TPR, 1.25" grip diameter, and 4.88" long

55590



NEW

POWERBLOCK COMMERCIAL PRO 50 WITH POWERSTAND

- 12.5" in Length at 50 Lbs (12.5" x 7" x 7.25")
- Replaces up to 10 pairs of traditional dumbbells (5 - 50 Lbs) in 5 lb increments
- Grip is hard chromed knurled steel, 1.3" grip diameter, and 4.88" long

55591



NEW

POWERBLOCK COMMERCIAL PRO 90 WITH POWERSTAND

- 17" in Length at 90 Lbs (17" x 7" x 7.25")
- Replaces up to 22 pairs of traditional dumbbells (5 - 90 Lbs) in 5 lb increments
- Grip is hard chromed knurled steel, 1.3" grip diameter, and 4.88" long

55592



NEW

POWERBLOCK COMMERCIAL PRO 125 WITH POWERSTAND

- 17" in Length at 125 Lbs (17" x 8.5" x 9")
- Replaces up to 16 pairs of traditional dumbbells (12.5- 125 Lbs) in 7.5 and 10 lb increments
- Expandable up to 175 Lbs
- Grip is TPR, 1.49" grip diameter, and 4.88" long

55593

NEW

Easy to clean, nickel-plated handle

Virgin rubber coating protects surfaces

ELITE KETTLEBELL

- Premium rubber coating
- Brushed nickel-plated handle
- Weight molded on top and sides

22899	5 Lbs	22904	25 Lbs	22909	50 Lbs
22900	10 Lbs	22905	30 Lbs	22910	60 Lbs
22901	15 Lbs	22906	35 Lbs	22911	70 Lbs
22902	17.5 Lbs	22907	40 Lbs		
22903	20 Lbs	22908	45 Lbs		



Molded weights displayed on both tops and sides

KETTLEBELL PRIME

- 15 weights
- Matte colored band on handle to differentiate weights
- Solid cast iron construction

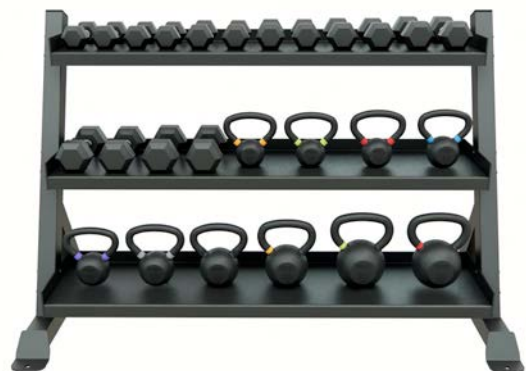
22802	10 Lbs	Orange	22812	50 Lbs	Gray
22804	15 Lbs	Purple	22813	55 Lbs	Black
22806	20 Lbs	Black	22814	60 Lbs	Orange
22807	25 Lbs	Orange	22815	70 Lbs	Lime
22808	30 Lbs	Lime	22816	80 Lbs	Red
22809	35 Lbs	Red	22817	90 Lbs	Light Blue
22810	40 Lbs	Light Blue	22818	100 Lbs	Purple
22811	45 Lbs	Purple			



PROELITE COMPETITION KETTLEBELL

- Uniform size of 5.5" W x 11.1" H x 33 mm. handle
- Sleek, matte black with colored band for easy weight identification
- Four contoured areas for comfort and stability during exercises

50570	8 kg	Pink	50576	20 kg	Purple
50571	10 kg	Pink	50577	22 kg	Black
50572	12 kg	Lt Blue	50578	24 kg	Green
50573	14 kg	Lt Blue	50580	28 kg	Orange
50574	16 kg	Yellow	50581	32 kg	Red
50575	18 kg	Lime	50582	36 kg	Med Gray



GRANITE SERIES MULTIPURPOSE RACK - THREE TIER

- 3 x 3 11-gauge steel
- 60" W x 40" H x 25" D
- Three tiers of flat shelves hold dumbbells, sand discs, or any other smaller fitness equipment

27836



GRANITE SERIES HALF SQUAT RACK

- Westside Hole Spacing
- 3 x 3 10-gauge steel
- 49" W x 48" D x 92" H

27847



PERFORMANCE QUARTER RACK W/ SAFETY ARMS

- Length: 1184mm (47"), Width: 1247mm (49")
- Height: 2217mm (87"), Weight: 55kg (121 Lbs)
- Max Load: 450kg (992 Lbs)
- Free standing

86970



Unfolded



Folded

PERFORMANCE FOLDING RACK W/ SAFETY ARMS

- Length: Folded out: 759mm (30") Folded in: 120mm (5")
- Width: 1290mm (51"), Height: 2140mm (84")
- Weight: 61kg (134 Lbs)
- Max Load: 450kg (992 Lbs)

86971



ECONOMY BENCH

- Steel frame with padded seat and wheels for easy movement
- Overall dimensions: 43"L x 23" W x 18" H
- Pad dimensions: 43" L x 11" W 2" thick

50528



PERFORMANCE FID BENCH

- Synthetic leather with foam padding
- Overall dimensions: 54"L x 21" D x 20" H
- 10 degrees to 80 degrees seat adjustment

71681



URETHANE PLATE

- Unique beveled edge for easy gripping
- Fits Olympic bars
- 6 weights

55883	2.5 Lbs	55886	25 Lbs
55884	5 Lbs	55887	35 Lbs
55885	10 Lbs	55888	45 Lbs



CHANGE PLATES/TRAINING PLATES BLACK

- Rubber bumper plate surrounds a chrome finished steel core
- Wide inner disc evenly distributes force across the plate when dropped
- Weight range 2.5 Lbs - 55 Lbs

CHANGE PLATES		TRAINING PLATES	
58820	2.5 Lbs	58826	25 Lbs
58822	5 Lbs	58828	35 Lbs
58824	10 Lbs	58830	45 Lbs
		58832	55 Lbs



CHANGE PLATES/TRAINING PLATES OLYMPIC COLORS

- Rubber bumper plate surrounds a chrome finished steel core
- Wide inner disc evenly distributes force across the plate when dropped
- Weight range 2.5 Lbs - 55 Lbs

58800	2.5 Lbs	Yellow	58808	35 Lbs	Yellow
58802	5 Lbs	Blue	58810	45 Lbs	Blue
58804	10 Lbs	Red	58812	55 Lbs	Red
58806	25 Lbs	Green			



PERFORMANCE PLATE STORAGE RACK

- Powder Coated Surface Finish
 - 28.3" L x 51.7"H, 26.7" Depth
 - Free Standing
 - Holds 18 plates
- 71682



OLYMPIC PLATE RACK

- 28" L x 15" W x 36 1/2" H
 - 7 posts: 8" L or 5 1/4" LR
- 40440

VERTICAL BUMPER PLATE STORAGE RACK

- Chrome center storage pole resists scratches and scuff marks - 32" tall
- Storage weight capacity 800 Lbs
- 24" W x 38" H

55985



HORIZONTAL BUMPER PLATE STORAGE

- 16 slots for plates
- 36" L x 16" W x 14"H
- Wheels and handle for easy mobility

62085



PROSTYLE FIXED BARBELL STRAIGHT HANDLE

- 10 weights available - 20 -110 Lbs
- Rubber heads with customizable end caps
- Steel, chrome plated straight handle with knurling

89100	20 Lbs	89112	80 Lbs
89102	30 Lbs	89114	90 Lbs
89104	40 Lbs	89116	100 Lbs
89106	50 Lbs	89118	110 Lbs
89108	60 Lbs	89320	20 - 110 Lbs Set
89110	70 Lbs		



◆ EZ Curl Offers a variety of ergonomic grip positions.

