

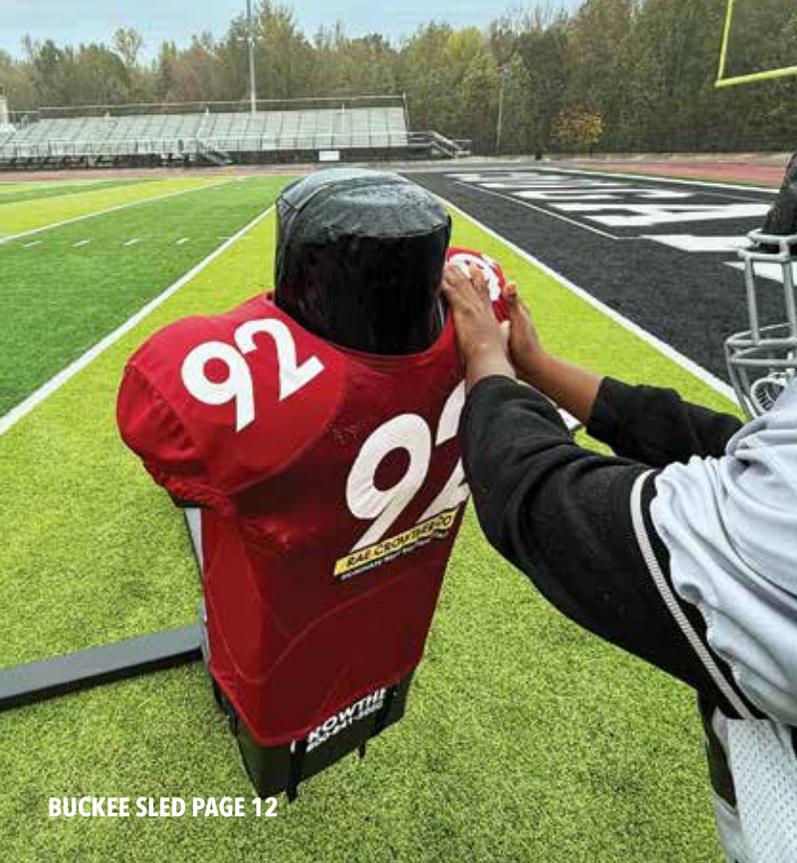


RAE CROWTHER CO.

DOMINATE WITH FUNDAMENTALS SINCE 1932



2026



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FOR MORE INFORMATION SCAN THE QR CODES



MODEL #: XR-H1
MODEL#: H1-PC

X-RAE ANGLE SLED WITH H1 PAD
H1 PROTECTIVE COVER

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN, GOLD)
(BLACK)

X-RAE ANGLE SLED



- The X-RAE is a purpose-built angle and down blocking sled. It is the only sled of its kind. The sled helps players to understand angles and lines of force.
- The sled utilizes the new H1 Pad. The H1 pad has shoulder pads and a jersey mounted on a foam torso. The feel and fit are realistic and are designed to train all aspects of hand placement.
- The sled might look unique, but it allows a never before range of drills for multiple positions and gives direct feedback to the player, allowing them to self-correct. Every rep on the sled is a learning experience for the player.
- Perfect for Wide Zone team. Simulates the ability to block on angles within zone concepts. Drill man reach and trail blocks in zone combinations. Allows you to simulate a variety of angles at which the defender may be aligned.
- Enables the coach and player to emphasize specific points of technique. For example, in man reach, you can work puncturing the aim point, the catch hand, line of force, and blocking the man on the angle you find him. Or another example, use the sled for running off the ball with a natural base and maintaining that base for the entire block, through the finish.
- Weighting the sled with plates is critical. You have two choices of weight horns. You can use the weight horn near the pad, the weight horn on the wing, or use them simultaneously. By weighting the sled you can achieve the proper dynamics that simulate defenders reactions. For example; on a trail block in a wide zone combo, it enables a player to take a three step course and simulate an overtake situation on the defender.
- The “Wing” can be flipped from the right side to the left side of the sled with the pull of a pin so that the sled can be driven right or left. On the Wing are three colors. The player drives the sled in the direction of the chosen color. Driving the sled to a similar colored cone is the ideal teaching progression.
- The angle (body lean) of the pads can be adjusted from 0, 12, or 20 degrees. This allows the drill to match the distance to contact. No tools, just pull a pin.
- Use on turf or grass.
- Optional outdoor protective cover available for H1 pad.
- Pad colors: black, navy, royal, red, green, gold.





MODEL #: PB-H1
MODEL #: PB-E2
MODEL#: H1-PC

POWER BOW SLED WITH H1 PAD
POWER BOW SLED WITH E2 PAD
H1 PROTECTIVE COVER

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN, GOLD)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(BLACK)

POWER BOW SLED



- The Power Bow gives the player and coach immediate feedback on the player's base, upper body strength, and power. This sled is a versatile tool for your training.
- No matter your scheme or position, the Power Bow trains your players to fight whistle to whistle. You can set the sled on any angle to simulate the defender's position. Use the Power Bow to mirror the edge defenders' distance, angle, and stance.
- The angle (body lean) of the pad can be adjusted from 0, 12, or 20 degrees. This allows the drill to match the distance to contact and the defender's stance, allowing the pad to give a 2- or 3-point look. No tools, just a pull pin. Lean the pad 20 degrees forward for goal line drills or "wrecking ball" technique, or stand the pad at 0 degrees for pass pro and linebacker drills.
- Two weight horns are mounted on the wing and one weight horn is mounted on the chassis (behind the pad). Adding or subtracting weight is a key to the sled's performance. You can make the sled heavy or light. You can create a stalemate on contact or have players run their feet. The sled is tunable to your level of play. Is it a grind and get gritty day?... then load up the Power Bow. A bag holder will not allow getting blown up as you can on this sled, plus keep and maintain your practice tempo.
- You can UNBALANCE the sled by loading plates on the wing. For example, add 45 lb. plate(s) to the right side of the sled and then drill your players to drive the sled straight. The unbalanced feel is designed to replicate the direction of the opposing players force, and then for your player to fight against that force. The unbalanced sled simulates rotational and anti-rotational pressures felt during run block and pass pro scenarios. A tool to help teach getting the feet in the ground and being rooted. Strike it, lift it, and run your feet.
- Use for Inside Zone Drill to simulate gap zone steps.
- Use for Outside Zone Drill that simulates perimeter blocking.
- Use the sled traditionally without adding weight or you can add weight evenly to the sled depending on your surface and size/strength of your players. Use on turf or grass.
- Choose between two styles of great pads: The H1 pad has shoulder pads and a jersey mounted on a foam torso. The feel and fit are realistic and are designed to train all aspects of hand placement. Or, the E2 pad provide a tight hand "fit" that makes players accurate, powerful, and accountable. The coach can "see" if the player is accurate. The concave shape of the pads is also ideal for shoulder and flipper techniques. Pad colors: black, navy, royal, red, green, gold.





MODEL #: CS1-HS-S2
MODEL #: CS1-PRO-S2

CLIMB SLED HIGH SCHOOL MODEL WITH S2 PAD
CLIMB SLED PRO MODEL WITH S2 PAD

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

CLIMB SLED



- The Climb Sled is the sled for the mechanics of hip driven power and removing the helmet from contact. With the Climb Sled, you can maximize your teaching of base blocks and maximize your players practice time under tension.
- This Climb Sled may be the best tool available for helping the undersized lineman defeat a larger opponent by using technique and full body leverage.
- The angle (or lean) of the S-Pad is adjustable. There are five adjustment angles (see photos below). This allows the coach to adjust the contact angle. The S-Pad can be leaned forward almost 45 degrees, like a player in their stance, or stood upright 90 degrees like a pass blocker. Or anywhere in-between. No tools are required to adjust the angle, so this can be done fast as you change drills.
- With DL's offering little surface area to strike, the offensive lineman must learn the Climb technique by striking underneath the shoulder plate with an upper cut strike, while finding handles on the breast plate of the defender.
- The climb technique throws the helmet back and out of contact. This is a major point, as teaching the player to remove their helmet from contact is not an easy progression. This might be the best sled to effectively learn non helmet contact play. See page 29 on force deflection.
- The Climb Sled concept comes from longtime pro offensive line coach Bill Callahan. Most coaches think of the Climb Sled for O line CLIMB technique only, but D line coaches also purchase it, they do not drive the sled but leverage and drop it.
- The sled comes with the unique S2 pad. The S2 is shaped like a player and has built into the cover a breast plate with enough "give" to allow the offensive player to gain a handle. The S2 pad also includes stubby short arms. The arms are made from foam so they will give and move, but they maintain their position. Obviously the arms give a heightened sense of realism and accuracy.
- Two versions of the Climb Sled are available: Pro and High School. The Pro model is 3" taller and 100 lbs. heavier. Large high school teams practicing on turf can use the Pro version, but below that level, high school teams should use the high school model. Powder coated black.
- Pad colors: black, navy, royal, red, green.





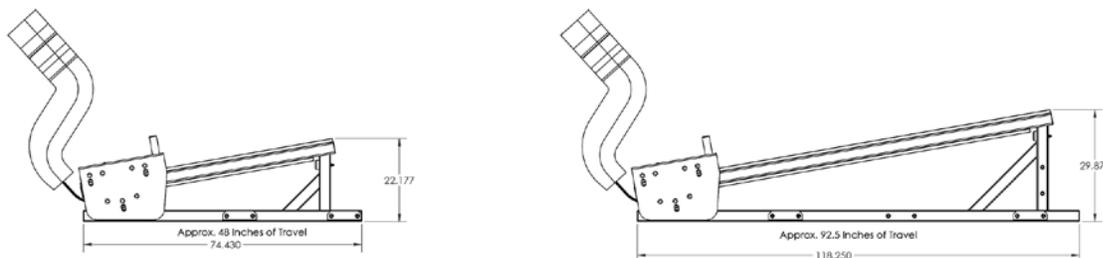
MODEL #: SWV5-H1 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 MODEL #: SWV5-S1 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 MODEL #: SWV5-S2 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 MODEL #: SWV5-S3 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

MODEL #: SWV10-H1 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 MODEL #: SWV10-S1 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 MODEL #: SWV10-S2 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 MODEL #: SWV10-S3 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

SHOCKWAVE LEG CHARGER



- The Shockwave is a football specific machine that allows a player to drive a pad on an incline and enhance footwork. You can enhance and perfect footwork, body control, hand placement, punch accuracy, punch power, and tackling in a controlled environment, breaking down each element of the technique. This is the most specific football leg drive machine on the market. The Shockwave allows year-round training. Get stronger and faster out of your stance.
- We offer two different length machines. A 5' or a 10' Shockwave. The 5' length allows three to five steps, and the 10' length five to nine steps. The chassis sits on two rails that rise on a 10° incline. The pad rises approx. 16" from start to finish on the 10' model. The chassis weighs approx. 390 lbs., and you can add upwards of 400+ lbs. of additional weight.
- Multiple pad choices: H1, S1, S2, S3.
- Models SWV5-H1 and SWV10-H1 come standard with the H1 Pad. This pad is as close to striking a human opponent as possible. The H1 Pad has a real pair of shoulder pads and a jersey mounted on a foam torso. The feel and fit are realistic and are designed to train all aspects of hand placement. Obviously, if you want to teach O and D line hand placement then look no further, this is it!
- Models SWV5-S1 and SWV10-S1 come with the S1 pad. The S-Pad is shaped like a player to give the tackler a realistic look and angle (makes the player bend at the ankles, knees, and waist). If you want to work tackling technique then this is the pad to get.
- Models SWV5-S2 and SWV10-S2 come with the S2 pad. The S2 pad is the same as the S1 except it has built into the chest of the pad a rubber plate that emulates shoulder pads and it includes stubby foam arms. The S2 pad adds another level of difficulty in contact and control of the sled. Good for tackling and blocking technique, as it lowers the player's center of gravity approximately two inches.
- Models SWV5-S3 and SWV10-S3 comes with the S3 pad. The S3 pad has narrow hand pockets to increase player accuracy and power (note, this pad can't be used for tackling). The S3 pad creates a strong visual target for players and increases punch accuracy.