PROSTYLE FIXED BARBELL EZ CURL HANDLE

- 10 weights available - 20 -110 Lbs
- Rubber heads with customizable end caps
- Steel, chrome plated EZ Curl handle with knurling

89157	20 Lbs	89169	80 Lbs
89159	30 Lbs	89171	90 Lbs
89161	40 Lbs	89173	100 Lbs
89163	50 Lbs	89175	110 Lbs
89165	60 Lbs	89330	20 - 110 Lbs Set
89167	70 Lbs		

DENALI SERIES FIXED BARBELL RACK

- 39" L x 51" H x 33.5" W
- 20 slanted PVC posts securely hold 10 bars without damaging them
- Part of the Power Systems exclusive Denali Series

49085 Rack Only
 89315 w/ Straight Handle Fixed Barbell Set 20-110 Lbs Set
 89325 w/ Curved Handle Fixed Barbell Set 20-110 lb Lbs Set

20 KG OLYMPIC BAR

- 8 rolling pin bearings
 - 1500 Lbs capacity
 - 86" long, 28 mm diam
- 62270 Black Band



15 KG OLYMPIC BAR

- 6 rolling pin bearings
 - 700 Lbs capacity
 - 79" long, 25 mm diam
- 62275 Gray Band



SQUAT BAR

- Bushing bearings
 - 1500 Lbs capacity
 - 96.5" long, 30 mm diam
- 62290 Light Gray Band



20 KG HYBRID BAR

- Bushing bearings
 - 1500 Lbs capacity
 - 86" long, 28 mm diam
- 62280 Orange Band



15 KG HYBRID BAR

- Bushing bearings
 - 700 Lbs capacity
 - 79" long, 25 mm diam
- 62285 White Band



JUNIOR BAR

- Bushing bearings
 - 700 Lbs capacity
 - 67" long, 25 mm diam
- 62295 Black Band





**BEST
SELLER**

HEX BAR

- 2 handle options
 - 56 1/4 x 23" W x 21" L (inside). Sleeve 9".
 - Shifts impact from glutes/hamstrings to quads
- 61858



**ACFT
APPROVED**

DIAMOND PRO HEX BARBELL

- 60 Lbs bar
 - 89.5" L. Sleeve: 16.5"
 - Black powder-coat finish
- 51898



CAMBERED SQUAT BAR

- 700 lb capacity
 - 81" L. Inside bar: 54" L. Sleeve: 11 1/8"
 - Padded shoulder harness with handgrips
- 50050



MULTI GRIP BAR

- Ergonomic hand placement to reduce stress during presses
 - 84" L. Sleeve: 15 1/4".
 - Fixed sleeves
- 50080



OLYMPIC BAR HOLDER

- Holds up to 6 bars
 - 22" L x 18" W x 9" H
 - Bar sleeves 8 1/2" H - with PVC insert
- 40420

PRO OLYMPIC TRICEP BAR

- Fits Olympic plates
 - 33" L X Sleeve: 7"
 - Textured rubber grips
- 61845



PRO OLYMPIC CURL BAR

- Fits Olympic plates
 - 50" L X Sleeve: 7.5"
 - Textured plastic grips
- 61838



SHORT OLYMPIC BAR

- 275 lb capacity
 - 60" L x Sleeve: 9.5"
 - Ideal for facilities short on space
- 61830



SUPER DEADLIFT BAR

- 68" L x Sleeve: 10", Inside Width: 25"
 - Two handle, open design fits any size athlete
 - Fits Olympic plates
- 61855

NEW



HARDWARE NOT INCLUDED

HORIZONTAL WALL BAR HOLDER

- Holds up to 3 bars
 - Each piece: 20.3" H x 8.1" D x 1.7" W
- 83040

NEW

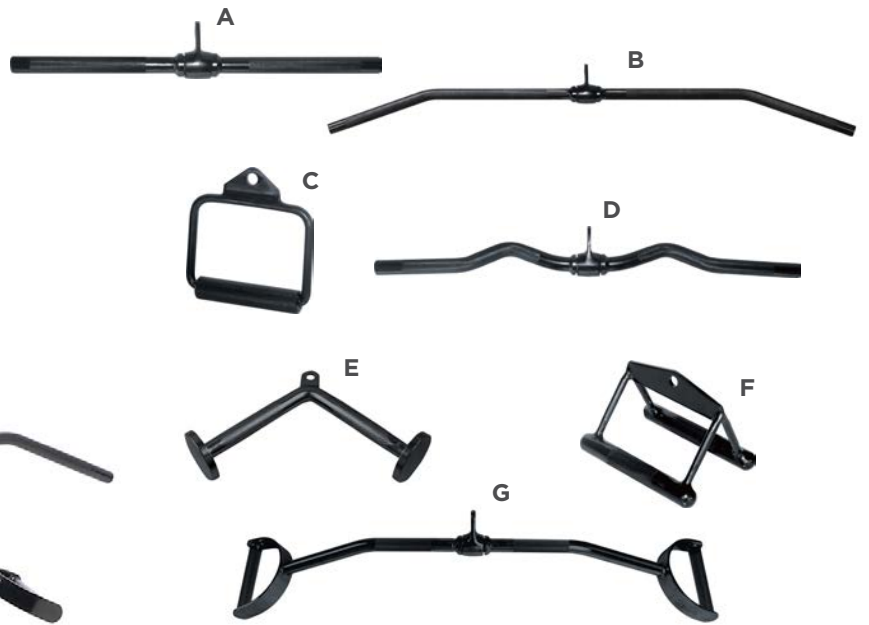


HARDWARE NOT INCLUDED



VERTICAL WALL BAR HOLDER

- Holds up to 3 bars
 - 12" L x 4.5" W x 2.5" H
- 83038



CABLE ATTACHMENT BAR AND ACCESSORY RACK

- Room for 11 cable attachments plus other accessories
 - 22" L x 24" W x 49.5" H
 - Matte gray finish
- 61947 Rack only

BLACK CHROME CABLE ATTACHMENTS

- Diamond patterned knurling for better grip
- Fits most cable machines
- 7 options

A.	61936	20" Black Chrome Cable Straight Bar
B.	61937	48" Black Chrome Cable Lat Bar
C.	61942	Black Chrome Cable Stirrup Handle
D.	61939	28" Black Chrome Cable Curl Bar
E.	61941	Black Chrome Cable Tricep Pushdown Handle
F.	61940	Black Chrome Cable Row Handle
G.	61945	Black Chrome 36" Cable Pro Style Lat Bar



PRO TRICEP ROPE

- Strong, black nylon rope
 - 28" L x 1 1/4" diam
 - Fits most cable machines
- 50740



SINGLE TRICEP ROPE

- Strong, black nylon rope
 - 15" L x 1 1/4" diam
 - Fits most cable machines
- 50735



SUPER TRICEP ROPE BLACK

- Made of strong, comfortable braided cotton
 - 40" L x 1 1/2" diam
 - Attaches to most cable machines with a clip
- 50743



SINGLE GRIP HANDLE STRAP

- Nylon strap and padded handle
 - 10" L x 5 1/2" W
 - Fits most cable machines
- 50710



DOUBLE GRIP HANDLE STRAP

- Nylon straps and padded handles
 - 14" L x 5 1/2" W
 - Fits most cable machines
- 50715



CABLE ATTACHMENT BAR STORAGE RACK

- Black
- 48" H x 20" W
- 114 lb

61896 Rack
61898 Rack w/ 12 Cable Attachment Bars

PREMIUM CABLE ATTACHMENT BARS

- Brushed nickel finish
- Fits most cable machines
- 11 options
- 2 year limited warranty

A.	61952	Revolving 20" Straight Bar
B.	61950	Revolving 48" Lat Bar
C.	61966	Single Grip Handle w/Rotating Handle
D.	61962	Revolving Multi Exercise Bar
E.	61970	Revolving Curl Bar
F.	61960	Tricep Press Down Bar
G.	61956	Multi Purpose V-Bar
H.	61972	Revolving Low Pulley Handle
I.	61954	Revolving 24" Lat Bar
J.	61958	Revolving Press Down Bar
K.	61968	Narrow Pulldown Bar



SPIRAL STRENGTH™ SINGLES (2 GRIPS)

- 1 pair
 - Rated for 150 lb per grip
 - Fit to cable machines and other equipment
- 50771



ABDOMINAL CRUNCH STRAP

- Heavy nylon padded shoulder straps
- Handles keep hands close to chest in proper form
- Fits most cable machines

50755



NYLON ANKLE/ WRIST STRAP

- Velcro strap for easy adjustment or removal
- 16" L x 2" W - light neoprene padding
- Fits most cable machines

50760



PRO NYLON ANKLE/ WRIST STRAP

- Velcro strap for easy adjustment or removal
- 17" L x 4" W (flat) - thick neoprene padding
- Fits most cable machines

50765



NYLON DIP/ PULL-UP BELT

- Durable steel-linked chain
- 6" wide, adjustable L
- Black nylon

65325



ANKLE-WRIST WEIGHTS

- One Size fits most, velcro closure
- Sold in pairs
- 3 weights

90602 2 Lbs Pair (1 Lbs ea.)
 90605 5 Lbs Pair (2 1/2 Lbs ea.)
 90610 10 Lbs Pair (5 Lbs ea.)