H1



S1



S2



S3





MODEL #: MC2-E1
MODEL #: MC2-E2
MODEL #: SB85
MODEL #: MC2-AP

CLASSIC TWO-MAN PAN SLED WITH E1 PADS
CLASSIC TWO-MAN PAN SLED WITH E2 PADS
OPTIONAL 85 LB. AND BAG
OPTIONAL FACTORY PAD PLATE ASSEMBLY (SAVES YOU ABOUT 45 MINUTES OF ASSEMBLY)

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

CLASSIC TWO-MAN PAN SLED



- The Classic Two-Man Sled (A.K.A. the Pan Sled) is the “King of Teaching” the mechanics of blow delivery.
- All of the fundamentals of blocking and blow delivery are encompassed in the Classic Two-Man Sled.
- The unique aspect of the Classic Two-Man Sled is the Pan Base. The Pan Base provides the feedback. The Pan base will spin away if hit incorrectly. The coach and the player get immediate feedback. There is no other sled like the Classic Two-Man.
- Although it is a 2-man sled, most drills on the sled are with one player. Driving and controlling the sled with one player is the essence of the sled. Of course, there are many two man drills. So, with the Classic Two-Man Sled you have lots of drill versatility.
- The Pan Sled is “half man blocking.” The pads are curved and skinny. They have been designed like that since 1932. You block half the man. This starts with powerful flipper and shoulder blow delivery and continues to accurate hand placement. But no matter the striking surface, footwork and body balance will be required to control the direction of the pan.
- Be the hammer, not the nail (thank you Scott Peters). Getcha Some Knockback! (thank you Hugh Nall).
- The Classic Two-Man Sled was invented in 1932 and it is today the most used sled at the professional Offensive Line level.
- The Pan Sled has a cult like following for one reason—EFFECTIVENESS! You can fool people for a short time with gimmicks, but 94 years later, you know when you have a legend.
- The Classic Two-Man Sled has two pad options.
 - E1 pad (standard) is a narrow pad for shoulder and hand drills. The E1 pads are easily removable for storage without any tools. Colors available are black, navy, royal, red, green.
 - E2 pad (optional) provide a tight hand “fit” that makes players accurate, powerful, and accountable. The coach can “see” if players are accurate in their strike. The E2 pads are easily removable for storage without any tools. Colors available are black, navy, royal, red, green.
- Add an optional 85 lb. sand bag for additional weight. The sand bag allows you to place weight where you want it for each particular drill. The sand bag stays in place. This is advantageous and better than using a heavy bag on the sled.
- The sled is powder coated black. Weight: 364 lbs.





MODEL #: BUK-H1
MODEL#: H1-PC

BUCKEE SLED
H1 PROTECTIVE COVER

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GOLD)
(BLACK)

- The Buckee sled is a tool designed to enhance the effectiveness of playing long and square in offensive line play. It derives its name from a common defensive line technique often called the Buck Board.
- The key feature of the Buckee sled are the rotating H1 pads. The Buckee is designed with pads that emulate the shoulders of defensive linemen. When the H1 pad is struck on the outside shoulder it twists or rotates, mirroring the shoulder disruption of the defensive linemen. The H1 pads have real shoulder pads and a jersey to provide an authentic feel for the blocker. After the pads are hit they reset to the forward facing position ready for the next rep. The incorporated shock at the base of the pads creates realistic resistance, forcing the blocker to lock out his arms on contact.
- In the Buck Board technique, the defensive lineman aims to explode out of his hips, driving his arms into the offensive lineman's chest to create knockback. To counter this technique in the zone game, use the Buckee technique to achieve pinpoint accuracy by attacking the play-side shoulder tip of the defensive lineman as he crosses the line of scrimmage. This creates significant shoulder disruption if the offensive lineman has his feet planted and arms locked out on impact.
- The shoulder disruption gained with the Buckee technique allows the trail blocker to overtake the defensive lineman and enables the Buckee blocker to launch toward his targeted linebacker while remaining square and powerful.
- Both the blocker and coach receive instant feedback on whether the technique was executed correctly. If the pad does not turn and recoil back to its home base, the technique is incorrect. Because the sled automatically resets, it allows coaches to maximize daily reps without needing to adjust the sled each time.
- The Buckee Sled can be used as a traditional 2-man sled by locking the pads in place (when locked they won't rotate). The sled can also be used to train a base block with a torque finish, a technique that occurs in nearly every running play. The sled enables rapid-fire training of this finish for multiple players.
- For coaches who teach aggressive pass sets and emphasize playing long with powerful strikes, this sled is a valuable tool. You can practice up kicks and up posts.
- Players can use the sled as a post-practice tool to refine all the techniques mentioned. It is truly the most effective tool on the market for coaches who teach playing long and square.
- Pad colors: black, navy, royal, red, gold.





MODEL #: JAX-V

VARSITY JAX TACKLER

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN, GOLD)

MODEL #: JAX-JR

JUNIOR JAX TACKLER

(PAD COLORS: BLACK)

MODEL #: JAX-V-KIT

VARSITY JAX TACKLER KIT

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN, GOLD)

MODEL #: JAX-JR-KIT

JUNIOR JAX TACKLER KIT

(PAD COLORS: BLACK)

- A tackling sled with four “dummies” that instantly self-uprights for the next rep.
- Allows hundreds of speed reps with light impact to players. Hands free sled upright.
- Use for multiple drills. Square, angle, profile, and chase tackling.
- Thick foam padding for shoulder contact with durable vinyl coverings.
- Heavy 40 oz. nylon is used on end caps (black part of pads).
- Pad covers have metal D buckles (no plastic buckles that will crack over time).
- Quick Strap Systems makes assembly or disassembly easy.
- Metal base is made from thick steel and won’t bend from player’s weight. Metal base can also be disassembled for transport and storage.
- No tools required to remove the pads.
- Choose between Varsity and Junior size:
 - Varsity Jax is 50" tall and weighs 72 lbs.
 - Junior Jax is 40" tall and weighs 59 lbs.
- Varsity colors are black, royal, navy, red, green, and gold. Junior color is black.



JAX SPEED AND TACKLING TRAINING PACKAGE

The Kit Includes the following items:

- Rae Crowther Jax (Junior or Varsity)
- Rae Crowther Dragon Slayer Strength and Conditioning Sled
- Rae Crowther 30' Agility Ladder with Carry Bag
- Rae Crowther Mini Hand Shield
- Rae Crowther Bullet Arm
- Rae Crowther Dip Belt (wear around waist)
- Rae Crowther Head Harness (for neck training)
- Rae Crowther Bar Pad (attach to Olympic bar)
- Rae Crowther Step Hurdle Set (includes plastic hurdles of 20", 18", 12", 9", 6")
- Rae Crowther 6" Tall Rubber Cones x 10
- Rae Crowther Adjustable Plastic Jump Rope
- Rae Crowther Equipment Travel Bag





MODEL #: SPUT-S1
 MODEL #: SPUT-S2
 MODEL #: SPUT-JR

VARSITY S-POP-UP SLED WITH S1 PAD
 VARSITY S-POP-UP SLED WITH S2 PAD
 JUNIOR S-POP-UP SLED WITH JUNIOR S-PAD

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK, ROYAL, RED)

S-POP-UP TACKLER



- The S-Pop-Up Tackler is the best tackling sled on the market because it combines the realistic S-Pad with a pop-up frame.
- Tackle the S-Pop-Up sled to the ground and the sled will upright itself in seconds without any help from the player or coach, ready for the next rep.
- The S-Pad is shaped like a player to give the tackler a realistic look and angle. The pad is not a simple cone shape; instead it gives a realistic "look." The S-pad has a head and shoulders leaning forward at the waist, and knees forward. The tackler must lower their center of gravity and try to get under the S-Pad.
- The S-Pad allows the tackler to work on eliminating space to the ball carrier, ear to ear, making the tackle stick, eliminating the momentum of the ball carrier.
- The S-Pop-Up Sled design allows the tackler to run their feet. The sled is heavy, but not cumbersome or too wide.
- The S-Pad is thick and surrounds the metal pad plate with foam. This helps protect the tackler. The S-Pad doesn't slide on so it doesn't slide off when hit.
- The S-Pad has a protective two-part cover that is removable for storage. The two-part cover protects the foam inside.
- Choose between the S1 and S2 pads (S2 has arms and chest plate).
- The S2 pad adds a considerable amount of difficulty to hitting the sled because of the arms it lowers the players contact point by approx. two inches.
- Pad colors: black, navy, royal, red, green.
- Powder coated black.
- Weighs 215 lbs.





MODEL #: 1SV-S1
 MODEL #: 1SV-S2
 MODEL #: 1SJR-S1

CLASSIC VARSITY S-ADVANTAGE TACKLER WITH S1 PAD
 CLASSIC VARSITY S-ADVANTAGE TACKLER WITH S2 PAD
 CLASSIC JUNIOR S-ADVANTAGE WITH JUNIOR S-PAD

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK, ROYAL, RED)

CLASSIC S-ADVANTAGE TACKLER



- The Classic S-Advantage Tackler utilizes the S-Pad and a single pontoon design.
- The S-Pad promotes the proper hitting position and takedown technique. The S-Pad mirrors the angles of a ball carrier. The S-Pad provides a far more realistic target than a standard straight pad leaning forward. The S-Pad will make players lower their hips and hit up and through the ball carrier and maintain a tight fit to the pad.
- The single pontoon design helps eliminate or reduce players landing on the base of sled. It also reduces the tendency of player to “flip” or “neck tackle” the sled.
- The sled does not “pop-up” by itself, but does upright easily.
- Use the Classic S-Advantage Tackling Sled to enhances full speed tackling without the risk of injuring a ball carrier.
- The S-Pad has a head, torso, waist and knees, representing the angles of a player.
- S-Pad allows tackler to work on eliminating space to the ball carrier, ear to ear.
- The sled design allows tackler to run their feet.
- The Classic S-Advantage Tackler is also a great one man drive sled because it is hard to control in a straight line. The sled will want to “snake” and force the player to get their feet in the ground and maintain body control. If a player hits the sled “too high” it will dig the back pontoon into the ground and bring the sled to a stop.
- Choose between the S1 and S2 pads (S2 has arms and chest plate). The S2 pad adds a considerable amount of difficulty to hitting the sled. Because of the arms it lowers the players contact point by approx. 2".
- Pad colors: black, navy, royal, red, green.
- Powder coated black.
- Two model choices:
 - Classic Varsity S-Advantage Tackle Sled. Weight: 212 lbs.
 - Classic Junior S-Advantage Tackle Sled. Weight: 91 lbs.