Nylon Lifting Belt styles also available

GRIZZLY 4" PADDED PACESETTER TRAINING BELT

- Flexible soft nylon, Velcro closure with Roller Buckle
- Machine Washable
- 4 sizes

65164 Small (Fits: 23" - 32")
 65166 Medium (Fits: 28" - 37")
 65168 Large (Fits: 33" - 42")
 65170 Extra Large (Fits: 38" - 47")



PRO ABDOMINATOR

- 300 lb capacity
- 8" padded arm straps
- Includes carabiners

67112



PRO WRIST ROLLER

- 45 lb weight limit
- 16" L x 1.5" thick
- Tubular steel with padded handles and plate attachment

67090



LIFTING CHAINS

- Sold in pairs
- Each chain is 60" L
- Chrome finish

63250 20 Lbs pair
 63252 30 Lbs pair
 63254 48 Lbs pair



PULLING STANDS

- Adjusts from 13" to 20" in 1" increments
- 22" L x 13" W x 20" H (ea.)
- Rubber-coated cradle area keeps bar centered

68052



PRO CHALK CONTAINER

- Steel with swivel casters
- 24" L x 24" W x 44" H
- Bowl is 5" deep

68130



CHALK

- 100% pure magnesium carbonate
- Eight 2 oz blocks
- 1 lb box

68090 Chalk Box - (8 balls)



HANDLE FOR LANDMINE

- For use with our landmine
- Ergonomic rubber grips, 26" apart
- Black, powder-coated metal

60056



LANDMINE

- 4" sleeve
- Base is 19 1/2" L x 16" W
- Non-skid rubber base

60054 Landmine
60055 w/ Wide Handle



FREESTYLE LANDMINE

- Pivot sleeve 10 in x 51 mm
- Sleeve fits most Olympic bars
- Base fits in stacked 45 lb plates

60043



PRO BAR WRAP PAD

- 18" wide
- 1 1/2" nylon-covered foam pad
- Velcro closure for easy adjustments

67088



BAR WRAP PAD

- 16" wide
- 1" nylon-covered foam pad
- Velcro closure for easy adjustments

67085



LOCK-JAW® OLYMPIC BARBELL COLLARS

- Easily lock firmly into place
- 2" diameter

50475 Black 50476 Red



OLYMPIC MUSCLE CLAMPS

- Sold in pairs
- 2" diameter
- Durable resin compound

50450



OLYMPIC SPRING COLLARS

- Steel push tabs for easy grip
- 2" diameter
- Steel

50440



LOCK-JAW® PRO BARBELL COLLARS

- Suitable for brutal workouts
- 2" diameter
- Nylon resin

50473 Black

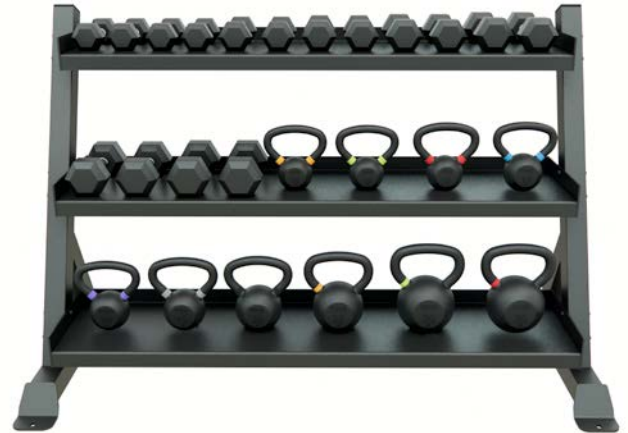
GRANITE STORAGE



GRANITE SERIES HORIZONTAL DUMBBELL RACK

- Holds 10 to 20 pairs of standard dumbbells
- 3 x 3 11-gauge steel
- 60" W x 40" H x 25" D

27835



GRANITE SERIES MULTIPURPOSE RACK - THREE TIER

- 3 x 3 11-gauge steel
- 60" W x 40" H x 25" D
- Three tiers of flat shelves hold dumbbells, sand discs, or any other smaller fitness equipment

27836



APEX VAULT

- Multi-directional spinner wheels with locking casters
- 23.5" W x 19.5" D x 25.5" H
- 88 Lbs with a 450 Lbs capacity

87250



APEX CAGE

- Ventilation to help equipment dry faster
- Heavy-duty lockable pneumatic wheels
- 53" L x 34.5" H x 25.5" D

87243

DENALI UNIVERSAL STORAGE

DENALI SERIES HYBRID RACK

- 80" L x 66.5" H x 30" W
 - 2 ball rails, 2 slanted shelves, one flat shelf
 - Durable, rounded edge design and flat black finish
- 49071



80" L



66.5" H

30" W

DENALI SERIES MULTIPURPOSE RACK

- 80" L x 66.5" H x 30" W
 - 4 flat shelves
 - Durable, rounded edge design and flat black finish
- 49061



DENALI STUDIO STORAGE

DENALI CARDIO PUMP RACK

- 90" L x 66.6" H x 30" W
 - Holds more than 30 Sets of Cardio Pump Plates
 - Durable, rounded edge design and flat black finish
- 49066



30.7" L
PLATE POSTS



DENALI VERTICAL DUMBBELL RACK

- 64" L x 66.5" H x 30" W
 - Up to 99 pairs of Cardio Dumbbells
 - Durable, rounded edge design and flat black finish
- 49080



9" BETWEEN
SHELVES



DENALI STRENGTH STORAGE

97" L

DENALI SERIES PROSTYLE DUMBBELL RACK

- 97" L x 46" H x 26.5" W
- 3 slanted tiers, each with 10 saddles on the back
- Having the plastic saddles on back only allows the rack to look clean, open and organized
- Part of the Power Systems exclusive Denali Series

49090 (2 Box Item)

◆ Holds 15 pairs



46" H

26.5" W

DENALI SERIES FIXED BARBELL RACK

- 39" L x 51" H x 33.5" W
 - 20 slanted PVC posts securely hold 10 bars without damaging them
 - Part of the Power Systems exclusive Denali Series
- 49085

51" H



33.5" W

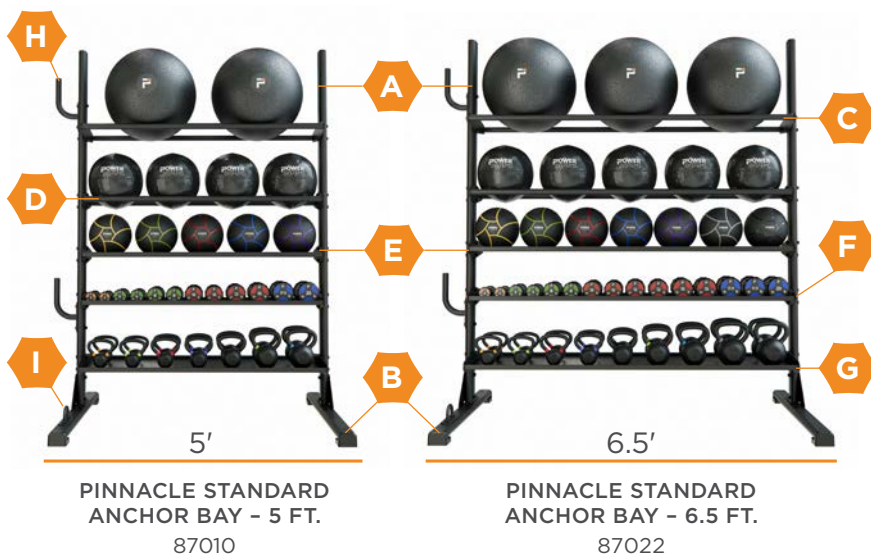
39" L



READY-TO-SHIP: HOW TO BUILD

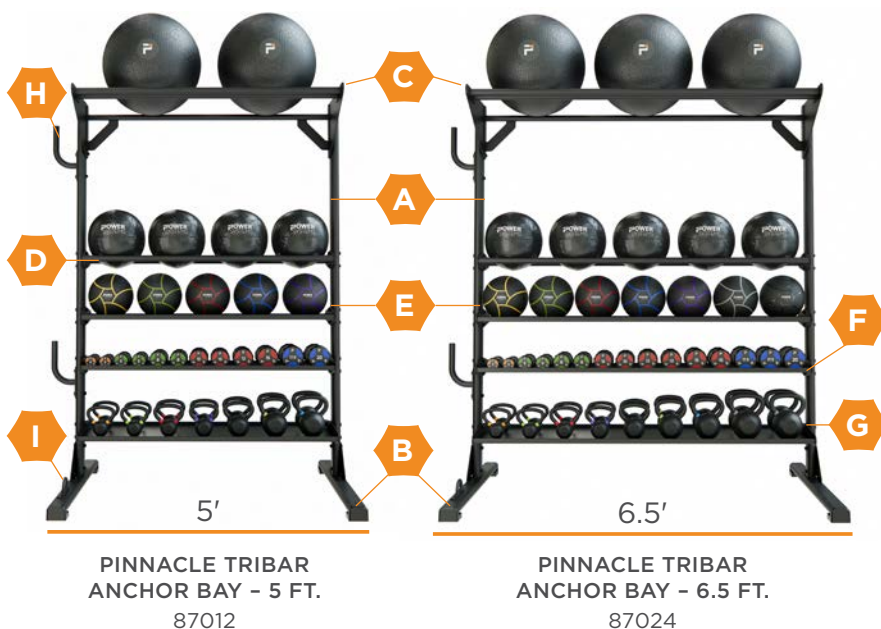
1 SELECT YOUR ANCHOR BAY

We put together the top-selling options for you!
These configurations store the largest variety of products.



5 ft. & 6.5 ft. Standard Anchor Bays include:

- A. Studio 4" x 2" Upright Oval Tube - Qty. 2
- B. Studio 4" x 3" Floor Leg & Bracket Set Oval Tube - Qty. 2
- C. Stability Ball Storage Rail - Qty. 1
- D. Wall Ball Storage Rail - Qty. 1
- E. Medicine Ball Storage Rail - Qty. 1
- F. Dumbbell and Kettlebell Tray - Qty. 1
- G. Large Storage Tray - Qty. 1
- H. Battle Rope Storage (pair) - Qty. 1
- I. Single Loop Assembly - Qty. 1



5 ft. & 6.5 ft. TriBar Anchor Bays include:

- A. Studio 4" x 2" Upright Oval Tube - Qty. 2
- B. Studio 4" x 3" Floor Leg & Bracket Set Oval Tube - Qty. 2
- C. TriBar - Qty. 1
- D. Wall Ball Storage Rail - Qty. 1
- E. Medicine Ball Storage Rail - Qty. 1
- F. Dumbbell and Kettlebell Tray - Qty. 1
- G. Large Storage Tray - Qty. 1
- H. Battle Rope Storage (pair) - Qty. 1
- I. Single Loop Assembly - Qty. 1

YOUR PINNACLE STORAGE

2 CHOOSE YOUR ADD-A-BAYS

Each Add-A-Bay has only 1 upright and the hardware to attach to any Anchor Bay.

PINNACLE STANDARD
ADD-A-BAY - 5 FT.
87014



PINNACLE STANDARD
ADD-A-BAY - 6.5 FT.
87026

PINNACLE TRIBAR
ADD-A-BAY - 5 FT.
87016



PINNACLE TRIBAR
ADD-A-BAY - 6.5 FT.
87028

3 ADD YOUR ATTACHMENTS

Want to integrate your Pinnacle rack into workouts? Contact your rep about adding functional attachments to your order.



FUNCTIONAL LANDMINE
86706



WALL BALL TARGET BOARD
86804



GROUP & STUDIO

QUALITY EQUIPMENT FOR EVERY PROGRAM

Group exercise and studio classes offer something for all ages, abilities, fitness levels and training goals. Our comprehensive selection of studio products is home to some of our best sellers - designed to fully equip any fitness program with quality and style.

STUDIO ESSENTIALS

CARDIO BARBELLS
RESISTANCE BANDS
CARDIO STEPS
STABILITY BALLS
EXERCISE MATS
BOSU
YOGA & PILATES
BALANCE AND CORE
AQUATICS



ORIGINAL HEALTH CLUB STEP

- Commercial-grade rubberized platform and four risers with slip-resistant bottom.
- Available in Black/Gray or Black/Teal
- Adjustable height 4", 6" or 8"

91120	Original Step	Black/Gray
91140	Original Step	Black/Teal
91122	Additional Risers	Black (pair)
91126	Platform only	Gray



THE CIRCUIT STEP

- Includes one non-slip platform and four risers
- Additional risers also available
- Weight limit 250 Lbs

91154	The Circuit Step	Black/Gray
91156	Additional Risers (pair)	Black



FREESTYLE STEP

- Includes rubberized platform, 2 gray freestyle risers, and 2 black traditional risers
- Commercial-grade platform available in gray or red
- Additional risers also available

91145	Freestyle Step	Gray/Black
91144	Freestyle Step	Red/Black
91146	Freestyle Risers (pair)	Gray



STEP RISER RACK

- Holds up to 80 risers for Original or FreeStyle steps
- Rolls smoothly on locking casters (included)
- 78" L x 20" W x 40" H

67221



THE STACKABLE STEP - 6 IN

- Slip-resistant bottom for stability
- Notches in base to anchor resistance tubes

70136 6" Blue



THE STACKABLE STEP - 4 IN

- Slip-resistant bottom for stability
- Notches in base to anchor resistance tubes

70134 4" Gray



VERTICAL STEP PLATFORM RACK

- Holds up to 15 platforms for Original or FreeStyle Steps
- Rolls smoothly on locking casters (included)
- 76" L x 20" W x 40" H

67220



VERTICAL STEP COMBO RACK

- Holds up to 10 platforms and 40 risers for Original or Freestyle steps
- Rolls smoothly on locking casters (included)
- 92" L x 20" W x 40" H

67222

**NEW
DESIGN**



PROELITE PUMP SET - GRAY

- Color update on a customer favorite, weight plates now display as neutral black/gray to complement any training space.
- Black, powder coated barbell provides a comfort, textured grip - 30 mm. diameter
- Urethane plates feature a stainless steel inner ring for durability and smooth transition on and off the bar

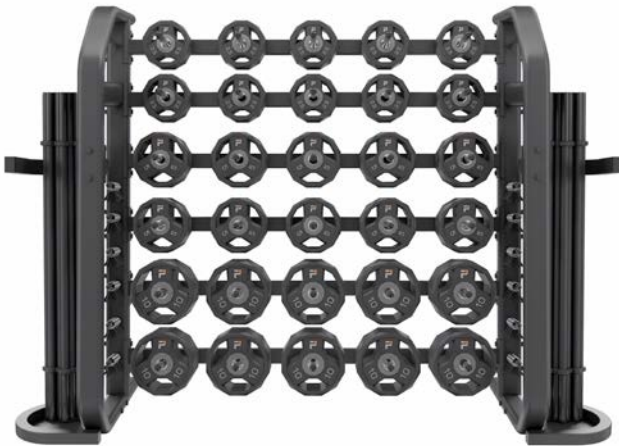
56300	Pro Elite Pump Plate	2.5 Lbs
56301	Pro Elite Pump Plate	5 Lbs
56302	Pro Elite Pump Plate	10 Lbs
56303	Pro Elite Pump Plate	20 Lbs
55904	Pro Elite Pump Bar	
96755	Pro Elite Pump Set w/spring collars	
96750	Pro Elite Pump Set w/Lock-Jaw Collars	



CARDIO BARBELL
SPRING COLLAR



HEX 30 MM
LOCK-JAW® COLLARS



DENALI CARDIO PUMP RACK

- 90" L x 66.6" H x 30" W
 - Holds more than 30 Sets of Cardio Pump Plates
 - Durable, rounded edge design and flat black finish
- 49066



VERTICAL CARDIO PLATE STORAGE

- 24" W x 38" H with 32" H post
 - Holds up to 800 Lbs
 - Locking casters
- 55980



Storage Rack (10 Set)

PROELITE SET WITH RACK

- 10 set rack:
24"L x 42"W x 64"H assembled
- 20 set rack:
31"L x 63"W x 58"H assembled



Storage Rack (20 Set)

55905	Storage Rack Only (10 Set)
56310	ProElite Pump Set w/ Spring Collars (10 set)
56320	ProElite Pump Set w/ Lock-Jaw Collars (10 set)
55906	Storage Rack Only (20 Set)
56312	ProElite Pump Set w/ Spring Collars (20 set)
56322	ProElite Pump Set w/ Lock-Jaw Collars (20 set)

**NEW
DESIGN**



URETHANE CARDIO DUMBBELL - GRAY

- Durable urethane dumbbells with unique beveled design
- Knurled handle is the same size for all weights
- Sold in pairs

57270	3 Lbs	57275	15 Lbs
57271	5 Lbs	57276	17.5 Lbs
57272	8 Lbs	57277	20 Lbs
57273	10 Lbs	57278	25 Lbs
57274	12 Lbs		

- ◆ Fit up to 60 pairs on our Denali Vertical Dumbbell Rack!