MODEL #: MTV-S1
MODEL #: MTV-S2

MOTION TACKLER WITH S1 PAD
MOTION TACKLER WITH S2 PAD

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

MOTION TACKLER SLED



- A tackling sled that MOVES!
- A coach can angle or push the Motion Tackler at a player.
- As the tackler approaches, the coach can change the direction or angle of the sled.
- The coach can angle the S-Pad down, simulating the ball carrier going lower before contact.
- At contact the coach can continue to hold onto the sled (providing resistance) or simply let go.
- The sled is light to move.
- The player tackles the sled all the way to the ground.
- When a player hits the sled and lifts the S-Pad it engages a simple brake mechanism.
- The brake stops the sled from rolling back at the coach and allows the player to take the sled to the ground.
- The S-Pad allows the tackler to work on eliminating space to the ball carrier, ear to ear.
- Choose between the S1 and S2 pads (S2 has arms and chest plate).
- The S-Pad has a head, torso, waist and knees. It represents the angle and “look” of a ball carrier.
- The S2 pad adds a considerable amount of difficulty to hitting the sled because the arms lower the players’ contact point by approx. two inches.
- Pad colors: black, navy, royal, red, green.
- Weight: 212 lbs.
- Powder coated black.
- U.S. Patent # 6,988,965 B2 & Patent # 6,942,585 B1





MODEL #: SK1-H1 1-MAN STRIKE KING SLED WITH H1 PADS
MODEL #: SK2-H1 2-MAN STRIKE KING SLED WITH H1 PADS
MODEL #: SK3-H1 3-MAN STRIKE KING SLED WITH H1 PADS
MODEL #: SK4 -H1 4-MAN STRIKE KING SLED WITH H1 PADS
MODEL #: SK5-H1 5-MAN STRIKE KING SLED WITH H1 PADS

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN, GOLD)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN, GOLD)

STRIKE KING SLEDS



- Strike King Sleds utilize the new H1 Pads.
- H1 pads include a pair of shoulder pads and a jersey mounted on a foam torso. The feel and fit is realistic and is designed to train all aspects of hand placement. The H1 pad allows every rep in practice to feel like the strikes the players will execute on game day. The pad is as close to striking a human opponent as possible.
- Run through frame for more drills. The more a player's practice strikes resemble game strikes the more consistent and dominant the player will become. Strike King Sleds utilize our Hip Power Spring Tech (HPST) system. When the pad(s) is leveraged the HPST engages and provides resistance. The amount of resistance is adjustable to your level of play.
- The angle (body lean) of the pads can be adjusted from 0, 12, or 20 degrees. This adjustment allows the drill to match the distance to contact. No tools, just pull a pin. Lean the pad 20 degrees forward for goal line drills or "wrecking ball" technique. Stand the pad vertical at 0-degree angle for pass pro and linebacker drills.
- Wide 56" pad spacing. Modular design allows the sled size to expand or contract easily.
- Use on turf or grass. A weight horn is mounted on each pontoon in order to make the sleds weight adjustable to your level of play, surface, or technique. In today's practice environment, a sled must be designed to work on grass or turf. The only way to make that possible is to allow the sleds weight to be adjustable. This also allows you to adjust how high you want the sled leveraged, or the amount of resistance to leverage. 2-Man Strike King Sled weighs 375 lbs. 5-Man Strike King Sled weighs 937 lbs.
- 1-Man Strike King Sled. Many 1-man sleds are on rails and offer little footwork agility and body balance, not so with the Strike King 1-Man Sled. With the added benefit of the H1 pad, the single pontoon system requires the player to use his feet, hips, and hands all in coordination. Plus, the sled is "tunable" by adding plates to the base of the sled.



OPTIONAL WHEEL KIT: Do you need to move your sled off your turf field for certain events or game days? Our Optional Wheel Kit makes rolling your sled across a track surface easy. The wheels and jacks mount to the sled chassis and stay on the sled. No tools are required. Simply crank the handle of each jack to raise the sled off the ground. The jacks don't interfere with the performance of the sled.

MODEL #: OPTIONAL-W



MODEL #: 5ADVH-S1 VARSITY 5-MAN S-ADVANTAGE SLED WITH S1 PADS
MODEL #: 5ADVH-S2 VARSITY 5-MAN S-ADVANTAGE SLED WITH S2 PADS
MODEL #: 5ADVH-S3 VARSITY 5-MAN S-ADVANTAGE SLED WITH S3 PADS
 2-, 3-, 4-, 6-, & 7-MAN MODELS ALSO AVAILABLE

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

S-ADVANTAGE SLEDS



- Control the trenches and impose your team's will. Play with leverage. The S-Advantage Sleds are built and designed for virtually every position. S-Pads accurately represent the contact position. You can practice and improve all of your blocking techniques. The sled works for hands, punch, forearm, shoulder, rip, and swim. Work traps, pulls, down blocks, or virtually any combination on the S-Advantage Sled. No other sled has this many options. A S-Advantage sled is like four sleds in one.
- Players can run through the frame of the sled. This is possible because there's only one connector link between each pad, and the link is just above the ground. The sled also provides wide 56" center-to-center pad spacing. Because the S-Pads extend close to the ground, you can work crab blocks and goal line situations (no need for a separate "low boy" sled). Each pad is removable for storage. To remove, you unzip the pad and unlock the Velcro straps.
- We believe in heavy steel construction. To maintain a power base, your players need a heavy sled that resists. Each person is in essence driving 240 lbs. Work pass pro drills or defensive techniques on the S-Pads. The curved S-Pads will force players to bend their knees and ankles, and lower their hips.
- The Hit-Tech Leverage Mechanism allows each player to leverage their pad from a starting position to an upright position, where the chest of the pad is nearly perpendicular to the ground. The pad leverages (rises) on a realistic angle. The Hit-Tech helps teach violent hands or shoulder skills. As you leverage the pad, it becomes more difficult to raise, and you encounter more resistance than just the weight of the pad. The force required to leverage the pad is 189 lbs. per inch (plus the 90 lb. weight of the pad plate). This encourages players to bring their hips through their blocks. The pad doesn't superficially unlock at a certain point and become lighter.
- Three pad options: S1, S2, and S3:
 - The S1 pad (standard pad) S-Pad has a head, torso, waist and knees, representing the angles of a player.
 - The S2 pad has built into the surface of the pad a breast plate with enough "give" to allow players to gain a "handle." The S2 pad also includes arms (stubby short arms) that mirror the difficulty of hand placement.
 - The S3 pads have narrow hand pockets to increase player accuracy and power. Ideal for most applications. You would not want this pad if you want to teach tackling or angle blocking on the sled.



S1



S2



S3



OPTIONAL WHEEL KIT: Do you need to move your sled off your turf field for certain events or game days? Our Optional Wheel Kit makes rolling your sled across a track surface easy. The wheels and jacks mount to the sled chassis and stay on the sled. No tools are required. Simply crank the handle of each jack to raise the sled off the ground. The jacks don't interfere with the performance of the sled.

MODEL #: OPTIONAL-W



MODEL #: RG1-E2
MODEL #: RG2-E2
MODEL #: RG3-E2
MODEL #: RG4-E2
MODEL #: RG5-E2

1-MAN RAGE SLED WITH E2 PADS
2-MAN RAGE SLED WITH E2 PADS
3-MAN RAGE SLED WITH E2 PADS
4-MAN RAGE SLED WITH E2 PADS
5-MAN RAGE SLED WITH E2 PADS

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

RAGE SLEDS



- Rage sleds provide players with great target points and resistance. The Rage Sled helps develop pinpoint precision if players are struggling with hand placement or winning with their strikes.
- Rage sleds utilize our Hip Power Spring Tech (HPST) system. When the pad(s) is leveraged, the HPST engages and provides resistance. The amount of resistance is adjustable to your level of play.
- Rage sleds come with E2 pads. These pads provide a tight hand “fit” that makes players accurate, powerful, and accountable. The coach can “see” if players are accurate in their strike. Rage sleds help players win the first touch and dominate their opponents on game day. The concave shape of the pads is also ideal for shoulder and flipper techniques.
- The angle (body lean) of the pads can be adjusted from 0, 12, or 20 degrees. This allows the drill to match the distance to contact. No tools, just pull a pin. Lean the pad 20 degrees forward for goal line drills or “wrecking ball” technique. Stand the pad up at 0 degrees for pass pro and linebacker drills.
- A weight horn is mounted on each pontoon in order to make the sleds weight adjustable to your level of play, surface, or technique. In today’s practice environment, a sled must be designed to work on grass or turf, and the only way to make that possible is to allow the sleds weight to be adjustable. This also allows you to adjust how high you want the sled leveraged or the amount of resistance to leverage.
- Wide 56" pad spacing. Run through frame for more drills. Use sled on turf or grass. Modular design allows the sled size to expand or contract. 2-Man Sled weighs 430 lbs. 5-Man Sled weighs 1075 lbs. Pad colors: black, navy, royal, red, green.
- 1-Man Rage Sled. Many 1-Man sleds are on rails and offer little footwork agility and body balance, not so with the 1-Man Rage Sled. The sled has the added benefit of the E2 pad and the single pontoon system requiring the player to use his feet, hips, and hands all in coordination. Plus, the sled is “tunable” by adding plates to the base of the sled.



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MODEL #: OPTIONAL-W



MODEL #: ZL2-E2

2-MAN Z LEVERAGE SLED WITH E2 PADS

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

MODEL #: ZL2-Z2

2-MAN Z LEVERAGE SLED WITH Z2 PADS

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

MODEL #: ZL5-E2

5-MAN Z LEVERAGE SLED WITH E2 PADS

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

MODEL #: ZL5-Z2

5-MAN Z LEVERAGE SLED WITH Z2 PADS

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

1-, 3-, 4-, 6-, AND 7-MAN SLEDS ALSO AVAILABLE

Z LEVERAGE SLEDS



- "Real leverage" because it's not artificially light. Each chassis requires 132 lbs. of strength to leverage.
- "Real leverage" because each chassis travels side to side and up and down for 3D movement. The sled is not on rails.
- "Real leverage" pads flex in all directions, right-left-up-down. Again, not on rails.
- This is a heavy leverage sled and not designed as a simple drive sled.
- Sled is modular; you expand or contract the size of the sled easily.
- Wide pad spacing. Center to center of each pad is 53".
- Pontoons are smooth ground. Use on turf or grass. Powder coated black.
- Two pad choices: Z2 pad or E2 pad. Each has a concave shape with realistic arm pits plus a tight fit into the armpits.
 - Z2 pad has built in chest plate for handles.
 - E2 pad has hand slots for handles. (Recommended pad for High School teams.)
- Pad colors are black, navy, royal, red, green.
- Horizontal Push vs Force Deflection, or Why you don't want a sled that you push straight back and then leverage upwards? Historically, many coaches have taught their players to run off the ball, attack their opponents on a horizontal plane and then roll their hips to finish the block. This technique has major problems; foremost is the biomechanics of the body. The hips are unable to uncoil or "roll" when the legs are taking long, staggered, driving steps. Adding to the problem is that today's stronger and quicker defensive players are able to shed and slant to avoid this blocking style. This is why modern blocking techniques are utilizing a concept called "Force Deflection," which allows players to use their hips more efficiently and create an ascending line of force. An ascending line of force travels up and through the opponent. A key to this technique is to close space to contact with a square base. A square base allows the hips to be the driving force for contact. The block is finished by the player continuing to fire their feet and closing space to their opponent's hips.





MODEL #: MC5-Z2 5-MAN CLASSIC SLED WITH Z2 PADS
MODEL #: MC5-E2 5-MAN CLASSIC SLED WITH E2 PADS
MODEL #: MC7-Z2 7-MAN CLASSIC SLED WITH Z2 PADS
MODEL #: MC7-E2 7-MAN CLASSIC SLED WITH E2 PADS
3-, 4-, AND 6-MAN SLEDS ALSO AVAILABLE

(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)
(PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

CLASSIC SLEDS



- The Classic 5- and 7-Man Sleds are the choice for “old school” hard-hitting shoulder blocking teams.
- How to succeed in the red zone? Answer, the Classic 5-Man Sleds.
- The Classic Sleds have proven effective for over 94 years.
- Each chassis has wide 56" pad spacing.
- Each sled is modular. You can easily make a 5-man sled into a 2- and 3-man sled. Or a 7-man sled can be made into a 5- and 2-man sled, or 4- and 3-man sled. You can easily expand or contract the size of the sled.
- Each chassis has adjustable pad height.
- The sled chassis has a run through frame for more drills. The connector link is low and close to the ground.
- Use on grass or turf.
- Powder coated black.
- Two pad choices. Z2 pad or E2 pad. Each has a concave shape with realistic arm pits plus a tight fit into the armpits.
 - Z2 pad has built in chest plate for handles.
 - E2 pad has hand slots for handles. (Recommend pad for High School use.)
- Pad colors are black, navy, royal, red, green.



OPTIONAL WHEEL KIT: Do you need to move your sled off your turf field for certain events or game days? Our Optional Wheel Kit makes rolling your sled across a track surface easy. The wheels and jacks mount to the sled chassis and stay on the sled. No tools are required. Simply crank the handle of each jack to raise the sled off the ground. The jacks don't interfere with the performance of the sled.

MODEL #: OPTIONAL-W



MODEL #: TBS
 MODEL #: TBS1
 MODEL #: TBS2
 MODEL #: TBS3
 MODEL #: TBS-AP

TACKLER BREAKER SLED WITH 6 POWER ARMS
 OPTIONAL POWER BAG
 OPTIONAL S-PADS
 OPTIONAL WHEEL KIT
 OPTIONAL PRE ASSEMBLY

(PAD COLORS: BLACK, ROYAL, RED, GREEN)
 (PAD COLORS: BLACK)
 (PAD COLORS: BLACK, NAVY, ROYAL, RED, GREEN)

TACKLE-BREAKER SLED



- The Tackle Breaker Sled has six power arms to simulate the arms of defenders.
- The power arms grab the ball carrier and force the player to concentrate on ball security, body lean, pad level, sustaining leg drive, and yards after contact.
- And toughness!
- By utilizing the Tackle Breaker Sled in practice you improve player technique while reducing the risk of injuring the tackler(s) and the ball-carrier. ,
- Each power arm is forceful. The power arms don't just simulate stripping the ball, but making a tackle.
- Each power arm requires 200 lbs. of force to open. It is actually difficult to "walk" through the sled. The distance the ball carrier starts from the front of the sled determines the difficulty in running through the sled.
- The power arms are adjustable in height.
- The power arms are made from dense foam. The arms are not plastic and they do not require air, which is a maintenance nuisance.
- Multiple Options are available:
 - Option 1: Power Bag (Swinging Dummy) 75 lbs. with metal beam support: Each bag has multiple arms sewn into the bag. The arms grab at the ball and hit the runner. Use for stiff arm, forearm, collision, and evasion drills. The Power Bag is a great option.
 - Option 2: S-Pads. Add two S-Pads to the front of the sled, creates contact and redirection.
 - Option 3: Wheel Kit. The Wheel Kit helps move the sled. Two wheels per kit.
 - Option 4: Preassembly of chassis. Highly recommended. Makes assembly easy.
- Pad colors: black, royal, red, green.
- Powder coated black.
- Weight: 550 lbs. / 1250 lbs. with all options.

OPTION 1



OPTION 2



OPTION 3





A. DEFENSIVE REACTION MACHINE



- Develops fast, accurate, and violent hands!
- Helmet moves in direction coach slides the handle; firing the pad in that direction.
- The player must reset the pad with a hard accurate strike, locking it back in position.
- 39" to 58" adjustable pad height.
- Accomplish lots of reps in a short amount of time.
- Work reaction, angles of departure, pad level, hand accuracy, and combine with second level skills.
- Pad colors: black, royal, red, green.
- Powder coated black.
- Weight: 388 lbs.
- We highly recommend you choose the optional complete assembly of the DFR Machine—in this case, the machine will ship fully assembled (DFR-AF).
- Model #: DFRR



B. FIGHT'N TRAINER

- The Fight'n Trainer is a pass rush sled with bendable arms.
- The bendable arms are ideal for teaching hand placement, contact control, and escape.
- The arms mirror the length and diameter of a player's arms and they are covered in heavy padding.
- The arms are made from spring wire so they bend with resistance and return to position, ready for the next rep.
- The base of the sled is heavy but can be moved with force.
- The sled can be used for "Bull Rushes."
- Also can be used with OL's working on hand fighting.
- As well as receiver drills.
- Fight'n Trainer pad comes in black.
- The Fight'n Trainer Pad can be purchased separately.
- Powder coated black.
- Weight: 212 lbs.
- Model #: FTPU





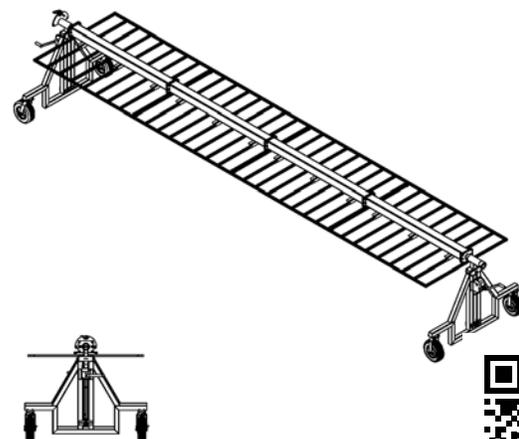
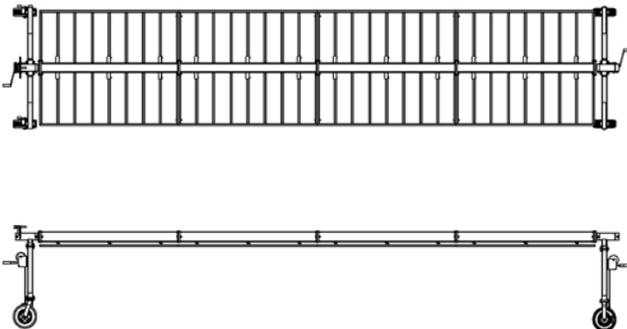
MODEL #: CH18
MODEL #: CH24
MODEL #: CH30

18' CRANK CHUTE WITH CASTER WHEELS
24' CRANK CHUTE WITH CASTER WHEELS
30' CRANK CHUTE WITH CASTER WHEELS

CRANK CHUTES



- Crank Chutes have two hand cranks on either end for easy raising or lowering of the chute.
- Raise or lower the chute height to fit your particular drills, particular player group.
- The hand cranks make lowering or raising the chute fast and simple.
- Use the Crank Chute for lineman pulling and trapping.
- Players can move unrestricted laterally but are restricted in height.
- Modular construction, you can add length after purchase.
- Metal screen top is durable.
- Won't collect water or snow.
- Metal screen is 5' deep.
- The Crank Chute is designed to keep players low while maintain a good football position.
- Train players in as many varied drills as possible in the shortest possible time.
- Drill short and long traps, kick out blocks, counter schemes, picks, scoops, and double teams.
- Of course you can also use the Crank Chute like you would traditional Chute Stalls, with players learning to fire out from a great stance with footwork and body control.
- Simple and fast angle adjustments from 0 (flat), 7, 15, or 90 (vertical).
- Height is crank adjustable from approx. 55" to 73".
- Includes two locking caster wheels, and two non-caster wheels.
- Fit chute through a gate or move chute to cut the grass.
- Powder coated black.
- Don't strain anymore, just CRANK.
- Three sizes available: 18', 24', or 30'





MODEL #: 27GBC
MODEL #: 27XGBC
MODEL #: 36GBC

27' X 6' GROUND BATTLE CHUTE WITH WHEELS
27' X 12' GROUND BATTLE CHUTE WITH WHEELS
36' X 6' GROUND BATTLE CHUTE WITH WHEELS

GROUND BATTLE CHUTES



- Practice more of your drills in less time with the Ground Battle Chutes.
- If your goal is to train as many athletes as possible, in as many varied drills as possible, and in the shortest possible time—then you have found the perfect chutes!
- Practice drive blocks, angle blocks, double teams, pull blocks, hook blocks, long and short trap blocks, and cross blocks. And that's just a few examples....
- The Ground Battle Chutes are large.
- Three models to choose from. The 36' x 6', 27' x 12', and 27' x 6' are large enough to run just about any drill combinations per position.
- The 27' x 12' is wide enough to allow two opposing rows of players to work drills simultaneously in different directions.
- Every Crowther chute comes with eight standard wheels. And, each wheel is foam filled (not pneumatic); thus, it will never go flat.
- For teams that have to maneuver their chute through narrow openings we also offer optional caster wheels.
- Ground Battle Chutes are designed to keep players low and maintain a good football position while moving.
- The angled legs of the chutes allow more room. Each leg doesn't go straight down, they are angled. This, in effect, increases your workable space under the chutes.
- Players can exit the chutes from every angle, including through the legs.
- Adjust the height or angle of the chutes.
- The height is adjustable from approx. 63"- 60"- 57"- 54"- 51"- 48"- 45".
- You can adjust the angle of the frame to various degrees.
- Each Ground Battle Chute has a combination of metal square tubing and mesh netting for its frame.
- The benefits of the netting are weight savings, improved safety when a player rises up, and fewer scratched helmets. This saves the player and the helmet.
- Three models to choose from.
- The frame is powder coated black.
- The netting comes in black.







WINNERS TRAIN!

A. 12' X 12' JAM TENT

- Jam Tent adjust from approx. height of 36" to 56".
- Mobile, can be moved easily. Four caster locking wheels standard feature.
- Each wheel is non pneumatic and thus won't go flat.
- Each leg post is strong welded with round gussets for safety.
- Mesh netting saves weight and allows more contact under the net.
- Mesh netting is strong with nylon straps and metal buckles.
- Keeps players in a good football position while moving.
- Model #: 12JAM



B. 18' X 6' JAM TENT

NEW

- Jam Tent adjust from approx. height of 36" to 56".
- Mobile, can be moved easily. Four caster locking wheels standard feature.
- Each wheel is non pneumatic and thus won't go flat.
- Each leg post is strong welded with round gussets for safety.
- Mesh netting saves weight and allows more contact under the net.
- Mesh netting is strong with nylon straps and metal buckles.
- Keeps players in a good football position while moving.
- Model #: 18JAM



C. 18' X 12' JAM TENT

NEW

- Jam Tent adjust from approx. height of 36" to 56".
- Mobile, can be moved easily. Four caster locking wheels standard feature.
- Each wheel is non pneumatic and thus won't go flat.
- Each leg post is strong welded with round gussets for safety.
- Mesh netting saves weight and allows more contact under the net.
- Mesh netting is strong with nylon straps and metal buckles.
- Keeps players in a good football position while moving.
- Mode#: 18XJAM





A



B



B



C



C



WINNERS TRAIN!

A. CHUTE STALLS

- Metal Chute stalls designed to keep players low out of their stance. Metal is round tubing.
- Use Chute Stalls to reinforce hip, knee and ankle bend.
- Top metal tube has a bend to help players achieve natural contact.
- Stall height starts at approx. 45" and climbs to 52".
- Each Stall is approx. 54" wide and 60" long.
- 1-, 2-, 3-, 4-, 5-, 6-, and 7-Man Chute Stall sizes available.
- Powder coated black.
- Model #: STA



B. FOLDABLE CHUTE BOARD

- An economical and foldable chute board with built in carry handles.
- Stiff high impact foam covered with heavy vinyl and rubber.
- 8' length x 12" wide x 2 1/2" tall x 18 lbs.
- Edges are beveled to prevent ankle injuries.
- Won't warp, crack, or splinter like molded rubber boards.
- Color is black.
- Model #: CGL-F



C. MINI CHUTE BOARD "ZONE BOARD"

NEW

- "Zone Boards" are made from hard foam and vinyl. Easy to store, easy to take to practice.
- Allows players to run off the ball naturally, not too wide. 48" length x 7" width x 2" tall.
- Visualize and judge angles of departure. Board keeps players feet from crossing over.
- Also useful for QB drill work or any positional work that requires precise angles.
- One board per unit (not a pair). Boards are not attached to each other.
- Color is black.
- Model: CGL-M







WINNERS TRAIN!

A. SLING BALL

- The Sling Ball is a unique practice tool because it creates a fast-moving target.
- Fast-moving, like on game day, but the benefits are low impact.
- Since the Sling Ball is not heavy, it does not create heavy collisions. The Sling Ball weighs just 10 lbs.
- The coach pulls back on the stretch tube and “slings” the ball in the direction of the player. How far the coach stretches the sling tube determines the speed of the ball. The Ball is large to simulate a “juke” or “jive” move, thus keeping the tackler’s arms open, and ready to adjust to the ball carriers move.
- The coach can bounce the sling ball and/or create varied looks and heights. This is an affordable tackling tool that promotes “rip” or “elevator tackling”.
- The stretch tube is attached to a small 50 lb. base. There is no metal in the base. The base can be moved to any location.
- The color is black.
- Model: SLB



B. RUNNING BACK ARCH

- Adjustable height is approx. 51" to 61".
- The Running Back Arch is portable. Stable design.
- Make players into smaller targets.
- Enhance change of direction and explosiveness.
- Approx. 37" wide. Weight: 53 lbs. Powder coated black.
- Model #: RBA



C. MONSTER RUNNING ROPE & NETTING

- An old school but good school foot fire and agility tool. This is the running rope to have.
- When the “big boys” trip on the netting it won’t tear. Rope is made in high visibility yellow.
- Adjustable height: 7" to 17" in 4" increments. Length is 18'. Foot hole size: 25.5".
- Metal tubular construction is heavier than other ropes.
- Powder coated black.
- Replacement netting sold separately (Model #: MRR2).
- Model #: MRR1







WINNERS TRAIN!