RECOMMENDED STORAGE SOLUTIONS



**FIVE PAIR A-FRAME
DUMBBELL RACK**
40370



**FOUR PAIR WALL MOUNTED
DUMBBELL RACK**
71735



**GRANITE SERIES HORIZONTAL
DUMBBELL RACK**
27835



**STUDIO
DUMBBELL RACK**
61770



DENALI VERTICAL DUMBBELL RACK

- 64" L x 66.5" H x 30" W
 - Up to 60 pairs of Urethane Cardio Dumbbells
 - Durable, rounded edge design and flat black finish
- 49081

- ◆ For more dumbbell racks visit: powersystems.com/storage



DELUXE VINYL DUMBBELL PRIME

- 1-Lbs to 15-Lbs weights clearly marked for easy selection
- 9" diam
- Sold in pairs

96929	1 Lbs	Orange	96935	7 Lbs	Black
96930	2 Lbs	Lime Green	96936	8 Lbs	Orange
96931	3 Lbs	Red	96937	9 Lbs	Lime Green
96932	4 Lbs	Light Blue	96938	10 Lbs	Red
96933	5 Lbs	Purple	96939	12 Lbs	Light Blue
96934	6 Lbs	Gray	96940	15 Lbs	Purple



PREMIUM NEOPRENE DUMBBELL - BLACK

- 1-Lbs to 15-Lbs weights clearly marked for easy selection
- 9" diam, black textured neoprene
- Sold in pairs

96917	1 Lbs	96921	5 Lbs	96925	9 Lbs
96918	2 Lbs	96922	6 Lbs	96926	10 Lbs
96919	3 Lbs	96923	7 Lbs	96927	12 Lbs
96920	4 Lbs	96924	8 Lbs	96928	15 Lbs



Neoprene Set



Vinyl Set



Neoprene Set

NEOPRENE/ VINYL DUMBBELL 4-TIER RACK

- Holds a full set of 1-15
- 24" L x 33" W x 36" H
- Black painted steel

61775	Rack only
61779	Rack w/ Neoprene Set (1 Lbs - 15 Lbs)
61781	Rack w/ Vinyl Set (1 Lbs - 15 Lbs)



Neoprene Set



Vinyl Set

PREMIUM DUMBBELL STORAGE RACK

- Holds up to 44 pairs
- 43" L x 28" W x 44" H
- Black painted steel
- Kit comes with: 5 pairs - 1 Lbs, 7 pairs - 2 Lbs, 10 pairs - 3 Lbs, 8 pairs - 5 Lbs, 7 pairs - 8 Lbs, and 7 pairs - 10 Lbs.

61799	Rack only
62720	Rack w/ 44 Pairs of Premium Neoprene Dumbbells
63120	Rack w/ 44 Pairs of Deluxe Vinyl Dumbbells

NEOPRENE/ VINYL DUMBBELL VERTICAL RACK

- Holds a full set of 1-15
- 28" L x 23" W x 50 1/2" H
- Black painted steel

61788	Rack only
61793	Rack w/ Neoprene Set (1 Lbs - 15 Lbs)
61773	Rack w/ Vinyl Set (1 Lbs - 15 Lbs)



BOSU® PRO BALANCE TRAINER

- Reinforced balance training platform for high volume usage
- Non-marking, non-skid base
- One year, commercial warranty

70284



BOSU® ELITE

- Features a more dense dome than the BOSU Pro - provides more rebound and feedback
- Power Zone and Power Line provide new reference points for programming
- Includes foot pump, owner's manual, well exercise chart, and workout DVD

70265



BOSU® NEXGEN™ PRO BALANCE TRAINER

- Functionality meets performance in this updated design
- Easily identified training quadrants for quick programming cues
- Features a textured dome for enhanced hand and foot grips

70267



BOSU® SPORT

- 50 cm diameter
- Designed for efficient storage, easy transport, and quick positioning
- Ideal balance training tool for fitness enthusiasts of all ages

70255



SMALL STORAGE RACK FOR BOSU®

- Gray, welded steel construction with locking casters for easy transport
- Holds up to 8 BOSU Pro, Balance, Nexgen, & BOSU Elite
- 21.5" L x 24" W x 72" H

70303



BOSU® BALLAST™ BALL

- 2.5 lbs of granular shifting weight inside prevents from rolling away when not in use
- Inflates to a working diameter of 55 or 65 cm
- Includes pump and owner's manual

70208

LARGE STORAGE RACK FOR BOSU®

- Gray, welded steel rack with locking casters
- Holds up to 14 BOSU Pro, Balance, Nexgen, & BOSU Elite
- 2' L x 4' W x 5.8' H

70232



TERRA CORE BALANCE TRAINER

- Weight Capacity of 1,000 lbs.
- 46"L x 17"W x 10"H; 23 lb.
- Cutouts for resistance tubing
- Rubber base protects floors and other equipment

40900



VERSABAR® PRIME

- Padded foam grip
- Streamlined end caps reduce the space needed to store the bars
- Power Systems color palette for seamless weight recognition

91372	6 Lbs	91376	18 Lbs
91373	9 Lbs	91377	24 Lbs
91374	12 Lbs	91378	30 Lbs
91375	15 Lbs	91379	36 Lbs

- ◆ **Weight stamped end caps**
- no more stickers or labels



AEROBIC BAR VERTICAL STORAGE RACK

- Four storage compartments hold up to 24 weighted bars
- Sold alone, or as a kit with 16 VersaBars
- Black, 25" L x 19" W x 41" H

91242	Rack only
91435	Kit: Rack w/ VersaBars (1 ea. 9, 12, & 15 Lbs; (4) 6 Lbs; (6) 6 Lbs)



VERSA-LOOP®

- Commercial quality bands designed for high volume or home use
- Sold individually, a kit of 6 different resistance levels, or in 10 packs of same resistance level
- 12" long loop is perfect for group training

84801	Extra Light	Orange
84806	Light	Lime Green
84810	Medium	Red
84816	Heavy	Light Blue
84823	Extra Heavy	Purple
84821	Ultra Heavy	Gray
99974	Versa-Loop Kit (12 in)	

10 PACKS

84890	Extra Light	Orange
84891	Light	Lime Green
84892	Medium	Red
84893	Heavy	Light Blue
84894	Extra Heavy	Purple
84895	Ultra Heavy	Gray

MINI VERSA-LOOP® - 9 IN

- 9" version of the Versa-Loop
- Ideal for upper body or short range of motion exercises
- Sold individually, as a kit of 6 different resistance levels, or in 10 packs of same resistance level

84919	Extra Light	Orange
84921	Light	Lime Green
84923	Medium	Red
84925	Heavy	Light Blue
84929	Extra Heavy	Purple
84927	Ultra Heavy	Gray
84932	Mini Versa-Loop Kit (9 in)	

10 PACKS

84933	Extra Light	Orange
84934	Light	Lime Green
84935	Medium	Red
84936	Heavy	Light Blue
84937	Extra Heavy	Purple
84938	Ultra Heavy	Gray