A. DRAGON SLAYER STRENGTH SLED

- Use correct football hand placement when conditioning. Two-sided sled has multiple grip handles, multiple angles. Multi joint movement that allows the coach to adjust the difficulty of the drill.
- Leverage the sled or drive it flat. Two weight horns will hold an additional 300+ lbs. Player one can drive the sled in one direction, and player two can drive it back. Drive one- or two-handed (hold a football or med ball while pushing). Optional waist harness and waist belt available.
- 65" length x 23" width x 28" height x 65 lbs. Color is white. Model #: DRS2



B. METAL AGILITY LADDER

- Similar to a traditional foot ladder but made from metal so it won't kick around. Place two sections next to each other for traditional foot ladder. Light enough to transport but heavy enough to stay in place. Set up in a straight line or make 90-degree intersections.
- Comes in four sections that slide together. Each foot hole is 19" x 19". Each section is 4.75' long. 19' length x 1/2" tall x 24 lbs. Powder coated yellow.
- Model #: GPR1



C. SPRINT SLED WITH WAIST HARNESS & LEADS

- Metal Sprint Sled includes sled, 11' leads, and adjustable belt.
- Provides lower body resistance that develops speed and strength. Work forward lunges, backward walks, bear crawls, squat rows, and chest presses.
- Model #: TA154



D. RAE HAMMER

- A 180 lb. strength and conditioning steel cube. Provides football hand placement. The interior bars are set for tight hand placement. Flip like a tractor tire (that doesn't store water or wasps). Push or leverage like a sled. Use for hip explosion and leg drive.
- Leave outside year round. Rectangular shape is approx. 48" length x 36" width x 52" tall.
- Model #: TRH



E. RESISTANCE TETHER

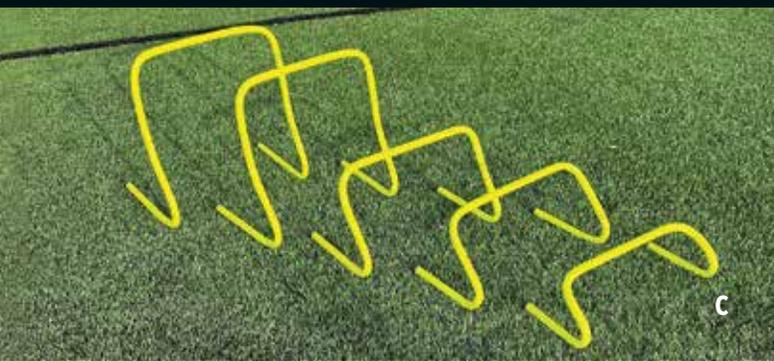
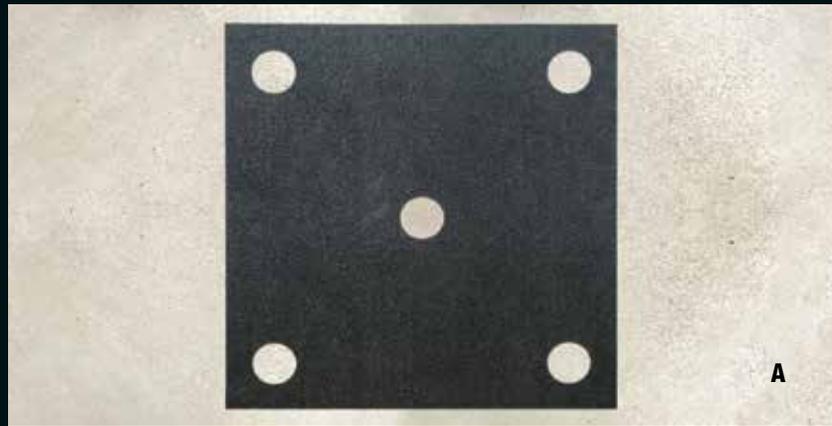
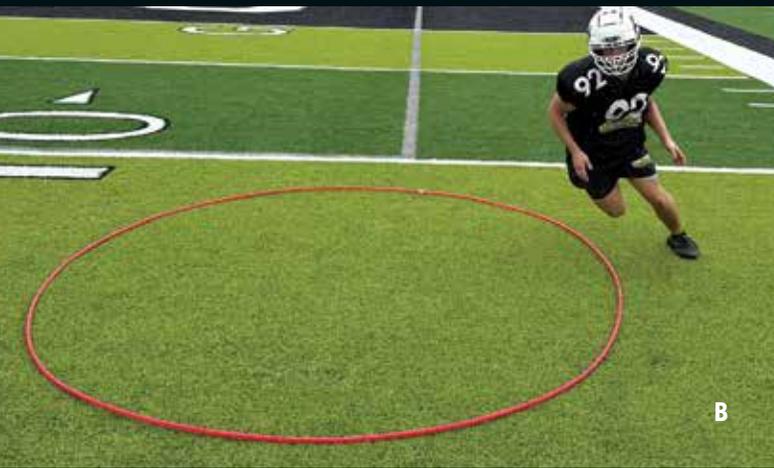
- Develop maximum strength and power for running and change of direction.
- The Resistance Tether keeps resistance around the hips and torso of the athlete. The harness attaches to a 10' long nylon web cord with a handle. The Resistance Tether includes a nylon web cord and a 3" wide hook and adjustable belt.
- Model #: TA150



F. PLASTIC AGILITY LADDER

- 30' length heavy-duty plastic rungs for high intensity training. Rung distance is adjustable. Develop the core skills necessary to enhance balance, improve acceleration, movement, and body control.
- Easily portable. Use anywhere. Includes carry bag for easy portability.
- Model #: GPR2







WINNERS TRAIN!

A. AGILITY STENCILS

- Precisely cut from high density plastic. Stencils can be re-used hundreds of times.
- Use these stencils for creating patterns on your floor. Four patterns available: Ladder, Dot, Star, and Cross. Lay the stencil on the floor and paint inside the template with any kind of paint or spray paint. Use a high solids paint for durability or a quality spray paint.
- Use for setting up permanent patterns indoors or for setting up quick patterns outside. Ladder measures 59" length x 24" width x 1/8" thick. Dot, Star, Cross measure 28" x 28" x 1/8" thick.
- Model #: SST-LAD (ladder), SST-DOT (dot), SST-STAR (star), SST-CROSS (cross)



B. ARC RUNNER

- Use for nonlinear drills. Body control and space in rushing the passer. Use two Arcs in a figure eight for agility and body balance. Flexible plastic material. 12' diameter.
- Model #: ARC



C. STEP HURDLES

- Choose between five heights; 6", 9", 12", 18", and 20". Use with forward and lateral drills. Improves knee lift and step quickness. Position hurdles for agility drills, running drills, and plyometric jumps.
- Constructed of durable PVC tubing. 18" width.
- Model #: HUR6, HUR9, HUR12, HUR18, HUR20



D. TUG

- Can be used in tug of war, weighted sled, flipped, curled, rowed, and pressed. Old school tough. Invented by former NFL player Steve Zabel.
- Best used to evaluate the competitive nature of your team. Adjust the weight of the Tug by adding water. 36" x 30" x 9" x 20 lbs. (empty) or 185 lbs. (full). Color is black.
- Model #: TUG



E. RUBBER 6" CONE

- Material is rubber (not hard plastic). 6" tall. Color is orange. Model #: C6



F. RUBBER 12" CONE

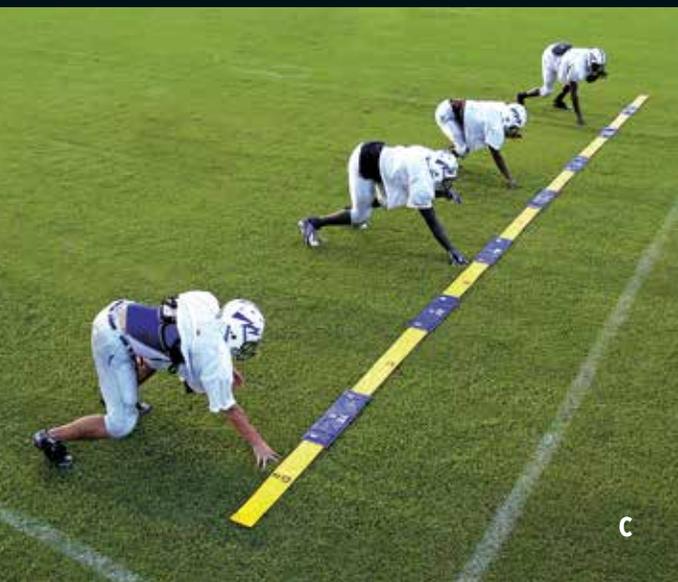
- Material is rubber (not hard plastic). 12" tall. Color is orange. Model #: C12



G. DISK 7" CONE

- Material is plastic. 7" diameter. Color is orange. Model #: D7





A. SPACER CANS

NEW



WINNERS TRAIN!

- Set up a fronts or formations without live players, or use as agility markers.
- Stands upright. Weighted base, won't blow over. Handle on top.
- Run faster drills with more focus on play execution.
- Cover can(s) with jersey to designate player/position.
- Plastic with nylon cover, won't fill with water or get water logged. Doesn't fill with trash.
- We recommend purchasing five to eleven cans. Color is black.
- Model #: SPAC



B. STANDARD LINE UP TRAINER

- The Standard Line Up Trainer is 35' long.
- One side of the trainer is marked for offensive positions, and the opposite side is marked for defensive positions.
- Each position is marked on a slider and can be moved to suit your individual splits.
- Each end is sand weighted.
- Color is red and white.
- Model #: LUTR



C. "ALL-IN-ONE" LINE UP TRAINER

- The All-In-One Lineup Trainer helps teach a universal system of defensive alignment. Simplifies the placement of defensive front personnel.
- The "Even" numbers are head up when lining up on the Center, Guard, and Tackle.
- The "Even" numbers with the letter "i" represent shading on the inside shoulder.
- The "Odd" numbers determine shading to the outside shoulder.
- Great teaching tool for sub-varsity teams. A time saver for aligning scout teams. Allows for multiple defensive fronts. Teaches gap control. Improves linebacker alignments.
- Printed on the opposite side of the sliders is traditional defensive positions (NT, DE, DT...). Coaches can call out defensive fronts by number.
- Each position is marked on a slider and can be moved to suit your individual splits.
- Each end is sand weighted. Weight: 20 lbs.
- Model #: LUTA





A. CATCH RADIUS VEST

NEW



WINNERS TRAIN!

- Catch the football in front of the body at the shortest distance possible, thereby attacking the ball and beating the opponent to the ball.
- The Catch Radius Vest obstructs the vision of the receiver just like a defender's arm coming through to contest the catch. Improves focus and concentration through distraction and contested catching.
- Use for high-pointing the football. Work on releases versus defensive backs. Use with Receivers, Tight Ends, Running Backs, and Defensive Backs. Wear the Catch Radius Vest during any drill, even pass skel, to build focus, concentration, and ball-attack instincts while coaches work other skills. The greater the level of focus, the more success the Receiver, Tight End, Running Back, and Defensive Back will have catching the football. Use with Defensive Backs to focus on catching interceptions, attacking the ball, and winning the contested interception.
- The Catch Radius Vest is made from dense foam (no metal) and fastens securely to the athlete's torso/ chest area. Adjustable strapping for different size players. The Catch Radius Varsity Vest comes with two small removable Velcro T pads (Junior comes with one), that can be added to the end of the foam arm. Similar to the drill where receivers stand behind a goal post pad, except the Catch Radius Vest has the benefit of actually being worn while running routes.
- Two models to choose from—Varsity and Junior. The Junior is a 30% scaled down version of the Varsity. Junior is designed for ages 8-12.
- Model #: CRV-V (Varsity), CRV-J (Junior)



B. FUMBLER STRAP

- Designed to enhance ball awareness and security.
- Pouch is made from webbing and holds the football. Nylon webbing attaches to a handle on one end.
- The player secures the ball and the coach applies the required pressure or player runs.
- Color is black.
- Model #: PST



C. SNAPPER STICK

- The Snapper Stick is a foam football attached to a wooden stick. Used to simulate the snapping of the ball.
- Improve takeoff and explosion of DLs.
- The Snapper Stick allows the coach to view the entire drill while standing. Used by coaches to practice keying on the ball during punt drills and PAT/FG block drills.
- Model #: SNA



D. BUMP STICK

- The Bump Stick is a wood handle with foam covered in black vinyl.
- Simulate pocket pressure.
- Gives the coach extra reach and target specificity.
- Also used for ball-security.
- Model #: QBB







WINNERS TRAIN!

A. PRO QB NET

- The Pro QB Net allows a coach to easily move the net around the practice field while also providing a large surface to throw at. Focus on teaching technique versus chasing footballs.
- The Pro QB Net has five sewn in pockets. The net dimensions are 9' length x 5'8" height x 7' tall. (The height of the net is adjustable.) The net is weather resistant.
- Standard are four caster wheels. All wheels have a locking brake to stay in place during windy days. Powder coated black. Model #: QB1



B. ECONOMY QB NET

- A truly portable short pass accuracy net. Sets up quickly, no tools required. Rigid steel and fiberglass pole construction. UV net protection for durability. Includes carry bag. Weight: 29 lbs. Model #: BOW-Q



C. QB FADE NET

- Reliable, portable, strong, and affordable QB fade net. Sets up in sixty seconds, no tools required. Weight: 24 lbs. Model #: BOW-F



D. KICKING NET

- Reliable, portable, and strong. Base prevents tipping during wind. Sets up in sixty seconds, no tools. Carrying bag for easy portability and storage. Weight: 23 lbs. Model #: BOW-Q



E. PRACTICE SEGMENT TIMER

- Left two digits are 7¹/₂" tall. Right two digits are 12¹/₂" tall. Left digits display number of segments. Right digits display length of time for each segment. Program up to 99 segments between 1 second and 99 minutes, 59 seconds. Operated by radio frequency remote control up to sixty-five feet away. Can handle light rain, but not water proof. Freestanding on ground or table or can be hung from a fence. Dimensions are 25" x 16" x 2" x 17 lbs. Model #: SG10



F. JUGS FOOTBALL THROWING MACHINES

- Choose between two different machines. Requires 110-volt electricity. The M1700 Machine is bigger machine and throws 5 to 80 yard passes, kick offs, and punts. Will throw spiral or end-over-end tosses. Weighs approx. 130 lbs. The FG1000 is the smaller brother, throws approx. fifty yards. If you want to work primarily on catching passes, then this is your machine. Weighs approx 90 lbs. Model #: M1700 (bigger machine), FG1000 (smaller machine)



G. FOOTBALL THROWING MACHINE CART

- You will use your throwing machine more if you have this cart. Two inch ball receiver on tow handle included. Attach to a cart or hand pull.
- Optional High Speed Wheels for Throwing Machines (if you are going to tow your machine with a "Gator" then chose the Optional High Speed Wheels).
- Metal basket and decking holds footballs and a generator. 60" L x 30" W x 193 lbs. Powder coated black. Model #: JG-R (regular model), JG-H (with high speed wheels)





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A. PRO STRIKER VEST

NEW



- The Pro Striker Vest is a hands-free strike pad that allows players to develop a variety of strike points and handles.
- Unlike generic hands-free pads, the Pro Striker Vest is easy to put on and feels as secure to the chest as wearing shoulder pads.
- This secure fit allows the wearer to provide realistic movement and surface area to the player which helps optimize every rep in practice or training session.
- Players can strike, grab and secure different handles similar to the breast plate on shoulder pads.
- Whether on the line of scrimmage or out in space, the Pro Striker Vest will better prepare your player's hands for the demands of game day!
- Color is black.
- Model: PSV



B. BLAST SHIELD

- Promotes ideal hand placement. Shape, sharpen, and polish all contact skills. Instills optimal postures needed to dominate on game day.
- Allows a player to feel handles similar to shoulder pads. "Gold" triangles help focus hand strike accuracy and rotation.
- Designed by Tip of the Spear Pros. Designed to work vertically and horizontally. Hold shield horizontal for pass pro and wrecking ball drills.
- Multiple handles on sides and a strap on back. Positioned handles allow the coach to control the shield during contact.
- Dual layer foam technology give better feel during contact.
- Easy to store and travel. 24" L x 16" W (center width 8") x 4" thick x 5 lbs. Color is black.
- Model #: BLA



C. LEV CUFFS

- The Lev Cuffs help teach players to properly use their upper extremities to apply and resist force on their opponents without their arms collapsing (which results in head to head collisions).
- Invented by Scott Peters, former NFL player, coaching professional, and martial artist. Scott is the founder of the training principals known as 'Tip of the Spear'.
- Each unit is sold as a pair. One player needs one pair.
- Lev Cuffs come in two sizes. Large is for varsity through pro players. Small is for JV and middle school.
- Model #: LEC-L, LEC-S





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A. RACK ATTACK PAD

- A portable football pad designed to easily attach to a squat rack that provides unique targets for multiple techniques.
- First, the narrow handles promote ideal hand placement (player is always working correct hand placement), allows a player to feel handles similar to shoulder pads.
- Around the edge of the pad is a 2" lip, allowing the player to grab a handle and work control of their opponent.
- Near the bottom of the pad is a foam Ledge that sticks out from the front pad. The Ledge Velcro's in place (and detaches when not in use but is sewn connected to the pad so it does not get lost).
- The Ledge is ideal for working the "Wrecking Ball" technique. Players strike up and through the pad, climbing the player out of their posture and eliminating head contact. Can also be used for Flipper contact.
- The Rack Pad fits on virtually any squat rack. Any rack with 3" wide uprights (fits 3"x 3", 3"x 4", 3"x 5", holes or drop in latches). Easy on and off.
- No metal in the pad. No tools required. The Rack Pad can fit on each upright of a rack.
- Size is 24" L x 16" W (Center Width: 8") x 20 lbs.
- Color is black.
- Model #: RAT



B. TUNCH PUNCH PADS

- The Tunch Punch Pad (TPL) is essentially a speed agility foot ladder mounted on a wall.
- The Tunch Punch Pad was designed by two NFL veterans, Tom Myslinski and Tunch Ilkin.
- Tom Myslinski explains, "Through working with and training under Tunch Ilkin, developer of 'Tunches Punches,' I have developed the Tunch Punch Pad. Together, we are finding it extremely useful and beneficial in training our athletes. We, as football coaches, understand the importance of the feet in our sport. More importantly, we also understand the specific role the hands play in striking, blocking, and attacking. The more we use this teaching tool, the greater our results have been in strengthening and reconditioning our athletes on the correct motor programs."
- The Tunch Punch Pad allows your players to gain thousands of repetitions they would not have been able to accomplish on the field. Your practice time is short; your individual time is shorter.
- The art of striking with the hands is difficult to learn. Why not place a Tunch Punch Pad in the weight room or hallway and punch year round?
- OLs can learn the hand combat necessary to take on fast DLs. DLs can learn the hand skills required to defeat strong OLs and make plays. It's a tool to learn their craft.
- A player can practice alone or in a group, with or without a coach.
- 9' Tunch Punch Pad size is 9' H x 42" L x 8" D with four grommets.
- 18' Tunch Punch Pad size is 18' H x 42" L x 8" D with seven grommets.
- Optional Assembly Kit to Mount a 9' or 18' Tunch Punch Pad to a wall.
- Model #: 9TPL (9' Tunch Punch Pad) (Pad colors: black, red, royal)
- Model #: 18TPL (18' Tunch Punch Pad) (Pad colors: black, navy, royal, red, orange, green, gold)





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WINNERS TRAIN!

A. FOLDABLE LANDING MAT

- Keep players off the ground and avoid unnecessary injuries. This is a foldable landing mat. Being foldable helps store the mat. Four handles for carrying. Open size is 10' length x 6' width x 12" height x 145 lbs. Folded size is 5' length x 6' width x 24" height. Three color choices: yellow, red, royal. Model #: LAN



B. HALF ROUND STEPOVER

- 8" Half Round shape. Use Half Rounds for multiple agility drills. Work ankle, knee, and hip flexion. 8" tall x 42" long x 16" width x 7 lbs. Colors are black, royal, red. Two handles on back. Model #: HR8



C. TRAPEZOID STEPOVER

- 8" Trapezoidal shape. Use Trapezoids for various agility drills. One handle on end. Flat surface on top of bag creates different foot pattern than half rounds. Can also hold bag upright for various tackling drills. 8" tall x 48" length x 16" width x 9 lbs. Colors are black, royal, red. Model #: TR8



D. MINI STEPOVER

- 5" Mini Stepmover is popular for QB and DB drills. Use for various agility drills where a shorter step or more defined area is required. Foam filled with vinyl cover. Color is black. 5" tall x 30" length x 10" width. Model #: HR5



E. TACKLING RINGS

- Place the rings in motion and hit a moving target. Improve tackling accuracy, speed, agility, and head position. Rings simulate the hip and thigh area.
- Model #: TKD-V Varsity Tackling Ring (43" D x 13" W x 20 lbs.) Color is black.
- Model #: TKD-H Hooligan Tackling Ring (48" D x 10" W x 16 lbs.) Color is black.
- Model #: TKD-J Junior Tackling Ring (32" D x 12" W x 12 lbs.) Color is black.



F. MAIL BOX DUMMY

NEW

- Also known as a "7" Dummy. Foam porch extends in front for lowering hip, knee, and ankle bend. Made for heavy leverage and hip explosion. 45 lb. weight gives dummy a nice feel and strong base. Two handles on back. One handle on top. Both reinforced. Extra material in base for durability. 46" height x 15" width x 25" deep at top. Color is black. Model #: MBD



G. S2 DUMMY

NEW

- A hand held S2 dummy with handles. S2 dummy has arms and a chest plate. Use for tackling drills. Use for OL and DL hand placement drills. Hold the pad high or rest on the ground. Colors are black, red, royal. Model #: S2D



H. HEAVY ROUND DUMMY

- 70 lbs. x 48" tall x 16" dia., two handles on back, two on bottom. Color is black. Model #: HRD





POP-UP DUMMIES



- Four models of Pop-Ups to choose from.
- 6' tall, 5' tall, and 4' tall.
- The 'All Pro' models are shaped with a torso and stubby arms.
- The Regular Pop-Up is conical (round) with no arms (Model POP5R).
- Pop-Ups free players and coaches from holding bags.
- No sand, no leaks, nothing to inflate.
- All models have a metal spyder base that will not wear out from dragging.
- Spyder base is covered in hard foam near the top, to protect players legs.
- Pop-Up speed is adjustable by adding plates inside the base.
- A. Model #: POP6A (6' All Pro Pop-Up) Pad colors: black, red, royal
B. Model #: POP5A (5' All Pro Pop-Up) Pad colors: black, red, royal
C. Model #: POP5R (5' Regular Pop-Up) Pad colors: black, red, royal
D. Model #: POP4A (4' All Pro Pop-Up) Pad colors: black



POP-UP ATTACHMENTS

- Four models of Pop-Up attachments to choose from.
- All arm attachments secure to the dummy via a belt and D ring.
- QB Arms are bent in a throwing motion (Model POP-Q).
- Lineman arms are straight out (Model POP-L).
- V arms are bent in a V shape to mirror punch angle of OL or DL (Model POP-V).
- Football Holster holds a football and straps to the dummy (Model POP-H).
- Adjustable straps fit Rae Crowther Pop-Ups.
- May fit other pop-ups of similar size.
- Arms allow defensive hand drills.
- The Hand Truck is the fastest and best way to safely move pop-ups around the field (POP-T).
- Pad color is black.
- E. Model #: POP-H (Football Holster)
F. Model #: POP-L (Lineman Arms)
G. Model #: POP-V (V Arms)
H. Model #: POP-Q (QB Arms)
I. Model #: POP-T (Hand Truck)







WINNERS TRAIN!