PREMIUM VERSA-TUBE® PLUS

- Ideal for personal training, fitness classes, or home gym use
- Nylon handle, premium padded grips
- 48" L, available in six levels of resistance

86900	Extra Light	Orange
86901	Light	Green
86902	Medium	Red
86903	Heavy	Blue
86904	Extra Heavy	Purple
86905	Ultra Heavy	Gray



◆ Easy to Clean

VERSA-TUBE® PLUS

- Ideal for personal training, fitness classes, or home gym use
- PVC handle
- 48" L, available in six levels of resistance

86910	Extra Light	Orange
86911	Light	Green
86912	Medium	Red
86913	Heavy	Blue
86914	Extra Heavy	Purple
86915	Ultra Heavy	Gray



POWER SYSTEMS® COVERED RESISTANCE TUBING - 48"

- Features our quality, layered resistance tube encased in a premium nylon sleeve
- Inner tube is protected from the wear and tear of usage and anchoring
- Nylon handle, premium padded handle, 48" L

84480	Extra Light	Orange
84481	Light	Lime Green
84482	Medium	Red
84483	Heavy	Light Blue
84484	Extra Heavy	Purple
84485	Ultra Heavy	Gray



VERSA 8 COMMERCIAL

- Double-lock center and durable, soft PVC handles with grips
- Available in 5 resistance levels, 13.5" long

84440	Extra Light	Orange	\$ 9.20
84441	Light	Lime Green	\$ 9.86
84442	Medium	Red	\$ 10.30
84443	Heavy	Light Blue	\$ 10.96
84444	Extra Heavy	Purple	\$ 11.40
84445	Versa-8-Commercial Kit		\$43.22



◆ PVC - Easy to Clean

VERSA O COMMERCIAL

- Double-lock fastened with durable, soft PVC handles with grips for upper or lower body use
- Available in 5 resistance levels, 10" diameter

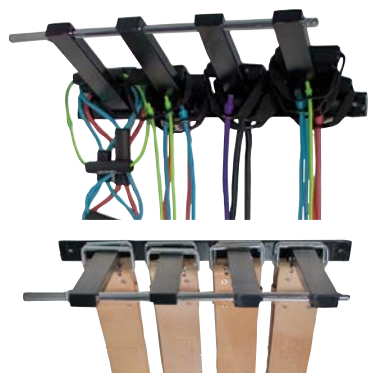
84430	Extra Light	Orange	\$ 7.01
84431	Light	Lime Green	\$ 7.01
84432	Medium	Red	\$ 7.01
84433	Heavy	Light Blue	\$ 8.11
84434	Extra Heavy	Purple	\$ 8.11
84435	Versa-O-Commercial Kit		\$30.71



VERSA CUFFS

- Padded ankle cuffs provide comfort during extended leg training drills
- Adjustable velcro straps to accommodate users of all ages
- Available in all 3 popular levels, 12" long

84306	Light	Lime Green
84310	Medium	Red
84316	Heavy	Light Blue



SECURE WALL-MOUNTED RACK

- Removable solid steel locking bar slides through the four storage arms
- Mounting hardware and lock not included
- Rack is 26" W with four 13" long storage arms

68155



RESISTANCE TRAINING STATION

- Two rails with six connection points each
- Mounting hardware not included
- Two pieces- 2" W x 34" L x 1/8" thick

68158

HOW TO DETERMINE STABILITY BALL FIT

	VERSABALL®	VERSABALL® PRO	PROELITE STABILITY BALL	BALL DIAMETER	USER HEIGHT
STATIC WEIGHT LIMIT	800 Lbs	1,000 Lbs	1130 Lbs	45 cm (17.7")	4'6" to 5'0"
BURST RESISTANT TO	500 Lbs	1,000 Lbs	1130 Lbs	55 cm (21.6")	5'1" to 5'7"
SIZES	45 cm to 75 cm	55 cm to 75 cm	55 cm to 65 cm	65 cm (25.5")	5'8" to 6'1"
				75 cm (29.5")	6'2" to 6'7"



PROELITE STABILITY BALL

- Heavy, thick-gauged PVC material, ideal for commercial use
- Burst and puncture resistant
- Two diameters available - 55 and 65 cm.

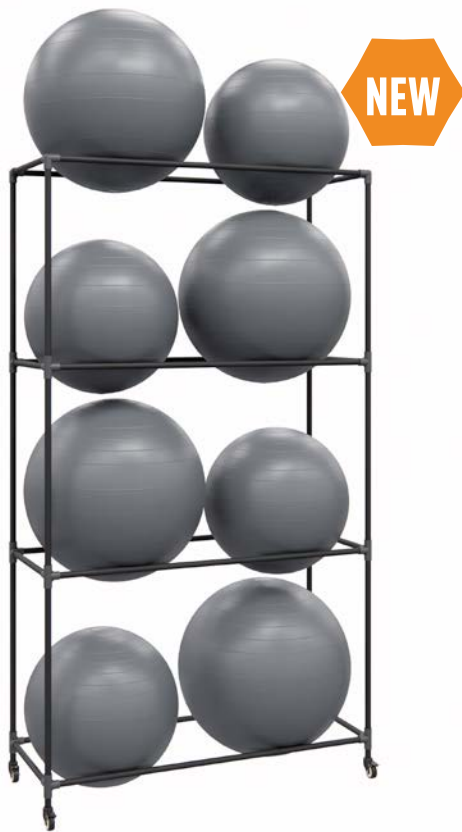
80070 55 cm 80072 65 cm

VERSABALL® PRO

- Commercial-grade PVC construction
- Burst resistant to 1000 Lbs
- 55, 65, and 75 cm diameter - available in 3 colors

80110 55 cm Purple Surf
 80112 55 cm Jet Black
 80115 65 cm Jet Black
 80127 75 cm Silver Frost





METAL STABILITY BALL RACK

- Matte black metal rack with casters
- Holds up to 8 stability balls
- 88" H (including casters) 48" W, 19" Deep

86435



PREMIUM STABILITY BALL RACK

- Steel tube frame with 9" diameter metal rings
- Holds up to 3 stability balls up to 85 cm in diameter
- Black - 63" H x 20" W

92464



ELITE STABILITY BALL WALL STORAGE RACK

- Sleek storage solution maximizes wall and floor storage space
- Gray PVC tubing rack holds up to 4 stability balls
- Mounting hardware not included, 96" L x 20" W

92478



BALL BASE

- Provides a more stable base for beginners
- Notches in base allow users to safely add resistance band exercises
- Large base holds 65 - 85 cm

80610 20" diam. x 4" H Large



PREMIUM YOGA STICKY MAT

- Secure, adhesive, textured surface keeps the user and mat from slipping
- Choose from 3 available color options
- Each mat is 68" L x 24" W, and available in 1/8" or 1/4" thick

83311	68" L x 24" W x 1/8" thick	Ocean Blue	83327	68" L x 24" W x 1/4" thick	Ocean Blue
83301	68" L x 24" W x 1/8" thick	Mystic Purple	83329	68" L x 24" W x 1/4" thick	Jet Black



YOGA BLOCK

- Perfect for additional support during transition and poses
- Closed-cell foam, moisture resistant
- Two thickness options: 3" or 4"

83350	3" thick	Purple	83370	4" thick	Purple
83360	3" thick	Blue	83380	4" thick	Blue



PILATES RING

- Adds targeted intensity to tone the arms and thighs
- Fiberglass ring, pliable foam cover, molded plastic grip locations
- 15" diameter, 2 resistance levels available

83922	Moderate	Gray
83923	Firm	Black



METAL D-RING YOGA STRAP

- Cotton blend straps with durable metal D ring
- 8' L - in dark gray
- Not recommended for Hot Yoga practice

83221	Dark Gray
-------	-----------



YOGA STRAP

- Strong, cotton blend Yoga straps
- PVC buckle
- Two lengths available, 6' or 8' long

83405	6' L	Purple	83420	8' L	Purple
83410	6' L	Blue	83430	8' L	Blue



AIREX® BALANCE PAD

- Unique AIREX foam composed of small air bubbles, ideal for barefoot training
- Treated with anti-bacterial agent