A. BULLET ARM

- Cylinder shaped pad. Slide hand inside of pad and grip handle. Chop, rip, and swim, and the coach stays protected.
- 23" length x 8" diameter. Color is black. Sold individually.
- Model #: BUL



B. PUSHBACK SHIELD

- Curved hitting area. Two handles on back.
- 24" length x 17" width x 4" thick x 4 lbs.
- Colors are black, royal, red.
- Model #: PSH



C. CURVED BIG SHIELD

- Large curved hitting area provides more protection for heavier contact drills. Two handles on back and two on the sides. 36" length x 22" width x 5" thick x 6 lbs. Colors are black, royal, red.
- Model #: CBS



D. MINI SHIELD

- Small hitting area for targeting punch. Increases focus.
- Two handles on sides. 10" length x 8" wide x 4" thick. Color is black.
- Model #: MIN



E. HERCULES PUNCH BAGS

- 15 lb. and 25 lb. multi-purpose bags with heavy duty construction. Allows a range of motion while stressing the weakest link, the grip. We don't sew handles on the bags because that would ruin the "grip" training.
- Say goodbye to sand. We fill our bags with a material that doesn't leak. Won't rip after repeated use because they are triple sewn. Color is black.
- Model #: HPC15 (15 lb. bag), HPC25 (25 lb. bag)



F. CHEST PAD

- Frees player from holding a pad. Adjustable strap.
- 22" length x 13" width x 3" thick. Color is black.
- Model #: CHP



G. VIKING STUNT SHIELD

- Large flat surface. Two handles on sides and two handles on back. No head or helmet on shield as it is not a point of contact and allows shield holder to "see" and "move" better. Large protection for shield holder.
- Work leverage strikes and separation. D line and linebackers. Color is black.
- Model #: VIK





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WINNERS TRAIN!

A. S1 PAD COVER

- Vinyl exterior cover for S-Pad. Does not include interior S foam or interior cover (model ADV108).
- Colors are black, navy, royal, red, orange, green.
- Fits Rae Crowther sleds only.
- Model #: ADV100



B. S2 PAD COVER

- Vinyl exterior cover for S-Pad. S2 cover has built in chest plate and stubby arms.
- Does not include interior S foam or interior cover (model ADV108).
- Colors are black, navy, royal, red, green.
- Fits Rae Crowther sleds only.
- Model #: ADV200



C. S3 PAD

- Replacement pad for S Sleds. Includes entire pad (does not require ADV108). Slides on and off S Sled easily with no tools.
- S3 Narrow "hand pockets" increases player accuracy and power.
- Use on all 2- to 7-Man S Sleds (Not for use on S Tackling Sleds).
- Colors are black, navy, royal, red, green.
- Model #: ADV300



D. S-PAD INTERIOR FOAM AND INTERIOR COVERS

- Front and back S foam with interior covers. Fits Rae Crowther S Sleds only.
- Does not include S1 or S2 cover, sold separately.
- Color is black.
- Model #: ADV108



E. H1 PADS

- The H1 pad is the next evolution in optimizing practice strikes on a sled. The H1 pad allows every rep in practice to feel like the strikes the players will execute on game day.
- The H1 pad is as close to striking a human opponent as possible. The H1 pad has a real pair of shoulder pads and a jersey mounted on a foam torso. The feel and fit are realistic and are designed to train all aspects of hand placement.
- With a real jersey on the pad, you can palm strike and then squeeze and grab cloth. The greater a player's practice strikes resemble game strikes, the more consistent and dominant the player will become.
- The H1 pad will fit many styles of existing sleds. Please ask us when needing replacement pads for your current sled.
- Jersey colors: black, navy, royal, red, gold, green.
- Model #: H1





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WINNERS TRAIN!

A. E1 ENDURO PAD

- Narrow pad for shoulder and hand drills. Replacement pad for Classic Rae Crowther sleds. Screened with jersey numbers and a facemask. Easily removable for storage without any need of tools.
- Colors are black, navy, royal, red, green. Model #: E1



B. E2 ENDURO PAD

- Narrow "hand pockets" increases player accuracy and power. Concave shape.
- Fits Classic Rae Crowther 2- to 7-Man Sleds, Z Sleds, Shockwave. Easily removable for storage without any need of tools.
- Colors are black, navy, royal, red, green. Model #: E2



C. Z2 PAD

- Z2 Pad has a built-in chest plate to promote inside hand control. Has armpits built into the pad. Complete pad with foam and cover. Screened with jersey numbers and a facemask.
- Easily removable for storage without any need of tools. Fits Rae Crowther Z and Classic Sleds.
- Colors are black, navy, royal, red, green. Model #: Z2



D. CLASSIC T PAD

- This is a two-part pad. Roll pad on top with rectangular pad on bottom. Replacement pad for Classic Rae Crowther T sleds. Easily removable for storage without any need of tools.
- Color is black. Model #: C125



E. REPLACEMENT PAD 6" WIDE PAD PLATE

- Fits sleds with 6" wide flat springs (flat spring is in shape of a curved L). Slides on and off.
- 48" height x 14" width x 7" thick. Colors are black, royal, red. Model #: RP100



F. REPLACEMENT PAD WORLD TYPE SLEDS

- Replacement Bod Pad for World type sleds. (Sleds with round hoop pad plate). Two handles on back. 10" opening for plate x 24" wide at shoulders x 42" tall (includes 6" high head) x 7" thick.
- If you are not sure what pad fits your sled then email us a photo of your sled. This pad is not for a tackling sled, in that case you need the RP106 pad. Color is black. Model #: RP105



G. REPLACEMENT PAD WORLD TYPE TACKLING SLED

- Replacement pad for World type tackling sled. 24" wide x 56" tall x 7" thick. Pad pocket is 10¹/₂" wide. Color is black. Model #: RP106

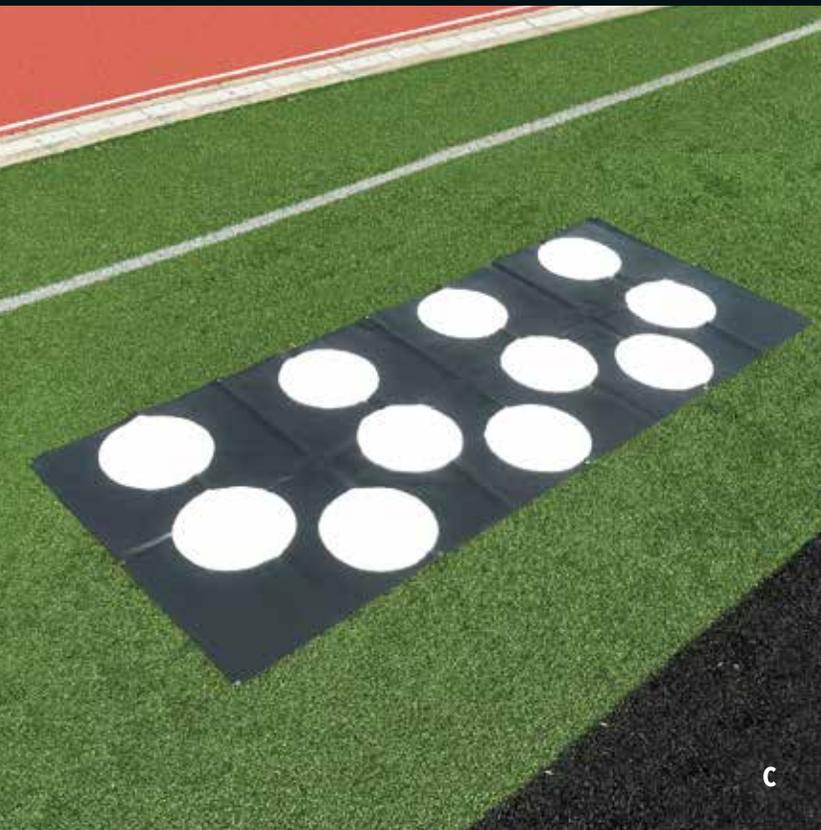




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WINNERS TRAIN!

A. PORTABLE GOAL POST

- Light weight with galvanized and powder coated metals.
- Two wheels per each, wheels are foam filled "No Flat."
- Made from 2" diameter Sch 40 pipe.
- Includes two large stakes for mounting in grass. If used on turf in high winds you will need sand bags to weigh the frame down.
- Weight 375 lbs. Sold individually.
- Choose between the High School or College model. 21' tall. High school model is 23'4" wide; College is 18'6" wide.
- Model #: PORH (High School), PORC (College)



B. GOAL POST PADS

- Customizable goal post pads. You will not find better looking and quality custom Goal Post Pads.
- Foam is encased from the goal post and elements (other types of goal post pads just protect the exterior of the foam).
- Size: 6' tall x 18" O.D. x 7" I.D.
- Price includes two color lettering.
- Custom logo is additional price.
- Sold in pairs.
- Model #: GPP18



C. STANDARD SPECIAL TEAMS MAT

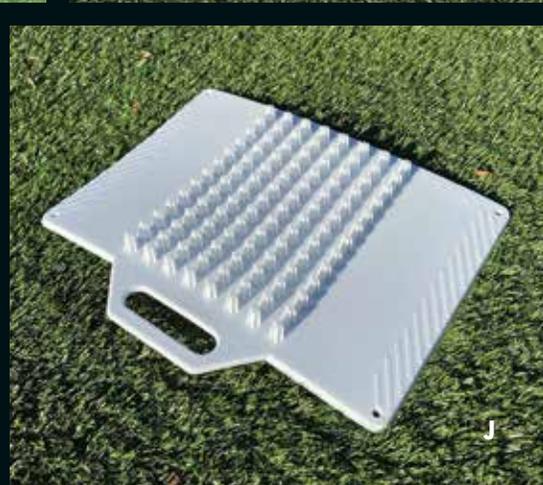
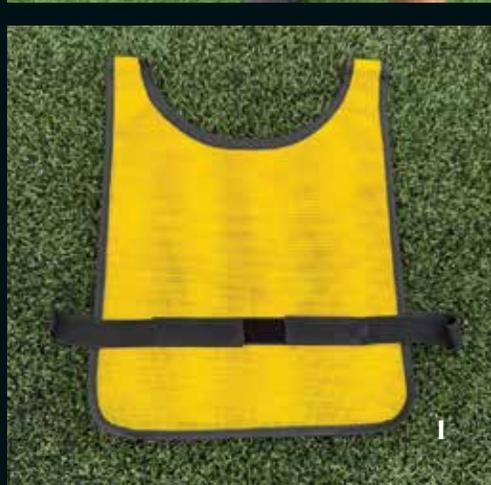
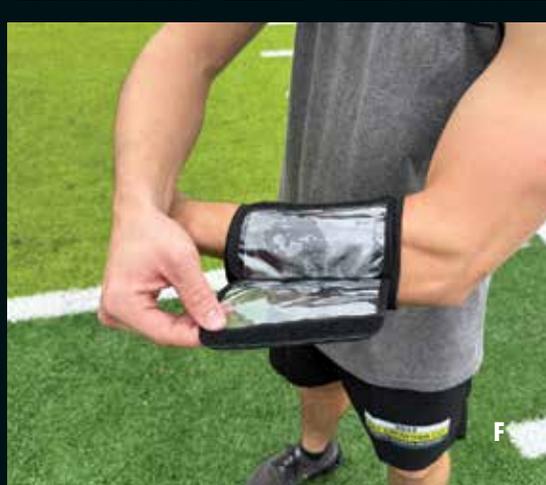
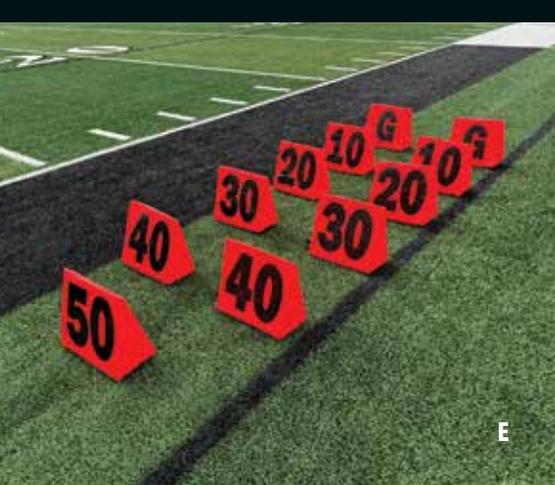
- Avoid costly timeouts and assure the right players are on the field.
- Eleven dots. Size 12' x 5'.
- Made from vinyl. Color is black.
- Grommets sewn into the mat for staking.
- Model #: STM-S



D. CUSTOM SPECIAL TEAMS MAT

- Customizable mat.
- Avoid costly timeouts and assure the right players are on the field.
- Size 12' x 5'. Made from vinyl. Grommets sewn into the mat for staking.
- Color for mat: Your choice.
- Color for dots: Your choice.
- Number of dots (ten or eleven): Your choice.
- Text: Your choice.
- Text color: Your choice.
- Please note: Custom mat orders take an average of three weeks. Custom orders cannot be canceled once order is placed.
- Model #: STM-C







A. FLIP DOWN INDICATOR

- Padded flip down indicator. Easy flip color numbers on grommet rings. Padded top on three sides. Two piece black padded pole. Model #: PDBO

B. CHAIN SET

- Chain Set 7' tall in orange. Padded poles. Velcro Bullseye and vinyl orange cover. Model #: SCSO

C. CHAINMAN'S VESTS

- One set of three vests, one diamond pattern, two striped patterned vests with adjustable velcro enclosure. Orange color. Model #: CHV

D. FOLDABLE SIDELINE MARKERS

- Eleven piece set. Two sided numbers. Covered collapsible foam panels. 14" tall x 14" wide. 2 x G, 10, 20, 30, 40 and 1 x 50. Color is orange. Model #: SIDE-F

E. SOLID SIDELINE MARKERS

- Eleven piece set. Solid foam. Two sided numbers. 2 x G, 10, 20, 30, 40 and 1 x 50. 12" tall x 12" width x 7" tall. Handle on each marker for carrying. Color is orange. Model #: SIDE-S

F. PLAYHOLDER

- Wrist band made from stretch cloth with three clear plastic holders. Window size 4 ¾" x 2 ¾". Velcro closure on front. Color is black. Model #: APH3

G. SCRIMMAGE CAP

- One size fits most helmets. Polyester Spandex material. Colors are gold, royal, orange. Model #: SCAP

H. PYLONS

- Set of four End Zone Pylons. 18 oz. vinyl coated nylon with weighted base. Size 18" tall x 4" wide x 3 lbs. per. Color is orange. Model #: PYL

I. SCRIMMAGE VEST

- Adjustable vest. Durable mesh. One size fits most. Colors are yellow, royal, orange. Model #: VEST

J. CLEAT CLEANER

- Durable plastic material to withstand intense cleanings. Removes mud, sand, and grass by swiping across the sole of the cleat. Built-in handle. Model #: CLC







WINNERS TRAIN!

A. HELMET RACK

- Newly redesigned Helmet Rack is made for today's larger helmets. This rack has the shelf height to accommodate helmets with cloth caps. Keep more of your team's helmets organized between practices, games and seasons.
- Usually fits fifty helmets. Stable, rigid base will prevent equipment from tipping over.
- Heavy-duty swivel casters.
- 59¹/₂" length x 66¹/₂" height x 23" wide x 13" tall shelves x 98 lbs. Color is black.
- Model #: HRAK



B. SHOULDER PAD RACK

- This one rack can be used to accommodate shoulder pads for the entire football team, thanks to the four stacks that can hold between sixty and eighty shoulder pads altogether. Pads stack neatly on top of each other, keeping things organized.
- The rack's four heavy-duty casters roll around the locker room or equipment area with ease. Tubular steel construction delivers strong support. Reinforced steel base adds stability to the rack to help prevent it from tipping over.
- Size 60" length x 68" height x 24" width x 52 lb. Color is black.
- Model #: SRAK



C. STANDARD FOOTBALL BAG

- Uniquely constructed of 18 oz. waterproof coated vinyl with interior flap and velcro closures for quick access. Interior dividers separate footballs.
- Holds twelve footballs.
- U-shaped zippered opening with heavy duty 2" webbing.
- Wrap-around straps with carry handles. 32" length x 24" width x 12" height. Color is black.
- Model #: FBAG-S



D. ROLLER FOOTBALL BAG

NEW

- Roller Football Bag makes transporting footballs easy. No need to carry the bag, just roll it.
- Holds eight footballs.
- A handle extends and contracts back into the bag. Water resistant nylon material. Two wheels.
- Soft handles on all four sides. Zipper enclosure on top. Size is 29" length x 17" width x 10" height x 9 lbs.
- Model #: FBAG-R



E. TRAVEL BAG

- Full length zipper. Wrap around handles. Insert clear plastic sleeve for ID card.
- Stock color is black. For custom bags, please email or call.
- Size 30" length x 16" wide x 17" height.
- Model #: FBAG-T







WINNERS TRAIN!

A. INLINE DRINKING STATION

- Galvanized steel frame with removable legs for easy transport and storage. Drinking tube is made of non-corrosive PVC. In-line filter for cleaner fresher water. Includes eight drinking stations with shut-off nozzles.
- Connects to a standard water hose (not included). 43" height x 53" length x 25 lbs.
- Model #: WAT-1



B. TEAM MANAGER 50 GALLON

- The ultimate hydration tool when space and handling are an issue, but you demand a large quantity of clean, fresh water and an abundance of drinking nozzles. Standard with ten nozzles that gives you ample room between outlets for athletes. Fits through a 33" door and has the turning ability of a play wagon.
- All stainless steering assembly. The low to the ground 50 gallon tank allows you to maneuver easier and use the top basket for all your training supplies. Arrives to you assembled and ready to use.
- Model #: WW-TM50



C. POWERED TEAM 20 GALLON DRINKER

- 20 gallon tank that has an extra-wide threaded top to enable easy refilling. No-flat tires allow rapid transportation across a range of surfaces, so the water tank can move up and down the field or court as play advances and back to the equipment room at the end of the game. Powder coated steel cart. Six retractable-coil drinking hoses with quick shut-off nozzles. Includes trickle charger and sanitizing tablets.
- 50" height x 21" wide x 25" deep x 135 lbs. (empty).
- Model #: WAT-2



D. POWERED TANKER WITH CART 50 GALLONS

- Steel tube frame with aluminum bottom deck and top utility shelf (water bottles not included).
- Constructed of non-corrosive PVC. Rides and steers smoothly on four heavy duty wheels with 10" pneumatic tires. Front wheels swivel for easy maneuverability. Equipped with optional use towing attachment. Includes eight coiled drinking hoses and sanitizing tablets.
- 50 gallon FDA, NSF approved tank. Rechargeable 12V / 12 amp. Power Pack provides eight hours of use. 43" length x 20" width x 54" height x 140 lbs. (empty).
- Model #: WAT-3



E. TEAM TRAINER 35 GALLON

- The Team Trainer gives you 35 gallons of fresh water with eight hoses. Two additional hoses can be added. The 4" deep, 20" x 34" upper mesh tray is perfect for water bottles, coolers, or supplies. Tank is secured to an open aluminum frame to allow for air to circulate around tank. The stainless steering assembly gives great turning ability and handle allows for pulling or towing.
- Fits thru a 33" doorway. Cart ships fully assembled, sanitized, ready to use.
- Model #: WW-TT35







WINNERS TRAIN!

A. JUNIOR JAX TACKLER

- Junior Jax Tackler is designed for 8 to 13 year olds. A tackling sled with four “dummies” that instantly self-uprights for the next rep. Allows speed reps with light impact to players. Square, angle, profile, and chase tackling. Thick foam padding for shoulder contact with durable vinyl coverings. Heavy 40 oz. nylon is used on end caps. Metal base is made from thick steel and won't bend from player's weight. Metal base can also be disassembled for transport and storage. Junior Jax is 40" tall and weighs 59 lbs. Color is black. Ships UPS ground to residential address.
- Model #: JAX-JR



B. JUNIOR S-POP-UP TACKLER

NEW

- Designed for junior players from 8 to 13 years old. The Junior S-Pop-Up Tackler is the best tackling sled on the market because it combines the realistic S-Pad with a pop-up frame. Tackle the S-Pop-Up sled to the ground and the sled will upright itself in seconds, ready for the next rep. The S-Pop-Up Sled design allows the tackler to run their feet.
- The S-Pad is shaped like a player to give the tackler a realistic look and angle. S-Pad allows tackler to work on eliminating space to the ball carrier, ear to ear. The S-Pad has a protective two-part cover that is removable for storage. Pad colors: black, royal, red. Powder coated black. Weighs approx. 100 lbs.
- Model #: SPUT-JR



C. JUNIOR CLASSIC S TACKLER

- S-Pad and single pontoon design promotes the proper hitting position and takedown technique. Single pontoon design helps eliminates players landing on base of sled. Sled design allows tackler to run their feet. Enhances full speed tackling without the risk of injuring the ball carrier. S-Pad has a head, torso, waist and knees, representing the angles of a player. S-Pad allows tackler to work on eliminating space to the ball carrier, ear to ear. Pad colors: black, royal, red. Weight: 91 lbs. Powder coated black.
- Model #: 1SJR



D. JUNIOR S 2- TO 7-MAN SLEDS

- Play with Leverage - Low Man Wins - Crowther S-Pads Keep Players Low! Designed for junior players 8 to 13 years old. Correct pad height and weight for juniors. Designed for virtually every technique; tight hands, violent punch, wrecking ball, forearm and shoulder, rip, and swim. Wide pad spacing. Work run block, goal line, pass pro, tackling fit, no other sled allows so many drills. Run through frame for better drills. S-Pads are bent like players with a head, torso, waist and knees.
- Modular—expand or contract the size of the sled easily. The pads are removable for storage. Pad colors black, royal, red. Powder coated black.
- Model #: 2SJR (2-man), 5SJR (5-man), 3-, 4-, 6-, and 7- also available.



E. JUNIOR TACKLING RING

- Improve tackling speed, agility, and head position. Hit and roll. Use multiple rings in practice to keep players moving. 32" deep x 12" wide x 12 lbs. Color is black.
- Model #: TKD-J





A. VARSITY PATRIOT HALF RACK

- Welded frames made from structural 3" x 3" steel 11-gauge tubing. Double racks available. Model #: VPAT2

B. OLYMPIC BARS

- Standard 28-32 mm Olympic lifting bars for dynamic lifts or standard rack exercises. All types of Olympic bars. Model #: BAR

C. CAST IRON PLATES

- Standard Olympic Plates are the meat and potatoes of the iron game. These simple sturdy plates are economical and well build. 2.5, 5, 10, 25, 35, 45 lb. plates. Model #: CIP

D. BUMPER PLATES

- Quality bumpers with great performance at an economical price. These bumpers have a solid rubber construction and a reinforced 2-inch center steel sleeve. 10, 25, 35, 45 lb. bumpers. Model #: BUM

E. DUMBBELLS

- There are all types of Dumbbells but the Rubber Hex is the king of economical and durable dumbbells. 5-50 lbs., 5-75 lbs., 5-100 lbs., 105-125 lbs. Model #: DBS

F. WALL BALLS

- Wall Balls come in multiple sizes and colors. Each Wall Ball is 14" diameter. Made of durable synthetic leather and designed for superior grip. 4-30 lbs. Model #: PWB

G. STRENGTH BANDS

- Strength Bands are a cost-effective exercise tool. Available in five resistance levels. Model #: JBA

H. JUMP SMART PLYOS

- High-density foam 32" diameter plyometric discs. Five sizes: 6", 12", 18", 24", 30". Model #: JSP

I. FLOOR GLUTE HAM

- Saves space and money over large glute ham machines. Economical pad for glute ham and core work. Model #: GLH-F

J. LIFTING STRAPS

- Durable cotton lifting straps. 1 1/2" W X 21" L. One size fits most. Model #: WE316

K. DIP BELT

- Nylon Dip Belt. High quality dense memory foam core increases comfort. Extra wide 6" padded back support for added comfort. Fully adjustable. One size fits most. Model #: DBT

L. LIFTING BELTS

- 4" weightlifting foam padded leather belt. Genuine cow leather. Split leather foam padded lining. Four sizes: S, M, L, XL. Model #: WE320S (small), WE320M (medium), WE320L (large), WE320XL (extra-large)

FOR MORE INFORMATION SCAN THE QR CODE