75095	Mini	41 cm x 25 cm x 6 cm	Lava Blue
81000	Standard	19" L x 16" W x 2" H	Blue
81002	Elite	19" L x 16" W x 2" H	Blue
81008	Elite	19" L x 16" W x 2" H	Lava Blue
81012	XL	39" L x 16" W x 2" H	Blue



POZ-A-BALL

- Use in static positions to improve body alignment and muscular activation
- Inflates to 8" diameter
- Ships deflated, includes straw to inflate

83915 Blue 83907 Gray



VERSA BALANCE® PAD

- Improve balance, ankle stability and strength
- Molded closed-cell EVA foam resists odor and moisture
- 19" L x 15" W x 2" H

83550



VERSADISC®

- Use 1 or 2 discs to add a balance challenge to your favorite exercises
- Dual sided texture for desired level of grip, comfort, or stimulation massage
- Burst resistant up to 300 Lbs 13.5" diameter

80160 Red 80159 Blue



AIREX® BALANCE BEAM

- Trapezoid shape provides a dual training surface - wide for beginners, narrow for advanced
- Recommended for barefoot training
- 62" L x 9" W x 2.5" H

81010



VERSA STEPS

- Includes 6 mini training domes and carry bag
- Dual sided texture, 6.5" diam. x 3.5" high each

80185



Easy to Clean



HANGING CLUB MAT

- Closed-cell foam structure will not absorb moisture from sweat or cleaning solutions
- Three lengths available: 48", 56", or 68"
- 3/8" thick, midnight blue or jet black

83608	48" L x 24" W x 3/8" thick	Midnight Blue
83609	48" L x 24" W x 3/8" thick	Jet Black
83611	56" L x 24" W x 3/8" thick	Midnight Blue
83612	56" L x 24" W x 3/8" thick	Jet Black
83614	68" L x 24" W x 3/8" thick	Midnight Blue
83615	68" L x 24" W x 3/8" thick	Jet Black



PREMIUM HANGING CLUB MAT

- Closed-cell foam structure will not absorb moisture from sweat or cleaning solutions
- Two reinforced rings for storing on mat rack
- Available in 3/8" or 5/8" thick

93834	56" L x 23" W x 3/8" thick	Jet Black
93830	56" L x 23" W x 5/8" thick	Jet Black
93840	72" L x 23" W x 3/8" thick	Jet Black
93832	72" L x 23" W x 5/8" thick	Jet Black



STANDING MAT RACK

- Vertically hang eyelet mats anywhere you choose
- Dual sided design featuring four 10" prongs, holds up to 28 mats total
- Gray/Black, 30" L x 29" W x 79" H

92590



ADJUSTABLE WALL MOUNTED METAL MAT RACK

- Black, powder-coated metal finish
- 2 sliding adjustable pegs, range 12" to 20"
- 24" L x 2.75" H Pegs: 10.25" L

73960



Easy to Clean

CLUB MAT

- Closed-cell foam structure will not absorb moisture from sweat or cleaning solutions
- Three lengths available: 56", or 68"
- 3/8" thick in jet black

83596	56" L x 24" W x 3/8" thick	Jet Black
83599	68" L x 24" W x 3/8" thick	Jet Black



Easy to Clean

PREMIUM CLUB MAT

- Closed-cell foam structure will not absorb sweat or cleaning solutions
- Moisture and odor resistant
- 5/8" thick and 23" W

83499	56" L x 23" W x 5/8" thick	Jet Black
83506	72" L x 23" W x 5/8" thick	Jet Black



SINGLE LAYER CLUB MAT

- Lightweight and rigid construction allows for easy portability and storage
- Easy to wipe clean surface
- 24"W x 36"L x 1/2" thick

92030



PREMIUM GYM MAT

- Two inches thick, covered with heavy-duty vinyl, odor-resistant and easy to clean
- Inner mat composed of dense polyurethane foam
- Black, 4 sizes available

90808	48" L x 24" W x 2" thick
90811	72" L x 24" W x 2" thick
90816	72" L x 36" W x 2" thick
90823	96" L x 48" W x 2" thick



MAT CART

- Holds from 60 - 120 mats, based on size
- Slim, narrow design keeps the mats stored neatly and close to the wall
- Black, 54.5" L x 25.5" W x 48.5" H

92538



WALL-MOUNTED MAT RACK

- Slim profile keeps mats off the floor and close to the wall
- Sturdy steel construction can hold up to 60 exercise mats
- 50" L x 7" W x 2" H

92552

FLEXIBILITY & RECOVERY



PREMIUM EVA FOAM ROLLER

- Designed for heavy use, retains shape and firmness
- Closed-cell polyethylene foam is moisture resistant and easy to wipe clean
- Each is 6" in diameter, choose 12" or 36" length

80265 12" L x 6" diam. 80260 36" L x 6" diam.



HIGH-DENSITY FOAM ROLLER

- High-density, closed-cell foam provides firm pressure and support
- Ideal for commercial use, resists odor and moisture, retains shape
- Available in three lengths, each is 6" in diameter and made in the USA

80233 Round 12" L x 6" diam.
80237 Round 18" L x 6" diam.
80232 Round 36" L x 6" diam.



MYO-RELEASE BALL

- Heat-sealed EVA foam maintains shape and resists moisture and bacteria
- Provides small contact surface area for more targeted relief
- Black or blue. 6" diameter

80270 6" diam. Blue 80271 6" diam. Black



MYO-ROLLER

- Ideal design for use on back muscles, accommodates upper and lower body as well
- Heat-sealed EVA foam maintains shape and resists moisture and bacteria

80675 6" L x 6" diam.



FOAM ROLLER STORAGE CART - STUDIO

- Tubular gray, powder-coated steel with swivel locking casters
- Studio Cart holds up to 12 foam rollers

80186



FOAM ROLLER STORAGE CART - CLUB

- Tubular gray, powder-coated steel with swivel locking casters
- Club Car holds up to 24 foam rollers

80187



DYNAMIC STRETCHING STRAP

- Nylon strap with 10 elastic loops that flex and provide additional support
- Includes exercise guide
- 75.5" L x 1" W

70445



STRETCH OUT® STRAP

- Ten loops provide multiple grip location for progressive stretching
- Includes training book or wall chart
- Made in the USA. 72" L x 1" W

70400 Stretch Out Strap w/Chart

70420 Stretch Out Strap w/Book



CALF RAIZ™

- Non-slip, stable platform
- Welded steel construction
- 20" L x 10" W x 3" H

67055



FLAT BAND

- Available in bulk band rolls
- 50 yd long rolls feature marks every one foot to cut the desired training length
- Available in 3 popular resistance levels

84766	6" W x 50 yd. Roll Light	Lime Green
84770	6" W x 50 yd. Roll Medium	Red
84776	6" W x 50 yd. Roll Heavy	Light Blue



PREMIUM SLANT BOARD

- Board adjusts to 20, 30, 35 and 40 degrees
- Steel with a slip-resistant surface
- Accommodates men's shoe sizes 20 and smaller
- 14" L x 14" W

80321





VERSAFIT® VEST

- Velcro straps to adjust to most sizes
- 3 weights - 10, 20 or 40 Lbs
- Perfect addition to training regimens

13227	10 Lbs
13228	20 Lbs
13229	40 Lbs

VERSAFIT® BELT

- Fits waists 30" - 46"
- Includes (20) 1 Lbs removable weights
- Velcro closures for secure fit

90560



PREDATOR BELT

- Fits up to 48" waist
- Pad: 19" L x 6" W x 1/2" thick
- Belt: 2" W

10198

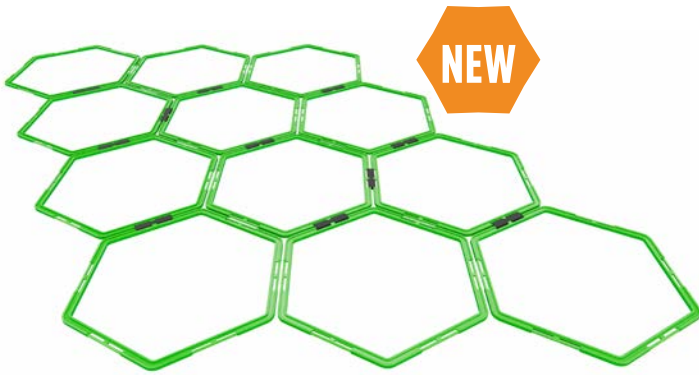


Additional products sold separately

PLYO-RUNWAY MAT

- Mat rolls for storage and easy transport
- Black PVC
- 6' L x 3' W x 1/4" thick

62810



HEX AGILITY RINGS - SET OF 12

- Interlocking, adjustable hexagon agility grid
- Use black clips to adjust attachment points or create multiple training stations
- Includes carry bag

30725



PRO AGILITY LADDER

- Can be staked for outdoor use
- 30' L x 20" W
- 30' L ladder is two 15' sections

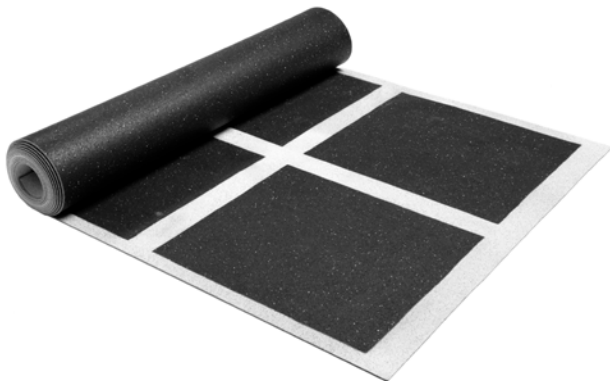
30650 30'



AGILITY LADDER

- High-impact round PVC rungs
- 30' or 15' L x 20" W
- 30' L ladder is two 15' sections

30692 15' L x 20" W (9 rungs)
30694 30' L x 20" W (18 rungs)



DOUBLE ROLL OUT LADDER

- Indoor use
- 15' L x 32" W
- Durable, non-slip rubber

11029



ROLL OUT LADDER

- Indoor use
- 15' L x 16" W
- Durable, non-slip rubber

11028



STEP HURDLES

- Orange PVC tubing
- 18" W x 6 or 12" H

30200	Step Hurdle - 6"
30201	Set of 12 - 6"
30100	Step Hurdle - 12"
30202	Set of 12 - 12"



AGILITY CONES

- Corner holes for pegs
- Sold individually
- 2 heights - 6" and 9"

30906	6" H	30909	9" H
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PLYO HURDLES

- Molded rubber base & yellow PVC posts
- Adjustable in 4" increments, from 12" to 40"
- Secure crossbar measures 40"

22050 Set of 4



SHORT CONE SET

- Strong, pliable PVC resists damage
- 7" diam. x 4 1/2" H each
- 40 cones (10 each color), stacking pin

30090 Set of 40



AGILITY DOME SET

- 40 domes (10 of each color)
- Durable PVC
- Indoor/outdoor

30620 Set of 40



BROWER TC-TIMING SYSTEM

- Radio transmissions up to one thousand feet
- Equipped with five different radio frequencies
- Made in the USA

18185 Brower TC-Timing System
18026 Brower TC-Gate



DOT DRILL MAT

- Screen printed dots resist wear
- Durable rubber mat
- Non-slip surface

30700

LONG JUMP TESTER

- Clear screened markings indicate distance traveled from 24" to 144" in 1/2" increments
- 167" L x 22" W x 1/4" thick
- Rolls for easy storage

22510



WALL-MOUNTED VERTEC™

- Telescoping pole lets you adjust height of vanes to measure jumps from 6' to 12'
- Swings away from wall 15" in testing position and lays flat for storage against wall
- Assembly required

22560 Wall-Mounted Vertec
22565 Bracket only



VERTEC™

- Measures in half-inch increments
- Color-coded vanes for easy reading of measurements
- Allows you adjust height of vanes to measure jumps from 6' to 12'
- Assembly required

22550 Vertec



PREMIUM PULL UP BAR

- Offers plenty of room for various grip widths
- 43.25" L x 39.5" W x 19" H
- Black

40062 Premium Pull Up Bar



PARALLETTES

- 1 3/4" diameter grip
- 24.25" L x 14.25" W x 13" H
- Steel with textured coating

92441



CHIN-UP BAR

- Mounting plates/holes at 16"
- 49 1/2" L x 16" W x 16" H
- Black

40060



LEBERT EQUALIZER™

- Great for small group training
- 25" W x 28 1/2" H
- 400 lb capacity

92435 Yellow
92434 Lime Green



WOOD TRAINING RINGS

- 2 wood rings and nylon straps
- Labeled straps and adjustable buckles
- No need for chalk

93910



POWERFORCE® FREESTANDING BAG

- Weighted, 33 1/2" base can also be filled for stability
- 77" H, 65" striking surface and 3 height settings
- Durable nylon canvas fabric

88214



POWERFORCE® HANGING BAG

- Stand is 92.4 lbs
- 41.5" W x 54" L x 94" H
- Wheels for easy transport

88216 Bag Only
88334 Bag w/stand
88332 PowerForce Heavy Bag Stand



POWERFORCE® PRO KICK & PUNCH SHIELD

- Contoured strike surface 23" L x 12" W
- 26" L x 12" W x 6" thick
- Sturdy arm sling with 3 grips

88208



POWERFORCE® HEAVY BAG

- 100 lbs
- 51"H x 15, 5/8" diam
- Filled with high rebound EVA

88217 Bag Only
88333 Bag w/stand
88332 PowerForce Heavy Bag Stand



POWERFORCE® PRO-CURVE BAG GLOVES

- Sold in pairs - each glove is 1 lb
- Elastic wrist strap
- Black/Red

88206



POWERFORCE® PUNCH MITTS

- Sold in pairs - each is 1 lb
- 9.5" L x 8" W striking surface
- Secure fit

88204

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YOU CAN BUY
EQUIPMENT
FROM ANYONE -

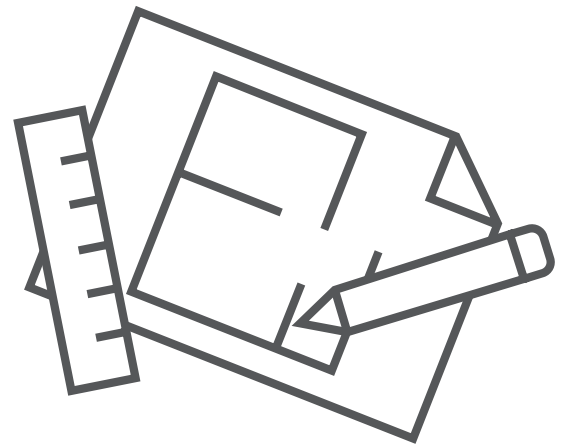
**WHEN YOU
WORK WITH
POWER SYSTEMS,
WE OFFER
YOU MORE.**

Our Dealers love these
benefits that come
standard when you
work with us.



INVENTORY RESERVATION PROGRAM

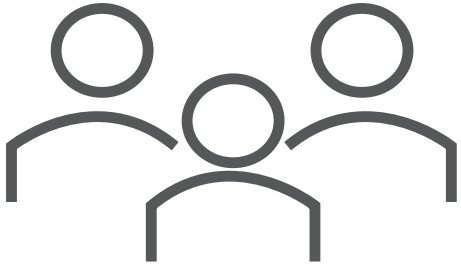
Pre-order and reserve
equipment in advance to
secure inventory availability
for your customers.



DESIGN ASSISTANCE

Partner with Power Systems to
help plan fitness facility design
or renovation projects.





DEDICATED ACCOUNT MANAGERS

Work with a single point of contact on our experienced dealer team that knows the best ways our business can support yours.



PROFESSIONAL PRICING PROGRAM

Receive competitive pricing and customized quotes for multi-location purchases and recurring orders.

SEAMLESS DELIVERY PROCESS -

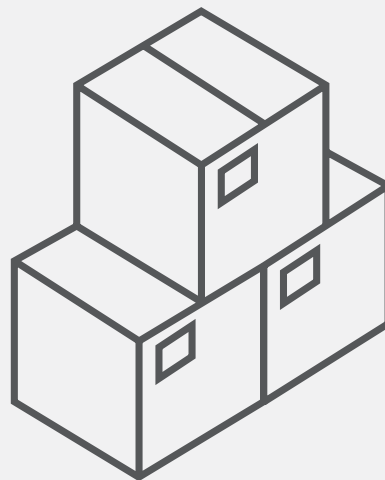
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